

Unforgiveness & Reconciliation

Releasing What Was Never Yours to Keep

A Bible Study on Forgiveness and Reconciliation | Scripture: NASB

"Whenever you stand praying, forgive, if you have anything against anyone, so that your Father who is in heaven will also forgive you your transgressions." Mark 11:25

1. The Cost of Hoarding

- **Forgive** (Greek *aphiēmi*): to release, let go, send away
- **Forgive** (Hebrew *nasa*): to lift up, carry away (Psalm 32:1)
- Scripture describes sin as a **debt** (Matthew 6:12)

2. What Forgiveness Is Not

1. Forgiveness is not an **emotion**.
2. Forgiveness is not **forgetting**.
3. Forgiveness is not **trust**.
4. Forgiveness is not **reconciliation**.

Forgiveness	Reconciliation
Takes one person	Takes two people
Mark 11:25	Luke 17:3; Matthew 18:15
A release	Repentance and rebuilt trust

- **Reconcile** (Greek *katallassō*): to exchange hostility for peace (2 Corinthians 5:18–20)

3. Where Unforgiveness Takes Root

- **Offense:** Matthew 18:7. *Skandalon* is the trigger of a trap.
- **The heart:** Matthew 15:18–19
- **Fear:** 1 John 4:18; Romans 8:15
- **The imagination:** Ephesians 4:26–27. *Topos* means a place, a piece of ground.

Also read: Hebrews 12:15; Luke 6:37; Romans 12:19

4. Am I Still Hoarding?

Still hoarding	Released
I keep retelling the offense	I am over the rehearsal
I am afraid to see them	Their presence stirs compassion
I want them punished	I have released the need for punishment
My attitude shifts at their name	I can pray for them
I refuse to address it	I can see my own part

5. Faith That Uproots

- Luke 17:1–6
- Mark 11:22–25

"The apostles said to the Lord, 'Increase our faith!'" Luke 17:5

6. Father, Forgive Them

- Luke 23:32–43
- Acts 2:23; 3:17
- **Mercy seat:** Exodus 25:17–22; Romans 3:25
- Luke 7:41–47

7. Poured to Echo

- Romans 5:5; Acts 2:17
- **Poured out** (Greek *ekcheō*): to pour out, to give generously

My Response

The debt I am releasing today:

Notes:
