



## Segera Mission

This trip to Segera Mission is an invitation for Restoration members to experience the Global Church firsthand. While the Gospel is present in many churches throughout Segera, local believers face the daily pressures of poverty, illness, and a need for deep discipleship. Our team goes with a twofold purpose:

- To gain a greater appreciation for the Global Church and the diversity reflected in worship and fellowship.
- To encourage the Segera staff and surrounding villages to continue in their ministry of reaching, equipping, and serving the people of the area.

In building long lasting relationships in the Segera and surrounding areas, we seek to be faithful, encouraging Gospel partners to continue in the work that God has called them to.

Kenya is the perfect first step for anyone new to missions. Whatever your life stage—youth, young adult, family, or senior—this trip offers a unique opportunity to serve and grow alongside your Restoration family.

## Onboarding Process

1. Apply through the Restoration Short Term Missions Application found on the Restoration Website. Applications due December 1st.
2. Meet with Restoration's Missions Minister for a Follow Up Meeting.
3. Receive trip or waitlist placements by December 31st.

## Requirements

- Must have a passport with at least six months of validity remaining, starting from the day of departure, to be accepted to the trip.
- Must attend Pre-Trip Trainings.
- Must follow the prescribed support raising deadlines for trip.

## Pre-Trip Trainings

Preparation is vital to ministry impact. Our time in country is short, and we want to be as helpful and effective as we can. Pre Trip Trainings are designed to equip every team member with the practical skills and spiritual preparation necessary for their specific ministry context. In the Pre-Trip Trainings, we will cover the following:

- Meeting #1
  - Support raising
  - Gospel for all people
  - Team Building
  - Prayer
- Meeting #2
  - How to Share my Testimony
  - Culture Crash Course
  - Team Building
- Meeting #3
  - Fellowship
  - Team Building
  - Prayer
- Meeting #4
  - Pre Departure Meeting
  - Safety
  - Expectations
  - Logistics
  - Final Questions

## Details & Logistics

### Trip Cost

Total: \$3000

Includes airfare, visa, supplies, transportation, lodging meals, and fees/administrative costs. We recommend you bring some money for souvenirs.

All trip goers are expected to complete the payment deadlines found in the application and discussed at the first Pre-Trip Training.

A \$200 deposit is due 48 hours upon acceptance to the trip (nonrefundable).

We will use Managed Mission for payment collection and support raising. You will have your own personalized link to use. Any checks written to the trip must be made out to "Restoration Church Bryan" and have "Kenya Mission Trip: FirstInitial LastName" written in the memo.

### Luggage & Packing

Everyone will get two bags to bring on the plane. Any combination of below:

- x1 checked bag (must be less than 50lbs)
- x1 carry-on
- x1 personal item (i.e. backpack. Must fit under the seat below)

Carry on + personal item must be less than 25lbs . The recommendation is to at least pack one pair of extra clothing in your carry-on as it is common for luggage to get delayed/lost in transit to Kenya.

We will discuss a more thorough packing list at the third Pre-Trip Training, but here is a loose idea of what you will need. **\*\*Do not bring anything you are worried about getting dirty, dusty, broken, or lost\*\***

- Work clothes
- Bible & notebook with pen
- Water bottle
- Camera (again, don't bring anything you're worried about losing)
- Electrical Converter (specifically for Kenya, type G)
- Sun screen (We will be at 5,500ft elevation)

- Aloe
- Hat
- Backpack
- Rain gear
- Light jacket
- COMFORTABLE shoes for walking long distances to the villages
- Toiletries
- Segera will provide you with one towel, washcloth, and all necessary bedding

### Tips for traveling

- Men
  - Make sure to bring a nice collared shirt for church
  - Men must wear pants at all times while outside the guest house
- Women
  - Must wear skirts or loose, “flowy” pants
- At Arrival/Departure Hotels, Segera Guest House, Sweetwaters, and travel days, any appropriate clothing is acceptable
- Please cover tattoos and remove any piercings other than earrings as some of the people do not understand these and can be a distraction
- Money for souvenirs (most people find \$50-100 sufficient)
- There is a small washing machine in the guesthouse, but I would not bank on using it.

### Shots & Vaccines

Check [CDC requirements and recommendations](#) as they are always up to date.

We recommend abiding by whatever the CDC recommends. The following vaccines are what are typically recommended:

- Hep A&B
- Typhoid
- Yellow Fever
- Tdap
- Covid-19 (not including boosters)
- Malaria (not a shot but pills to take during the trip)

Ask your trip leader if you have any questions or concerns. These vaccines typically take months to schedule in advance, so we recommend if you plan on getting any, to plan to do so immediately.

# General Trip Itinerary

## Day 1

- Team meets at Restoration offices
- Car pool to Airport
- Arrive 3-3.5 hrs early

## Day 2

- Arrive in Kenya just before midnight
- Stay at Hampton House in Nairobi

## Day 3

- Breakfast at Java House
- Drive to Segera (4-5hr drive)
- Introduction to Segera Hospitality Staff
- Rest & Sleep
  - Do not expect a hot shower while at Segera Guest House

## Day 4

- Tour of Segera property
- Interact with Segera School Kids

## Day 5

- Split up into groups to attend different churches
- Village Visit and Fellowship

## Day 6

- Market day
- Prepare care packages
- Village visit with care packages

## Day 7

- Serve alongside Segera Staff
- Have Texas/ American themed lunch with Segera Staff
- Village and/or home visit

## Day 8

- Visit Satubo (time to buy souvenirs)
- Village/Church visit and Fellowship

## Day 9

- Goodbyes at Segera
- Depart for Sweetwaters
- Team Safari

## Day 10

- Morning team meeting for Trip Debrief
- Drive to Nairobi
- Freshen up at Nairobi Hotel
- Fly out of Nairobi just before midnight

## Day 11

- Arrive in Houston late afternoon/ early evening
- Drive back to B/CS

## Cultural Norms & Expectations

Kenya is a primarily honor/ shame culture with fear/ power recognized in rural settings. If these phrases do not make any sense to you, don't worry—we'll cover this in our first pre-trip training.

What you need to know is this:

- Kenyans love to honor their guests, expect a high level of hospitality (food, tea, and gifts)—even in very impoverished villages. Do not refuse their hospitality.
- Titles are important (pastor, doctor, headmaster, director, etc.). If someone introduces themselves to you with their title, be sure to always refer to them with their title.
- There will be plenty of food to eat. Eating 2-3 servings is almost expected. Finishing your food fast shows that you are still hungry; if you aren't planning on getting more, eat slowly.

Some helpful books and resources are:

- 3D Gospel by Jayson Georges
- Understanding Poverty PDF by Ruby K. Payne
- When Helping Hurts by Brian Fikkert and Steve Corbett
- Missions by Andy Johnson

## Language

Although English is the official language in Kenya, Swahili is the most common and understood. We recommend using Duo Lingo for some language learning in the 1-3 months leading up to our departure. Knowing a little goes a long way relationally!

Below are some phrases that you can expect to hear and use:

Jambo = Hello  
Kwaheri = Goodbye  
Asante (sana) = Thank you (very much)  
Karibu = Welcome  
Habari = How are you  
Bwana Asifiwe = Praise God

## Frequently Asked Questions

### Travel

- What airline will be used?
  - We typically fly United, but it is subject to the best cost. We use Highpoint Travel to help us book.
- What transportation is used once in country (bus, train, other)?
  - Typically takes 2 (sometimes 3) flights to get to Nairobi. From Nairobi, a Segera Mission driver (Mr. Kennedy) picks up our team from the airport and takes us to our hotel in Nairobi, and then to Segera (4 hour drive). Once at Segera, we usually walk everyone, sometimes driving using their onsite vehicles.

### Accommodations/Food

- What are the accommodations during all phases of the trip? (Hotels, hostels, other?)
  - In Nairobi, we always stay at the Hampton House

- At Segera, we stay in the Segera Mission guesthouse.
- Will there be separate sleeping areas?
  - Yes, unless married, men and women will always have separate sleeping areas.

## Emergency Protocols

- What are the crisis response plans for medical emergencies, political/civil unrest, terrorism, or natural disasters? Emergency evacuation plans? Is there a designated contact person at home to relay info to families?
  - Please refer to our document on [Safety and Security on Short-Term Missions Trips](#)
  - Trip Leaders, Hannah Davin (Missions Mobilization Minister), and Matt Ullrich (Executive Pastor) are the designated people of contact in the event of crises on a Short Term Trip with Restoration.
    - Hannah Davin, (hdavin@restorationbryan.com)
    - Matt Ullrich, (matt@restorationbryan.com)

## Insurance

- What insurance coverage is there?
  - We use Faith Ventures Basic Plan. Learn more [here](#).

## Local Resources

- What is the location and contact information for the nearest hospital and U.S. Embassy?
  - Hospital
    - [Segera Hospital](#) - on property
    - OR [Nanyuki Hospital](#) (45 min drive)
  - U.S. Embassy
    - P.O. Box 606 Village Market, 00621 Nairobi, Kenya
    - [Website](#)

## Documentation

- Will there be a "master folder" containing photocopies of all required documentation?
  - Yes, there is a digital master folder that will be kept by the trip leader. However, trip participants are responsible to keep up with their own documentation (i.e. passport, trip visas, proof of trip insurance, etc.)
- Are medical release forms required?
  - No.

## Communication

- Will there be reliable Wi-Fi or cellular access to allow contact in case of emergency? Will those in the US be able to contact in case of family emergency?
  - Yes, there is Wifi available at the hotel and Segera guesthouse. Trip goers are encouraged to be present and only use their phones when necessary.