

# Matthew: Your Little Faith

Discussion Guide for May 9 and 10, 2026

## Summary

In Matthew 17:14-20, a desperate father brings his suffering son to Jesus's disciples for healing — and they can't do it. After Jesus heals the boy, the disciples pull Him aside and ask the obvious question: why couldn't we? Jesus's answer cuts to the heart of it. The problem wasn't the size of their faith. It was the object of it. Somewhere along the way, they had started trusting in their own power instead of His. Jesus reminds them, and us, even mustard-seed faith, when it's anchored in an all-powerful God, can move mountains. This passage invites us to stop measuring our faith and start examining where we've placed it.

## Ice Breaker

Think about a time you faced something that felt impossibly big — a problem, a decision, a season you couldn't see your way through. Who or what did you instinctively turn to first?

## Key Verses

1. Matthew 17:14-20
2. Deuteronomy 32:5, 20
3. Philippians 2:14-15
4. Jeremiah 32:17

## Discussion Questions

1. The disciples started trusting their own power instead of Jesus'. Where do you see that drift in your own life?
2. Is there a situation you've been trying to fix on your own that you need to release to God?
3. Jesus called His generation "faithless and twisted" -- an apt description for our current culture. What do you think is contributing to our current generation's turning away from God?
4. What's one upside-down way you can stand out to the world this week — at work, at home, or online?
5. Are you more focused on the size of your faith or the size of your God?

6. How do you keep trusting God in seasons when the mountain doesn't move?

### **Life Application**

Rightsize your faith – Stop leaning on your own strength and lean into God instead.

Live upside-down – Choose one way to live differently from the world around you.

Submit the mountain – Hand your biggest burden over to God and trust His plan.

### **Key Takeaways**

1. It's not the size of your faith that matters. It's the size of the God your faith is placed in. Pebble-sized faith in Jesus goes further than mountain-sized faith in yourself.
2. There are some issues only God can resolve. He often works through His people, but He is not limited to our efforts – and that's good news.
3. We minister to a faithless and twisted generation by living upside-down from it. A better life is more compelling than a better argument.
4. God can move any mountain, but He doesn't promise He always will. Faith trusts Him whether the mountain moves or stays.
5. Even weak faith is powerful when it's centered in an all-powerful God. The mustard seed is enough.