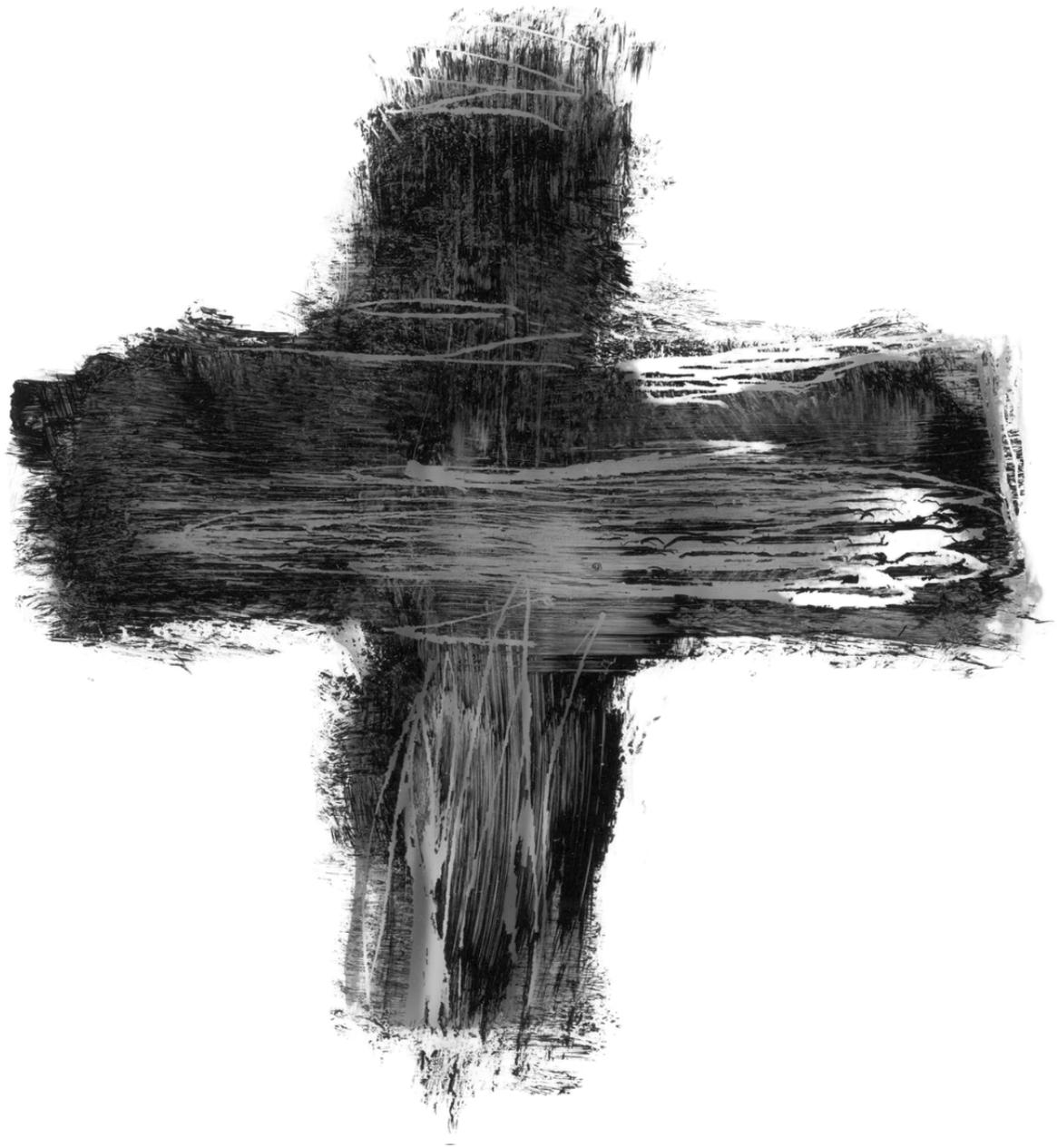


SAINT BARNABAS CHURCH
GREENWICH, CONNECTICUT



THE HOLY EUCHARIST • 10AM

THE THIRD SUNDAY IN LENT

MARCH 8, 2026

W E L C O M E T O S A I N T B A R N A B A S

We are an Episcopal church seeking friendship with God and one another in Jesus Christ. We are delighted you're here.

We worship using the Book of Common Prayer. The prayer book contains modern versions of services that go back to the early church and were given new life by the Reformation in England. We make our own the prayers of followers of Jesus across time and around the world. The page numbers marked **BCP** are found in the red book, the prayer book. The **Hymns** are found in our church's hymnal, the blue book.

There are two parts to our service this morning. We encounter the God of Jesus Christ first in the reading of Scripture, opened up to us in a new way today through the sermon. Then we encounter God in an especially intimate way by receiving the sacrament.

We pray that wherever you are on your spiritual journey, God will give you new hope and strength for your life through our common prayer.

The Holy Eucharist

Prelude

Elegy

John Ireland

Hymn 665

All my hope on God is founded

Michael

Liturgy of the Word

All standing, the Celebrant says

Celebrant Bless the Lord who forgives all our sins;

People **His mercy endures for ever.**

The Celebrant reads the following sentence

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12: 29-31*

The Celebrant then bids the Confession, saying

Let us confess our sins against God and our neighbor.

Silence may be kept.

The Celebrant and People say together

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Please stand as you are able.

Kyrie eleison

Becky McGlade

Sung by the choir

Kyrie eleison.

Lord, have mercy.

Christe eleison.

Christ, have mercy.

Kyrie eleison.

Lord, have mercy.

Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

First Reading Exodus 17: 1-7

A Reading from the Book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people

thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in

your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the

sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

People **Thanks be to God.**

Psalm 95, vv. 1-7

Kathryn Rose

Sung by the choir

- 1 O come, let us sing unto the Lord :
let us heartily rejoice in the strength of our salvation.
- 2 Let us come before his presence with thanksgiving :
and shew ourselves glad in him with psalms.
- 3 For the Lord is a great God :
and a great King above all gods.
- 4 In his hand are all the corners of the earth :
and the strength of the hills is his also.
- 5 The sea is his, and he made it :
and his hands prepared the dry land.
- 6 O come, let us worship and fall down :
and kneel before the Lord our Maker.
- 7 For he is the Lord our God :
and we are the people of his pasture, and the sheep of his hand. Amen.

Second Reading Romans 5: 1-11

A Reading from the Letter of Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And

not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has

been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified

by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

People **Thanks be to God.**

All stand as you are able.

Hymn

Be thou my vision
Slane

1. Be thou my vi - sion O Lord of my heart,
2. Be thou my wis - dom be thou my true word

be all else but naught to me save that thou art,
be thou ev - er with me and I with thee Lord,

be thou my best thought in the day and the night,
be thou my great Fa - ther and I thy true one,

both wa - king and sleep - ing thy pre - sence my light.
be thou in me dwell - ing and I with thee one.

Holy Gospel John 4: 5-42

The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband.

What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to

eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered

into their labor." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn

Slane

4. Rich - es I heed not nor man's emp - ty praise,
 5. High King of heav - en thou heav - en's bright Sun,
 be thou my in - her - i - tance now and al - ways,
 O grant me its joys af - ter vict' - ry is won,
 be thou and thou on - ly the first in my heart,
 great heart of my own heart what - e - ver be - fall,
 O Sov' - reign of heav - en my trea - sure thou art.
 still be thou my vi - sion, O Ru - ler of all.

Sermon

The Rev. Phoebe Oler

All stand as you are able.

The Nicene Creed

BCP 358

Please remain standing as you are able.

The Prayers of the People

For the one holy catholic and apostolic Church, and for the Church gathered here, let us pray to the Father. Lord, hear us:

Lord, graciously hear us.

For peace in the world, for a spirit of respect and reconciliation to grow among nations and peoples, and for a just end to enmity and violence at home and abroad, let us pray to the Father. Lord, hear us:

Lord, graciously hear us.

For the poor and the persecuted, for refugees, prisoners, and all in danger, for the sick and all who suffer, let us pray to the Father. Lord, hear us:

Lord, graciously hear us.

For those we have injured or wronged, let us pray to the Father. Lord, hear us:

Lord, graciously hear us.

For grace to amend our lives and to further the reign of God in our homes, families, and communities, let us pray to the Father. Lord, hear us:

Lord, graciously hear us.

In communion with all those who now live with the Lord, let us pray to the Father. Lord, hear us:

Lord, graciously hear us.

The Celebrant adds this concluding Collect.

God our Father, in your love and goodness you have taught us to come close to you in penitence with prayer, fasting, and generosity; whenever we fall by our weakness, raise us up by your unfailing mercy; through Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

Announcements

The Holy Communion

Anthem

Sicut cervus

Giovanni de Pierluigi da Palestrina

1521-1594

Sicut cervus desiderat ad fontes aquarum:
ita desiderat anima mea ad te, Deus.

*As a deer longs for springs of water,
so longs my soul for thee, O God.*

All stand as you are able.

The Great Thanksgiving Prayer A

BCP 361

Sanctus & Benedictus

Becky McGlade

Sung by the choir

Sanctus, Sanctus, Sanctus
Dominus Deus Sabaoth.
Pleni sunt cæli et terra gloria tua.
Hosanna in excelsis.

*Holy, holy, holy,
Lord God of Sabaoth.
Heaven and earth are full of Thy glory.
Hosanna in the highest.*

Benedictus qui venit
in nomine Domini.
Hosanna in excelsis.

*Blessed is he who cometh
in the name of the Lord.
Hosanna in the highest.*

All kneel or stand as you are able.

The Lord's Prayer

BCP 364

The Breaking of the Bread

A period of silence is kept.

Celebrant Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast.**

The sacrament is distributed under the forms of both bread and wine at the altar rail. If you need the sacrament to be brought to your pew, please let the usher know.

You may receive the sacrament according to your custom. Most often, we receive the bread in the upturned palms of our hands, and we receive the wine either by sipping from the chalice or by dipping the bread in the wine (known as intinction). Receiving the sacrament in only one kind is, spiritually, a full and complete communion, and you need not receive the wine. Gluten-free wafers are available;

please let the priest know if you need one. To receive a blessing rather than the sacrament, please indicate this to the priest by crossing your arms over your chest.

Music at Communion

Wash me thoroughly
Samuel Sebastian Wesley

1810-1876

Wash me thoroughly from my wickedness,
and forgive me all my sin.
For I acknowledge my faults,
and my sin is ever before me.

Prayer after Communion

BCP 365

The Blessing

All stand as you are able.

Hymn 409

The spacious firmament
Creation

Dismissal

Postlude

Praeludium in e minor, 'Kleine'
Nicolaus Bruhns

Please join us after the service for Coffee Hour in the parish hall.

Please Remember These People in Your Prayers

Betty, Blake, Elizabeth, Emily, Emily S., Debra, Diane, Dominic, Hallie, Heather, Henry, Janet, Joan, John, Judy, Lila, Liz, Mariana, Marie, Nicole, Nina, Paulette, Sable, and Sue Ann

Those in the Armed Forces: Crawford, Henry, Logan, Parker, Peter, Mary Rose, and Morgan.

There's Always Something for Children & Youth at St. Barnabas

Childcare up to age 3 is always available with our nursery team.

Children's Church is our Sunday School program for children **Pre-K to 3rd grade** and is led by Dr. Jewelle and our Family Ministry team. Kids meet before the 10AM service in the children's chapel across from the parish hall and rejoin their parents and the congregation at the Peace before Communion.

YC (a.k.a. Youth Church) is for youth **4th-8th grade** and is led by Rev. Phoebe during the 10AM service. Youth 9th grade and up can volunteer to serve alongside Rev. Phoebe. YC is a religious formation program and youth group.



No YC today or next Sunday because Rev. Phoebe is preaching. Youth will worship in the main service with their families.

Ask the ushers for Val's Activity Sheet or, for older ones, Sadie's Challenges.

Changemakers Check In!

Last Sunday, the children and youth of the parish brought in their Changemaker boxes so we could see how much change we have collected so far. We are thrilled to announce that we have raised \$86.53!! Thank you to everyone who brought in change. There are only 3 months left before the final count, so please keep collecting your change!

As a reminder, Changemakers is our family outreach program hosted by St. Barnabas' Children's Church & YC. Changemakers is an opportunity for children to cultivate a regular spiritual practice of giving and families to discuss the connection between faith and outreach. Each child was given a Changemakers box on September 14 to collect spare change/bills throughout the year. At the end of the school year, we will do a final count and donate all the money we receive to the organization that the children vote to support. If your child needs a new box, or you have any questions, please contact Dr. Jewelle or Rev. Phoebe.

Small Groups

Father Justin's Bible Study, Biweekly. **Our next meeting at Coffee for Good will be Thursday, March 12 at 8AM.** This group, open to all, follows the podcast.

Rev. Phoebe's Book Group, Once Monthly, in Rev. Phoebe's Office. Next group will meet **today at 11:15AM**, immediately following the 10AM service. (Childcare provided in the nursery.) We will end our study of *Seculosity* by David Zahl with Chapters 8, 9, and the conclusion.

The 9AM Sunday Seminar: Handel's Messiah

On Sundays at 9AM, join Father Justin and Susan Jackson for the **Sunday Seminar**. We meet in the conference room, and a Zoom link is available for those who are traveling. *During the season of Lent, we will be taking a deep dive into George Frideric Handel's brilliant and beautiful retelling of Biblical salvation history, Messiah.*



For Better, For Verse: New Episode!

In this episode, Justin Crisp and Jewelle Bickel explore the rich narratives and theological themes of the Book of Numbers, including its realistic account of human

nature, the contradiction between God's love and God's justice, the nature of God, and the surprising ways God reveals Himself beyond the people and practices of His covenant with Israel. Discover insights into biblical leadership, human doubt, and God's providence in unexpected places and people.

Ready or not, they're embarking on their spiritual New Year's resolution: **to read through the *whole Bible* in one year and podcast their way through!**

You can join in their read-through by following the Reading Plan published by The Bible Project. There are two ways you can join in:

1. **Read your own Bible.** Pick up a hardcopy of the Reading Plan, or download the PDF, and follow along day-to-day with your favorite hardcopy or digital Bible. Fr. Justin & Dr. Jewelle recommend the New Revised Standard Version, English Standard Version, or New International Version.
2. **Follow the Guide on Your Phone or Computer.** You can follow along with the Reading Guide and track your progress using the Bible App for iOS or Android, or by visiting www.bible.com on desktop, and subscribing to the Reading Plan.



Subscribe to Justin and Jewelle's Podcast



Download or Subscribe to the BibleProject Reading Plan



ST BARNABAS CHOIR
CHORAL
EVENSONG
MARCH 8 5PM

ST BARNABAS GREENWICH

TOMKINS WHEN DAVID HEARD
MACDONALD RESPONSES
MURRILL CANTICLES IN E
HOWELLS LIKE AS THE HART

MUSIC

PERGOLES STABAT MATER

HANDEL

Organ Concerto in d minor

with Chamber Orchestra

Sunday, March 22 | 3pm
St Barnabas Greenwich

soprano **Christi Bye**
mezzo soprano **Barbara Zay**
conductor **Marnus Greyling**

Tickets **\$35** on
 **eventbrite**





HOLY WEEK

MAUNDY THURSDAY APRIL 2

7:30PM - Choral Eucharist

GOOD FRIDAY APRIL 3

12:00PM - Said service

7:30PM - Choral service

EASTER VIGIL APRIL 4

7:30PM - Choral Eucharist

EASTER SUNDAY APRIL 5

9:00AM - Choral Eucharist with Brass

10:00AM - Easter Egg Hunt

11:00AM - Choral Eucharist with Brass

ST. BARNABAS GREENWICH

Leaders in Worship This Morning

Preacher	The Reverend Phoebe Oler
Celebrant	The Reverend Dr. Justin E. Crisp
Altar Guild	Mary Ellen LeBien
Eucharistic Ministers	Susan Jackson Caroline Hoffman
Director of Music	Marnus Greyling
The St. Barnabas Choir	Christi Bye Barbara Zay Sarah Bleasdale Megan Friar Kevin Ray Matthew Zay Alan Rasmussen John Rose
Crucifer	Baden Bye
Acolytes	Harlan Bye Dylan Christy
Readers	Jinny Sammis Mary Ellen LeBien
Intercessor	Harry Fisher
Ushers	David Harris Bruce Morrison
Coffee Hour Host	Susan Fisher

St. Barnabas livestreams services on our website and shares the story of our special congregation with the world through print and social media. By attending services or events at St. Barnabas, you acknowledge that there will be video and/or still photos taken. You approve the use of your image and those of minors in your charge for editorial use in St. Barnabas' news, communications, and/or website. If you would like to opt out of this acknowledgment, please let the office know via email: office@stbarnabas.org.

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We want to be friends in Christ.

We would love to get to know you, and to support you in your spiritual life. You can use this QR code to share your information with us, sign up for our e-news, or request a call from a priest or member of the staff. If you prefer pen-and-paper, you may fill out a pew card.



R E C T O R

The Reverend Dr. Justin E. Crisp

S T A F F

The Reverend Phoebe Oler
Associate Rector

Marnus Greyling
Director of Music

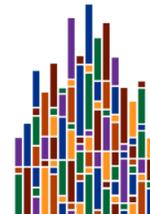
Dr. Jewelle Bickel
Director of Children's Ministry

Lori Sodergreen
Director of Operations

Alessandra Arango
Director of Communications

V E S T R Y

Sarah Bleasdale and Susan Holey, *Wardens*; Bob Jenks, *Treasurer*; Lori Samuel, *Clerk*; Phoebe Erdman, David Evans, Øivind Lorentzen, Cynthia Maasry, Leslie Moroz, Jim O'Brien, Caralyn Stevens, Roddy Tilt, Brett Wheeler



SAINT BARNABAS CHURCH
E P I S C O P A L

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