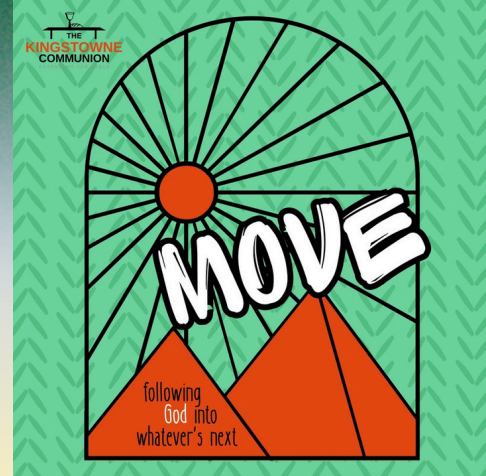


Move: A Reflection & Prayer Guide

Living the Exodus story today



Part 1: Personal Reflection – Living the Exodus Story

Move Toward: A God Who Remembers You (Exodus 1–3)

Israel's story is marked by:

- **Memory:** Names, families, and God's faithfulness (Exodus 1:1-7)
- **Shock:** A new king who didn't know Joseph (Exodus 1:8)
- **Promise:** God hears, remembers, sees, and takes notice (Exodus 2:23-25)

Think of our church context: Leaving classrooms and a trailer, stepping into a building shared with other congregations.

What are your personal "new Pharaoh" moments? Perhaps in your job, a diagnosis, a relationship, or an inner reality change?

Key truths to remember:

- "The future is not secured by your fear; it is held by God's promise."
- "Before God moves you, God moves toward you."
- "God remembers your name, even when others forget your story."

Reflection Questions:

1. What "new Pharaoh" feelings are you experiencing right now?
2. Where have you seen God take notice of you lately?
3. What fears and hopes do you have about the church's move?

Move Forward: From Burning Bush to Kitchen Table (Exodus 4–6)

Consider Moses' dramatic burning bush encounter, followed by a quiet conversation with Jethro (4:18), meeting Aaron, gathering elders (4:27-31), and obeying even when things get worse (Exodus 5).

What does faith look like in practice? Sensing change, having conversations, even building chairs for rooms you can't yet enter.

For our church, it's been a burning bush calling, a kitchen table of a 5-year lease, negotiating space, and assembling chairs.

For you personally, it might be naming habits, truth-telling, starting counseling, or stepping into a calling.

Remember, God's leadership is "Not with a 5-year plan, but with the next step. Not with instant relief, but through 'more bricks, less straw' seasons."

Reflection Questions:

1. What "burning bush" nudges are you sensing in your life?
2. What is your next honest step?
3. When has your obedience made things seem worse before they got better?

Move Out: Leaving, Blessing, and Being Sent (Exodus 12-14)

Reflect on Exodus 12-14: leaving in haste, unleavened dough, kneading bowls on shoulders (12:33-34), departing Rameses for Succoth with no map (3:12), and freezing at the sea (14:14-15).

For the church, this means leaving the "cafegymatorium" holy ground, after ten years in a trailer/classrooms/basements, not moving *up* but moving *with* God, from moving equipment to moving toward people.

Personally, it might be leaving old scarcity identities, releasing the illusion of fixing everything, and letting God's word be "with" you, not just "useful, successful, or impressive."

Reflection Questions:

1. What version of yourself are you being invited to move out of?
2. How can you bless and release this past season?
3. Who is God inviting you to be *with* in this next chapter?

Part 2: A Simple Morning Devotion Guide (10-20 minute pattern)

This guide offers a simple pattern for a morning devotion, designed to take between 10 and 20 minutes. It is designed to help you connect with God and prepare for the day ahead.

1. Arrive: Stillness and Breath (1-2 minutes)

Breath Prayer:

"I am here /

You are here /

This is enough /

You are with me"

Become aware that this is holy ground.

2. Scripture & Theme (3-5 minutes)

- **Day 1-2:** God Moves Toward You (Exodus 2:23-25, 3:7-8)
- **Day 3-4:** Moving Forward One Step at a Time (Exodus 4:27-31, 5:1-9, 5:22-23, 6:1-9)
- **Day 5-6:** Moving Out With God's Presence (Exodus 12:33-37, 13:17-22, 14:10-16)

Read the passage slowly. Notice one word or phrase that stands out.

3. Reflect: Three Quiet Questions (5-7 minutes)

Each day, use the corresponding set of reflection questions:

Move Toward (Use with Day 1-2 Scriptures)

When do you feel forgotten?

How can you trust that God remembers you?

How has God been moving toward you lately?

Move Forward (Use with Day 3-4 Scriptures)

What "kitchen table" conversations do you need to have?

What are your fears and hopes regarding the next steps in your life?

Where is God asking you to be obedient, even when it's difficult?

Move Out (Use with Day 5-6 Scriptures)

What are you being invited to bless and release?

What one thing will you move out of this week?

Who is God inviting you to simply *be with*?

4. Morning Prayer: Move Toward, Forward, Out (5-7 minutes)

Use the corresponding prayer for each set of quiet questions:

Move Toward (Use with Day 1-2 Scriptures)

God who remembers, when the world forgets, you hear our groaning, remember your covenant, and take notice. Root me in your promise, not my fear.

Move Forward (Use with Day 3-4 Scriptures)

God of the burning bush and kitchen table, give me courage for the next honest step. When obedience makes things worse, anchor me in 'I am the LORD. I will be with you.' Light my way for the next step.

Move Out (Use with Day 5-6 Scriptures)

God of trailers and tabernacles, thank you for the ground I'm leaving. Bless what has been. Keep me a pilgrim. Make this building a base, not a bunker; a sending place, not a hiding place. Show me one person to connect with today.

5. Closing: Stillness and Sending (1-2 minutes)

Breath Prayer:

"You will be with me /

This is enough"

Declaration:

God, today I will:

move toward you,

move forward in obedience,

and move out with you into whatever's next.

Go like Israel – not with a full map, but with a faithful Companion.