

PREK Flight Plan April 19th

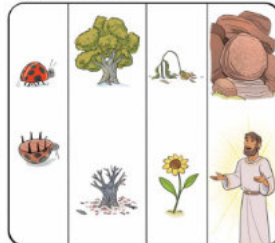


Lesson	Jesus Appeared to the Disciples
Bible Passage	Luke 24; John 20
Story Point	Jesus appeared to His disciples
Key Passage	Jesus said... "I am the resurrection and the life." John 11:25
Big Picture Q & A	Where is Jesus now? Jesus is in heaven



Dead or Alive?

Illustration by: © 2011 by the author. All rights reserved.



THE BIBLE - **THE STORY**
LESSON 27 - **CHAPTER 13**
Jesus Appeared to His Disciples

THE BIBLE STORY
 Jesus died for our sins. He was buried in a tomb. On the third day, He rose from the dead. He appeared to His disciples. He is alive and in heaven.

THE BIBLE VERSE
 John 11:25
 Jesus said to her, "I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, and whoever lives and believes in Me shall never die."

THE BIBLE QUESTION
 How did Jesus rise from the dead?

THE BIBLE ANSWER
 Jesus rose from the dead because He is the Son of God. He is alive and in heaven.

THE BIBLE MEMORY VERSE
 John 11:25
 Jesus said to her, "I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live, and whoever lives and believes in Me shall never die."

THE BIBLE APPLICATION
 How can we be like Jesus? We can be like Jesus by believing in Him and following His example. We can be like Jesus by loving others and being kind to everyone.

THE BIBLE REFERENCE
 John 11:25

THE BIBLE ILLUSTRATION
 Illustration by: © 2011 by the author. All rights reserved.

leader bible study

The disciples were devastated that Jesus had died. They believed that Jesus was the Messiah, but they had abandoned Him and Jesus was killed. How could He save anyone if He was dead? But now some people were reporting that Jesus was alive! Was it true?

The disciples were talking about these things when Jesus stood among them. “Peace to you!” He said. Imagine how Jesus’ words might have calmed the disciples’ anxious hearts. Their Lord, whom they had deserted, didn’t show up to scold them for their failures or shame them for their lack of faith. He spoke peace to them.

Thomas, who was not with the disciples when Jesus came, had a hard time believing. Thomas wanted physical proof. A week later, Jesus showed Thomas His hands and His side. Thomas immediately believed, and Jesus said, “Because you have seen me, you have believed. Blessed are those who have not seen and yet believe” (John 20:29).

With His resurrection, Jesus’ mission was accomplished, but the disciples’ work was just beginning. Jesus gave His followers a job to do: “As the Father has sent me, I also send you” (John 20:21). This verse contains the Gospel of John’s version of the Great Commission.

Jesus, the One sent from the Father, sent the disciples to be His messengers and representatives. Jesus equipped the disciples with the Holy Spirit to proclaim the gospel—the good news of what Jesus has done—to the world.

Emphasize to children that Jesus is alive today. We haven’t seen Him for ourselves, but we believe by faith. He sends out all believers to tell others about Him, and He gives us power through the Holy Spirit.

Vision for Grace Airways
We navigate the scriptures,
training up bold disciples,
on our ongoing journey to Jesus!

Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: _____
- Where is the gospel in this story?

April Focus: Jesus Out of the Grave



April 5th: Easter

April 12th: The Emmaus Disciples *John 11*

Story Point: The whole Bible is about Jesus



April 19th: Jesus Appeared to the Disciples *Luke 24; John 20*

Story Point: Jesus appeared to His disciples



April 26th: Jesus Returned to Heaven *Matt 28; Acts 1*

Story Point: Jesus gave His disciples a mission



Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co -Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co -pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

Encouragement

- Thank you for stepping in there!
- You did a great job with _____.
- You really helped me while I was _____.
- Thank you for being _____'s buddy today.
- Your help really made this morning go smoothly.
- _____ was the right thing to do. You handled it well!
- I'm so glad you are here today!

Morning Routine



Stay with this order.

Adjust pictures on schedule according to your plan.

Review schedule with the children at the start of the morning.



Take Off

Prayer
VBS song
Verse/BPO



5 Min

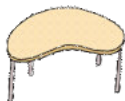


Journey

Bible Story
Worship & Wiggles
Discussion



10 Min



Flight Lab

Bible Story Activity

15 Min

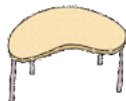


Free Play

Inside or on
playground

10 Min

At congregation last song—clean up/move inside



Pilot's Log

Prayer
Take Home Page
Settle and Review



5 Min



5 min Take Off

Celebrate & being here! Introduce the morning

Gather

As the children enter, have them gather at the TV to begin with worship/singing.

Have your co-pilot check attendance.

Song

Do a song or 2 of your choice as time allows to help children prepare for the lesson,

Key passage

Transition from singing into the Verse Song. Lead the kids with the hand motions in the video!

Jesus said..."I am the resurrection and the life."

John 11:25

Big picture question

Where is Jesus now?

Jesus is in heaven

Repeat the question 2-3 times for learning!

Transition to the Bible Story

Clap a simple rhythm for the children to copy, use a finger play, etc...
Set expectations for the children: "my turn to talk, your turn to listen, eyes on me, hands in your lap"

Choosing the same transition every week works super well with child and kindergarten ages.

Bible Connection Ideas

Bible FingerPlay:

1, 2 (hold up fingers) The Bible is true (hands like book), God loves me (cross arms, point to me) and God loves you (cross arms, point to class)

Bible Foundation Motions:

- The Bible is **True** (*thumbs up*)
- The Bible is How God **Speaks to Us** (*cup hands around mouth as if you were shouting*)
- The Bible is **Different** from other stories (*cross your arms and point in opposite directions*)
- The Bible points to **Jesus** (*ASL sign for Jesus*)

Fingerplay Ideas

Open Shut them:

Hold hands in front as you open and shut them while saying:

Open shut them, open shut them, give a little clap

Open shut them, open shut them, lay them in your lap.

Creep them creep them, slowly to your chin

Open wide your little mouth (pause), but do not let them in!

Active Preparing to sit and listen:

I stomp my feet, I clap my hands, I jump up from the ground.

I stomp my feet, I clap my hands, I turn myself around.

I stomp my feet , I clap my hands, I sit myself right down

I stomp my feet (*while sitting*) , I clap my hands, I do not make a sound (*finger over lips, spoken in a whisper*).



10 Min Journey

Where we travel into God's word

Introduce the Bible Story

Use our Bible Finger play each week to transition to the Story.

- The Bible tells us true stories about Jesus. **Point to the Bible story picture on their timeline.** The Bible tells us the big story of how God rescues sinners through His Son, Jesus.

Tell the Bible Story

Using the pictures, tell the Bible Story or watch the video (*This lesson starts on page 250 in the It's All About Jesus Bible Storybook*). Tell the story using your own words keeping eye-contact with the children.

- **Jesus appeared to His disciples!** At first, they were afraid, but when they saw where He had been hurt in His hands and side, they knew God had made Jesus alive again. Jesus appeared several times to the disciples. Jesus appeared to many people so they would know He was alive. He is still alive today! We are blessed when we believe in Jesus.

Talk about the Bible Story

Show the Bible story picture as you ask:

1. **Where were Jesus' disciples when He appeared to them?** (*together in a house with doors locked*)
2. **Why were the disciples afraid when they saw Jesus?** (*They thought they may be seeing a ghost.*)
3. **Who wanted to see and touch the holes in Jesus' hands and side before he would believe?** (*Thomas*)
4. **Did Thomas believe?** (*yes*)
5. **What did Jesus say about those who believe in Him without seeing?** (*They are blessed.*)
6. **Where is Jesus now?** *Jesus is in heaven.*

What movement-based activity can I use?



God's attributes- helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

- With Us - Promise Keeper

Have a student place the story picture on the 'timeline'

Age Appropriate Bible Story

Use your own words—Trust the Holy Spirit to speak through you

Jesus Appeared to the Disciples— Luke 24; John 20

On the first day of the week, in the evening, Jesus' disciples met together in a house. They locked the doors because they were afraid. They didn't want to be killed too. But now some of the disciples were saying they had seen Jesus alive. Could it be true?

As the disciples talked, Jesus came and stood right there with them. "Peace to you!" He said. Jesus' disciples were afraid! Maybe they were seeing a ghost.

"Look at Me," Jesus said. "Touch Me. A ghost does not have skin and bones, but I do." Jesus showed them His hands and His side. They saw where Jesus had been hurt. Jesus was alive! What good news! The disciples were so happy.

Jesus' disciples gave Jesus some fish to eat. Jesus talked to them and explained the Bible to them. "The Bible is about Me," Jesus said. Then Jesus told them that they had a job to do. Jesus had died and was raised from the dead so that people could be forgiven for their sins. Jesus' disciples needed to tell other people to turn away from sin and be forgiven.

Jesus said, "God sent Me to earth. Now I am sending you."

One of Jesus' disciples, Thomas, was not with the other disciples when Jesus visited them. Thomas did not believe that they saw Him. "I want to see and touch the holes in His hands and His side, or I will never believe!" Thomas said.

Eight days later, the disciples were together again. This time, Thomas was with them. Jesus came in and stood with them. "Peace to you!" Jesus said.

Then Jesus told Thomas, "Touch the marks on My hands and My side. I am alive! Believe it!"

Thomas did believe. "My Lord and my God!" he said.

Jesus said, "You believed because you saw Me. Those who believe in Me without seeing Me are blessed."

Christ Connection: God made Jesus alive again! Jesus visited many people so they would know He is alive. Jesus is still alive today. We have not seen Jesus, but if we believe in Him, we will be blessed. He wants us to tell others the good news about Him.

Picture Card Lesson

Use your own words—Trust the Holy Spirit to speak through you!

Jesus Appeared to the Disciples— Luke 24; John 20

Card 1: Jesus' friends were hiding in a locked room. They were scared people would come and hurt them. They had heard that Jesus was alive. Could it be true? As the disciples talked, Jesus came and stood right there with them. They thought He was a ghost!

Card 2: "Peace to you!" Jesus said. "Look at me, touch me. A ghost does not have skin and bones, but I do." Jesus showed them His hands and His feet, and they were so happy. Jesus was alive!

Card 3: Jesus told the disciples they had a job to do. Jesus had died and was raised from the dead so that people could be forgiven for their sins. Jesus' disciples needed to share the good news with everyone!

Card 4: One of Jesus' friends—Thomas—was not there when Jesus spoke and ate with His friends. Thomas said, "Unless I see the marks on Jesus' hands and side and touch them myself, I will never believe!"

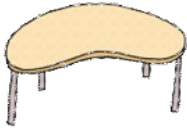
Card 5: Many days later, the friends and Thomas were in a locked room again. Jesus stood in front of them! Jesus said to Thomas, "Look at My hands and touch them. Reach out and touch My side. Believe!" Thomas said, "My Lord and my God!" Jesus told Thomas, "Those who believe in Me but don't see Me are blessed."

Christ Connection: *God made Jesus alive again! Jesus visited many people so they would know He is alive. Jesus is still alive today. We have not seen Jesus, but if we believe in Him, we will be blessed. He wants us to tell others the good news about Him.*

Bible Storytelling Tips:

Pretend to be a disciple of Jesus: Act as if you are one of Jesus' disciples as you tell the Bible story. Pretend to lock the door because you are afraid. Act afraid, excited, and then happy like the disciples must have looked when Jesus appeared.

Play out the Bible story: Choose several children to play the roles of Jesus, Thomas, and a few other disciples. Provide Bible-times clothes or headress. Ask another adult leader to guide children to act out the Bible story as you tell it.



15 min Flight lab

Learning the story in an interactive way

*Choose from below or use your own idea-however the Lord leads.
Then go into free-play.*

Make children “appear”

Lay a table on its side. Lead the group to sit on one side of the table. Explain that you will instruct children to close their eyes. While eyes are closed, you will gently tap a child’s shoulder. That child will hide behind the table. Once the child is hidden, direct the rest of the group to open their eyes and guess who will appear from behind the table. After a few guesses, invite the hidden child to “appear” by standing up.

- Was it fun to appear to your friends? *To appear* means to come into view or to show up. In today’s Bible story, Jesus appeared to His disciples. They were surprised to see Him, not because He was hiding like you were behind the sheet, but because He had died and come back to life.

Spell Jesus’ name

Give each child a “Spell Jesus” printable. Invite children to color the letters on the bottom of the page. Then lead them to cut out the letters and glue each letter on top of its match at the top of the page, spelling *Jesus*. Consider setting out letter stamps and a stamp pad, alphabet blocks, or magnetic letters for children to continue spelling Jesus’ name when they finish.

- You are learning the letters in Jesus name! The Bible says God gave Jesus the name that is above every other name. Jesus is most important. Jesus appeared to His disciples and visited many other people so they would know He is alive. Jesus is still alive today.

Make handprint art

Place a bit of painter’s tape on heavyweight paper. Help a child dip her hand into washable paint on a plate. Press her palm gently onto the paper, covering the tape. Wipe her hands. Remove the tape. Write the Christ connection on her art and set it aside to dry.

- Jesus showed Thomas His hands and feet. Jesus told Thomas to believe. Jesus wants us to believe He is alive too.

Make cross art

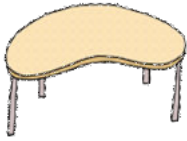
Provide a “Thankful Cross” printable, painting smock, paintbrush, and a small cup of watered down white glue for each child. Show children how to paint within the cross outline. Provide leaves, faux feathers, or construction paper hearts cut from red, orange, and brown paper. Guide children to stick the images to the glue. Write the story point on each paper and set it aside to dry.

- Jesus showed His friends He is alive. We have not seen Jesus, but we believe He is alive.

See it and believe it

Before the session, print and cut apart the “See It, Believe It Cards.” Show children the pictures and remind them that we can know God’s plan for the items He made because we can see them with our eyes. Show the picture of Jesus last, and then retell the Bible story.

- The friends were hiding in a room when Jesus showed His friends He is alive! Thomas was not there, and he did not believe the friends. Jesus appeared again, and Thomas worshiped Him! Jesus told Thomas to believe. We have not seen Jesus, but we believe He is alive



5 Min Pilot's Log

Where we prepare to go home

After flight lab, allow the children to play. **When congregation begins last song, move to the tables.**

Pause and settle

- Signal the end of free play, (use the time-timer to count down)
- Sing the clean-up song and guide children to clean their areas. Wash hands or use hand sanitizer if needed.
- Have children sit around the table.

ALWAYS CLOSE THE MORNING WITH PRAYER.

This is how we model incorporating prayer into their lives.

- After prayer, hand out the activity/coloring page. Direct children accordingly to complete the page. Remind children of what they can take away from today's lesson.

If a child finishes the activity/coloring page while waiting for mom and dad or is not interested, only offer options that can be completed at the table (playdough, puzzle, select a book to examine, practice the verse, etc) **Keep children at the table to maintain a calm and quiet environment for easy transition to mom and dad.**

When parents pick up their children, as appropriate share something their child enjoyed doing or did well during the morning.

Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents. Have your Co-Pilot encourage parents to use this to talk to their kids about what they learned in class today.

PREK/K Prayer Extra Ideas:

Prayer Chain — in small groups, ask children for their prayer requests and have the Pilot or Co-Pilot write them on a few strips of paper. Connect strips into a chain and display our growing conversation with the Lord. Feel free to revisit old prayer requests as well.

Pointing to a Globe — Have a child or Co-Pilot spin the globe and place their finger on a country. Place a star sticker on the place(s) and pray over it as a group. We will provide a PreK/K age geography book to help guide discussion and prayer. Even if you don't know anything about the country, we can lift up the people, pray for Jesus, light to shine there, the Gospel to be active there, and churches to grow, etc.

Looking out the Window — Grab a dry-erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry-erase marker, write or draw these things on the window then pray over them.

Preschool Carpet Bag Prayers— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

Head Shoulders Knees and Toes—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

**You're
ready for
Sunday!**

