

## FAMILY EMERGENCY PREPAREDNESS QUIZ

(Enter your points and total for each section to see how your household rates.)

EMERGENCY SUPPLIES	POINTS
<b>FOOD:</b> 1 week = 4 points, 2 weeks = 8 points, 3 weeks or more = 15 points	
<b>WATER:</b> 1 gal. of water per day per person, including pets, and a means to filter and treat water. 1 week = 4 points, 2 weeks = 8 points, 3 weeks or more = 15 points	
<b>FUEL:</b> 1 week = 4 points, 2 weeks = 8 points, 3 weeks or more = 15 points	
<b>EMERGENCY POWER:</b> Generator = 10 points Backup lighting with extra batteries readily available = 10 points	
<b>PRESCRIPTIONS/MEDICAL SUPPLIES:</b> 30 days' worth = 10 points	
<b>GO BAG/EVACUATION KIT:</b> Items needed if you had to leave your house in a hurry = 5 points	
<b>SHOES &amp; FLASHLIGHT NEXT TO BED:</b> Shoes, flashlight next to bed = 5 points	
<b>EMERGENCY SUPPLIES IN CAR:</b> First aid kit/tarp/blanket/24 hrs food/water = 5 points	
<b>SANITATION:</b> Emergency toilet & sanitation (buckets/heavy trash bags/hand sanitizer/kitty litter) = 5 pts	
<b>FIRE:</b> Fire extinguisher on each level of house = 5 points	
	<b>/100</b>
<b>COMMUNICATION &amp; PLANS</b>	
PC ALERT is on all family phones & computers = 10 points	
Family reunification plan and meeting points established = 10 points	
<b>MONEY &amp; DOCUMENTS:</b> Emergency cash and copies of important documents = 10 points	
	<b>/30</b>
<b>TRAINING</b>	
CPR = 10 points. FIRST AID = 10 points. STOP THE BLEED = 10 points	
FIRE EXTINGUISHER TRAINING = 10 points	
	<b>/40</b>
<b>EXTRA CREDIT</b>	
Ham radio operator = 10 points. Block Coordinator or alternate = 10 points	
Map Your Neighborhood participant = 10 points	
	<b>/30</b>
<b>TOTAL POSSIBLE</b>	<b>/200</b>

**If you score 120 points or above, you are well on your way to being ready. But we all need to look at where we fall short and FIX IT!**

Find out more about Fox Island Emergency Preparedness, including "THE PLAN" and other informational links, at <https://foxislandficra.org/epp/>. Your Fox Island Emergency Preparedness Team has covered about 2/3 of Fox Island neighborhoods with Block Coordinators and a planned organized response to a major emergency. We're working

on getting 100% coverage! We are sending you this bulletin to let you, independently, start to prepare ahead of, and during, such an event if you are not already organized with a Block Coordinator (and even if you are!).

The FI Emergency Preparedness team is looking for volunteers, especially block

coordinators for neighborhoods not yet covered.  
**WE NEED YOU!**

These contacts for Fox Island Emergency Response are also available to answer any questions:

Jim Braden: (253) 459-5588,  
AP Templet: [fiblockcoord@gmail.com](mailto:fiblockcoord@gmail.com)

**Your Fox Island Emergency Preparedness Team** (part of the FICRA Building Trust) and its **Emergency Response Plan** (THE PLAN) were developed in 2013 over concern that the Fox Island Bridge might be rendered impassable by a catastrophic event like a major earthquake. Studies subsequently extended concerns to wildfires, heavy freezes, and catastrophic windstorms, and other threats.

The Team has worked with government and non-government sources to develop this Plan, which covers both the preparation to deal with emergency situations and emergency response.

The **foundation** of the plan is individual **family preparedness**. We have also learned about the importance of neighborhood preparedness and response to a catastrophic event. All Fox Island residents should know that government emergency services response to an emergency could be delayed, or not be forthcoming at all, depending on the scope of an event.

Also, your Emergency Response Team will need some time (maybe days for some functions) to assemble its volunteers to implement a response. That means that your neighborhood would be on its own for an undetermined period of time. We recommend every household has on hand 30 days' worth of food, meds, fuel, and as much water as can be stored.



This is the first of a series of newsletters to the residents of Fox Island to inform you of what our Emergency Preparedness Team is doing to prepare the residents of Fox Island for possible disasters.

## FOX ISLAND RESIDENT: ARE YOU READY?



HOW DOES YOUR FAMILY RATE FOR  
SURVIVAL IN AN EMERGENCY?

(Take the quiz inside this flyer to find out!)

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