

Romans

Reading Plan for New Christians

A 40-Day Discipleship Reading Plan

Purpose

Romans is one of the clearest and richest explanations of the gospel in the New Testament. It teaches why every person needs salvation, how sinners are justified by faith in Jesus Christ, how believers grow in holiness, and how the gospel creates a life of worship, obedience, love, unity, and mission.

For new Christians, Romans gives a strong foundation: salvation is by grace, through faith, in Christ, for the glory of God. It also teaches that the Christian life is not lived by human effort alone, but by faith, obedience, and the power of the Holy Spirit.

Big Question

How does the gospel reveal the righteousness of God and transform sinners into worshipping, obedient servants of Jesus Christ?

How to Use This Plan

Each day, read the assigned passage slowly. Romans is deep, so do not rush. Look for repeated words such as gospel, righteousness, faith, sin, law, grace, death, life, Spirit, mercy, and obedience.

Begin with a simple prayer:

Lord, open my eyes to understand Your Word. Show me the greatness of the gospel, the seriousness of sin, the sufficiency of Christ, and the joy of walking in obedience to You. Amen.

Option 1: Core Observation Questions

1. What does this passage teach me about God, Christ, the Spirit, or the gospel?
2. What does this passage teach me about people, sin, faith, grace, obedience, or the church?
3. Is there a command to obey, a promise to trust, a warning to heed, or an example to follow?
4. What is one truth I need to believe today?
5. What is one step of obedience I should take?
6. How should I pray in response to this passage?

Option 2: The S.O.A.P. Method

S - Scripture: Write down one verse or phrase that stood out.

O - Observation: What does the passage say? What do you learn about God, sin, salvation, faith, or Christian living?

A - Application: How does this truth apply to your life, thinking, worship, relationships, church involvement, or witness?

P - Prayer: Write a short prayer asking God to help you believe and obey His Word.

40-Day Reading Plan Through Romans

This plan slows down through Romans so a new Christian can read, reflect, discuss, and pray through the gospel foundations of the Christian life.

Day	Passage	Focus
1	Romans 1:1-7	Called by Christ for the Gospel
2	Romans 1:8-17	Not Ashamed of the Gospel
3	Romans 1:18-32	The Wrath of God Against Sin
4	Romans 2:1-16	God's Righteous Judgment
5	Romans 2:17-29	Religion Cannot Save
6	Romans 3:1-20	All Under Sin
7	Romans 3:21-31	Justified by Faith in Christ
8	Romans 4:1-12	Abraham Justified by Faith
9	Romans 4:13-25	The Promise Received by Faith
10	Romans 5:1-11	Peace with God
11	Romans 5:12-21	Adam, Christ, and Grace
12	Romans 6:1-14	Dead to Sin, Alive to God
13	Romans 6:15-23	Slaves of Righteousness
14	Romans 7:1-13	Released from the Law
15	Romans 7:14-25	The Struggle with Sin
16	Romans 8:1-11	No Condemnation in Christ
17	Romans 8:12-17	Life by the Spirit
18	Romans 8:18-30	Suffering, Hope, and God's Purpose
19	Romans 8:31-39	More Than Conquerors
20	Romans 9:1-13	God's Faithfulness to His Promises
21	Romans 9:14-29	God's Mercy and Sovereign Purpose
22	Romans 9:30-10:4	Israel's Stumbling and Christ's Righteousness
23	Romans 10:5-13	Righteousness by Faith
24	Romans 10:14-21	Hearing the Gospel and Responding in Faith
25	Romans 11:1-10	God Has Not Rejected Israel
26	Romans 11:11-24	Gentiles Grafted In by Grace

Day	Passage	Focus
27	Romans 11:25-36	God's Future Mercy and Glory
28	Romans 12:1-8	Living Sacrifices and Spiritual Gifts
29	Romans 12:9-21	Genuine Christian Love
30	Romans 13:1-7	Submission to Governing Authorities
31	Romans 13:8-14	Love, Holiness, and Watchfulness
32	Romans 14:1-12	Receiving One Another Before the Lord
33	Romans 14:13-23	Walking in Love with Christian Liberty
34	Romans 15:1-13	Unity, Hope, and Christlike Service
35	Romans 15:14-21	Gospel Ministry and Mission
36	Romans 15:22-33	Partnership, Prayer, and Gospel Labor
37	Romans 16:1-16	The Family of Faith
38	Romans 16:17-24	Watchful, Wise, and Obedient
39	Romans 16:25-27	Established by the Gospel
40	Romans 1:16-17; 3:21-26; 8:1; 12:1-2; 16:25-27	Review: The Gospel Changes Everything

Major Themes for Reflection

Movement 1: The Gospel and Our Universal Need

Romans begins by announcing the gospel and showing that all people, Jew and Gentile alike, stand guilty before God and need the righteousness He provides.

Key Question: Do I understand why I need salvation by grace rather than trusting my morality, religion, or effort?

Movement 2: Justification by Faith and New Life in Christ

Paul explains that sinners are justified through faith in Christ, not by works of the law. Those united to Christ are no longer slaves of sin but are called to walk in newness of life.

Key Question: Am I resting in Christ alone for my right standing before God and learning to live as one who belongs to Him?

Movement 3: Assurance, Struggle, and Life by the Spirit

Romans honestly addresses the believer's struggle with sin while giving strong assurance: there is no condemnation for those who are in Christ Jesus, and nothing can separate God's people from His love.

Key Question: Where do I need to depend more fully on the Spirit, hope in God's promises, and remember my security in Christ?

Movement 4: God's Faithfulness to Israel and His Mercy to the Nations

Romans 9-11 shows that God has not failed in His promises. His purposes include mercy to Gentiles, a continuing distinction for Israel, and future hope rooted in His faithfulness.

Key Question: How does God's faithfulness make me humbler, more worshipful, and more confident in His promises?

Movement 5: The Gospel-Shaped Life

Romans moves from doctrine to practice. Because of God's mercies, believers offer themselves to God, love one another sincerely, pursue holiness, honor authority, walk wisely in liberty, and serve the church.

Key Question: How should the mercy of God reshape my worship, relationships, habits, and service this week?

Movement 6: Gospel Mission, Unity, and Doxology

Romans ends with gospel partnership, watchfulness, personal ministry, and praise. The gospel establishes believers and sends them into the world with truth, love, and mission.

Key Question: Am I growing as a faithful member of Christ's church who loves the gospel and wants others to hear it?

Simple Discipleship Prompts

Use these questions at the end of the plan with a pastor, mentor, parent, or mature believer:

- What did Romans teach you about the gospel?
- What did Romans teach you about sin and your need for Christ?
- What encouraged you about justification by faith?
- What did Romans teach you about the Christian struggle with sin and life by the Spirit?
- What did Romans teach you about God's promises, Israel, and the nations?
- Where is God calling you to obedience, worship, service, or witness?
- How can someone pray for you this week?

Closing Prayer

Lord, thank You for the gospel of Jesus Christ. Help me see my sin honestly, trust Christ fully, rest in Your grace, walk by the Spirit, love Your church, and live as a worshiping servant of Christ. Establish me in the gospel and use my life for Your glory. Amen.

One-Page Weekly Review Sheet

Use this page after each week of reading. Print extra copies as needed for personal reflection, family discipleship, or small-group discussion.

Name: _____	Week: _____	Date: _____
--------------------	--------------------	--------------------

1. Main truth I learned about God, Christ, the Spirit, or the gospel:

2. Most important warning, command, promise, or encouragement:

3. One verse or phrase I want to remember:

4. One area where I need to obey, repent, trust, or grow:

5. One question I want to ask or discuss:

6. Prayer requests and next step:
