



1. As believers we need to have an **URGENCY** to get to the **MEAT** of walking by faith - faith in the work and working of Jesus. We need to heed the **EXHORTATIONS**; we need to STRIVE.
2. As believers we need to have an urgency to **RECEIVE** the **WORDS** that God has spoken. We do need to STRIVE to **ABIDE** in His Word.
3. As believers we need to have an urgency to see **JESUS** in the Old Testament - We need to STRIVE to **NOT MISS** Jesus.
4. As believers we need to have an urgency to **HEAR** and **HEED** the Words of Jesus. We need to STRIVE to **LISTEN** to that which is best, to that which is **NECESSARY**.
5. The exhortation is that through hearing and heeding the Words of God that we will receive the **GIFT** of **REST**, and we are only able to truly receive this Rest when we **FIX OUR EYES** on Jesus.
6. As believers we need to have an urgency to **SEE** and **KNOW** Jesus. We need to STRIVE to receive that which is best - **RECEIVE JESUS**.



Taking it further to help you *THRIVE*...

THRIVE Groups are where life and growth take place. We don't want to just say "See you next week" as we leave each Sunday - we want to connect!
For more info on joining a THRIVE Group, visit thrivekg.org/thrive-groups.

1. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged, confused, or edified you?
2. The book of Hebrews presents a contrast between striving and resting how do we reconcile the tension between these two seemingly different actions?
3. We are urged to receive the Word of God. What are ways that we truly receive (understand and apply) God's Word?
4. How would you compare and contrast the writings of the old and New Testament?
5. We are to hear the Words of Jesus - are there specific Words of His that bring you peace that you would like to share? Why do these Words speak to you in a profound way?
6. When you look to Jesus creator, sustainer, Redeemer, high priest, Lord, king,... How does knowing these things about Him impact you personally?
7. What is it we strive for?