

MIDWEST

disaster relief • education



MISSION

health • micro business

PERSONAL DIGNITY KIT SHOPPING LIST

- ☐ 1 hand towel - no kitchen towels
- ☐ 1 washcloth - no dishcloths
- ☐ 1 Adult toothbrush (no multipacks)
- ☐ 1 bar soap - 3-4 oz. no bigger than 4 oz.
- ☐ 1 shampoo -12-19 oz. (secure lid with packing tape) no bigger than 19 oz.
- ☐ 1 deodorant - 2-3 oz. (stick, roll-on, or pump) no bigger than 3 oz
- ☐ 1 lotion - 8-10 oz. (secure lid with packing tape) no bigger than 10 oz
- ☐ 1 One-gallon resealable plastic bag

***Place all items in resealable plastic bag including \$2 donation for toothpaste and carrying bag.**

