

UPPER ELEM Flight Plan April 12th



Lesson	The Emmaus Disciples
Bible Passage	Luke 24
Story Point	Jesus taught that all the Scriptures point to Him.
Key Passage	He said to her, "I am the resurrection and the life. The one who believes in me, even if he dies, will live." John 11:25
Big Picture Q & A	<p>Where is Jesus now?</p> <p>Jesus ascended to heaven where He is seated at the right hand of the Father.</p>



leader bible study

Jesus' death and resurrection should not have surprised the disciples. Sometimes Jesus spoke metaphorically about His death and resurrection. (See Matt. 12:39; Mark 14:58; John 2:19; 3:14-15.) Other times, Jesus plainly told the disciples that He would be betrayed, crucified, buried, and resurrected on the third day. (Matt. 17:12; Mark 8:31; Luke 9:22) In fact, Jesus had spoken so frequently of His death and resurrection, the chief priests and Pharisees asked Pilate to place guards at the tomb in case the disciples stole Jesus' body. (See Matt. 27:62-66.)

On resurrection morning, the angel at Jesus' tomb asked the women, "Why are you looking for the living among the dead?" (Luke 24:5). Even when Peter and John ran to the empty tomb to see it for themselves, Peter was amazed but uncertain (Luke 24:12), while John believed (John 20:8).

That same day, two disciples were walking to Emmaus, arguing about recent events. Jesus began walking next to them, but God prevented them from recognizing Jesus. (Luke 24:16) Jesus simply asked them what they were arguing about. They stopped walking. How could He not have heard about what happened over the last three days?

The two disciples had hoped Jesus was the Redeemer of Israel. Their hopes were crushed when Jesus died. Now Jesus explained to them why the Messiah had to die, starting with Moses and the Prophets. Jesus showed how the Scriptures point to Him. (Luke 24:27; John 5:39)

Remind kids that the Bible is not a collection of unrelated stories. The whole Bible is about Jesus. When Adam and Eve sinned, God began working out His plan to send Jesus to rescue people from sin. (Gen. 3:15) All of the Old Testament points forward to Jesus' life, death, and resurrection—the time when Jesus would bring God's promised salvation for sinners.

Vision for Grace Airways
We navigate the scriptures,
training up bold disciples,
on our ongoing journey to Jesus!

Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: _____
- Where is the gospel in this story?

April Focus: Jesus Out of the Grave



APR 5th: Easter!

APR 12th: The Emmaus Disciples *Luke 24*

Story Point: Jesus taught that all the Scriptures point to Him.



APR 19th: Jesus Appeared to the Disciples

Luke 24, John 20

Story Point: Jesus proved He is alive.



APR 26th: Jesus Returned to Heaven

Matthew 28, Acts 1

Story Point: Jesus gave His disciples the Great Commission.



Co-Pilot—Included Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus— that includes both flyers and Co-Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co-pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

Encouragement

- Thank you for stepping in there!
- You did a great job with _____.
- You really helped me while I was _____.
- Thank you for being _____'s buddy today.
- Your help really made this morning go smoothly.
- _____ was the right thing to do. You handled it well!
- I'm so glad you are here today!

Sunday Morning Flight Plan



Take Off

- Open in Prayer
- Hook
- BPO and A & Key Passage
- Timeline & Introduce Story

10 Min

Journey

- Attendance & Bible Sticker
- Bible Story
- God's Attributes

15 Min

Flight Lab

- Experience of the Bible Story
(Make connections through an activity & motion)

15 Min

Pilot's Log

- Pray
- Calm activity during pick-up
- Give activity sheets to parents as they pick up students

5 Min

PICK UP:

First Service:
Around 9:45

Second Service:
Around 11:45



10 min Take Off

Celebrate being here! Introduce the morning.

Open in Prayer

Hook

Prompt kids to tell about a time they took a long walk. Where were they going? Nowadays, if we have a long way to travel, we usually drive a car or ride in a plane, train, or bus. In Jesus' day you had to walk just about anywhere you wanted to go! Today we will learn about a time two disciples met Jesus while traveling from one city to another.

Big Picture Question

Do you remember our big picture question and answer? ***Where is Jesus now? Jesus ascended to heaven where He is seated at the right hand of the Father.*** Jesus died on the cross, and God raised Him from the dead so we could be forgiven for our sin. When we trust in Jesus, we have life forever with God.

Key Passage

Show the key passage poster. Lead the boys and girls to read together John 11:25. John 11:25 is important because Jesus tells us something amazing: He is the one who gives life that never ends. He said this when His friends were very sad, reminding them that He is stronger than death and that anyone who believes in Him will live with Him forever.

Timeline/Introduce Bible Story:

Last time we learned about the miracle of Jesus' resurrection. **God raised Jesus from the dead to defeat sin and death.** He wants to give us new life, too. Eventually that new life will be with Jesus in heaven. But before Jesus could leave, He had some necessary tasks to take care of. He got right to work—starting with a surprise journey with some disciples on the way to Emmaus. Listen to this story .”

Transition to Bible Story: (OPTIONAL) Show the Bible Story Video.



15 Min Journey

Where we travel into God's word

Bible Story

Open your Bible to **Luke 24** Read from the Bible or use your storytelling skills to help you tell the story.

Jesus needed to do some hefty weeding in the disciples' lives. Their fear, confusion, and worries were choking out the truth that Jesus planted in them, just like weeds begin to take over crops and kill them. As we said earlier, to help our crops grow strong, we have to put in the hard work of weeding. To help His disciples to grow strong in their faith, Jesus had to weed out the lies and clear away the confusion. Jesus taught that all the Scriptures point to Him. He reminded them of how God had been working all along to make the way for Jesus to defeat sin and death. He gave them the whole picture, filling in the missing pieces for them.

I love that Jesus kept Himself disguised while walking with the disciples. The Bible doesn't tell us the exact reason, but I think I can guess one. It's possible that Jesus wanted the disciples to focus on His words and teaching and not be overwhelmed by seeing Him alive.

At the right moment, when He knew they "got it," He revealed Himself to them and then disappeared. The disciples were so excited, they immediately ran back to their friends in Jerusalem!



The whole Bible is about Jesus. When Adam and Eve sinned, God began working out His plan to send Jesus to rescue people from sin. All of the Old Testament points forward to Jesus' life, death, and resurrection—the time when Jesus would bring God's promised salvation for sinners. The disciples had the information in the Scriptures the whole time, but they didn't understand it until Jesus cleared their confusion—their "weeds."

Age Appropriate Story

STORY POINT: JESUS TAUGHT THAT ALL THE SCRIPTURES POINT TO HIM.

On the day that Jesus rose from the dead, two of Jesus' disciples were walking to a village called Emmaus. The two disciples were talking about everything that had happened. As they talked, Jesus began to walk with them, but the disciples did not recognize Him. Jesus asked the disciples, "What are you talking about?"

They told Him, "The religious leaders handed Jesus over to be sentenced to death, and they nailed Him to a cross.

"We had hoped He was the One who would set Israel free. Early this morning, some women went to the tomb and did not find Jesus' body. They saw angels, who said that Jesus is alive."

Jesus said, "Isn't this what had to happen to the Messiah?" Then, beginning with Moses and the Prophets, Jesus explained what all the Scriptures said about Him.

Jesus and the two disciples arrived at Emmaus. Jesus joined them at the dinner table. He took the bread, thanked God for it, and broke it into pieces. Then He gave the pieces to the disciples. Right away, the disciples recognized Jesus! But Jesus immediately disappeared from their sight.

The disciples immediately left Emmaus and went back to Jerusalem. They found Jesus' eleven disciples and others who gathered with them. They told them what happened. They said, "Jesus is alive!"



Christ Connection: *The whole Bible is about Jesus. When Adam and Eve sinned, God began working out His plan to send Jesus to rescue people from sin. All of the Old Testament points forward to Jesus' life, death, and resurrection—the time when Jesus would bring God's promised salvation for sinners.*

Discussion & Bible Skills

Distribute Bibles. Guide boys and girls to open their Bibles to Luke 24. Emmaus was a village about seven miles away from the city. They were discussing the things that had happened—Jesus' death and the reports that He was resurrected—when Jesus began walking with them. **Jesus taught that all the Scriptures point to Him.** Choose a volunteer to read aloud Luke 24:27. Lead the group to discuss:

- 1. How do you think the disciples must have felt to finally realize the person they saw was Jesus?** *Invite kids to share their thoughts. Compare the disciples' recognition of Jesus to the transformation we might experience when we trust in Him for salvation. When Jesus saves us, He brings light into our dark lives. We were dead in sin, but He makes us alive. (Option: read John 5:24.)*
- 2. What were the two disciples talking about as they walked, and why were they upset?** *The disciples were very sad about Jesus' death. All of Jerusalem had witnessed Jesus' triumphal entry and then His death on the cross. (Option: read Luke 24:6-7.)*
- 3. How is the Bible all about Jesus?** *Jesus was God's plan all along. Adam and Eve sinned, so God worked out His plan to send Jesus to rescue people from sin. The Old Testament points forward to Jesus' life, death, and resurrection—the time when Jesus would bring God's promised salvation for sinners. (read Gen. 3:15.)*
- 4. What had the people hoped Jesus would do?** (redeem Israel, Luke 24:21)

God's attributes- helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

-Promise Keeper -With Us

Travel Guide:

Use the travel guide for maps, charts, etc... as useful with helping the children learn and understand today's story.



15 min Flight Lab

Instill Wonder as you experience the Bible
CHOOSE ONE ACTIVITY

Puzzling Puzzle

Give the kids a puzzle to work on, but do not let them see the completed picture on the cover of the box or bag. Consider removing a few significant pieces from the middle of the puzzle. Give the kids five minutes to complete the puzzle. When they get discouraged, assure them they don't need help. They can do it on their own if they try hard enough. At the end of five minutes, show them the completed picture and/or return the missing pieces.

- Putting together a puzzle is difficult when you can't see the whole picture or when pieces are missing. In some ways, this puzzle can be like our life. Life can seem difficult when we don't see the big picture. But when we know Jesus, He provides the missing pieces—He gives life meaning and purpose. In today's Bible story, two of Jesus' disciples learned how everything is about Jesus.

Shadow Guessing

If possible, dim the lights in the room. Instruct the kids to face a blank wall. Stand behind them and shine a bright flashlight toward the wall. Place one object at a time in front of the flashlight so the shadow appears on the wall. Challenge the kids to guess the object. Repeat with different objects as time allows. Be sure to use at least one or two objects with unusual shapes.

- A shadow is often a poor representation of the real thing. It doesn't give us much detail like color, texture, and dimension.

On our own, it can be hard to know what God wants us to do. We need more information. God knew that, so He gave us His Word, the Bible. In today's story, Jesus explains how the whole Bible is really all about Him.

Key Passage Activity

Distribute magazines and challenge kids to find and cut out the letters or words of the key passage. Instruct them to glue the pieces together to create a poster. If your group is large, form smaller groups to create multiple posters.

Clear the Confusion

Form small groups of kids, giving each group a set of supplies. Ask them to write on their paper one example of an Old Testament story that points to Jesus.

Kids should position colored tissue paper over the writing to make a multi-layered mosaic or stained glass window that makes the writing difficult to read. Invite teams to walk around, looking at the other teams' completed projects and trying to read them. Then remove the tissue to clearly read the paper.

Say • The world around us will try to crowd your mind with thoughts and beliefs that do not agree with God's Word. We have to clear away the wrong messages, weeding out the lies, to see God's way clearly. Through the Holy Spirit, Jesus will help you understand God's Word when you read it so you can know the truth from the lies.

Jesus taught that all the Scriptures point to Him. Everything in God's Word points to Jesus as the Savior God promised.

Whose voice?

Select a kid to stand at one end of the room and face away from the other kids. You may display the key passage for kids to read. Silently select kids to read or recite the key passage. Challenge the kid facing away from the group to guess who read it based only on the reader's voice. Play multiple rounds, choosing different kids to be the guesser and the reader.

- Today we will hear about a time two disciples talked with Jesus for a long time but didn't realize who He was! What do you think those two did when God revealed whom they were speaking with? We'll learn more soon.

Blind Toss

Instruct the kids to form a line. Place an empty basket opposite the kids. Blindfold the first kid in line and give her a tennis ball. Invite her to toss the ball into the basket. Allow each kid to take a turn. Consider awarding points to kids who successfully land the ball in the basket. You may play additional rounds without the blindfold for comparison.

- After Jesus rose from the dead, different people saw Him at different times, but some of them were still spiritually blind to the truth about Him found in God's Word. Today we will learn about a time Jesus helped two disciples better understand the full truth about Himself.



5 min Pilot's log

Where we prepare to depart.

Pray:

If time, share prayer requests and allow kids to record in the **prayer journal section of their *Travel Guide***.

ALWAYS CLOSE THE MORNING WITH PRAYER.

This is how we model incorporating prayer into their lives.

Waiting for parents/Activity Page:

Tie back into the lesson, remind them of the Big Picture Question/verse, etc...

Be sure to **re-set expectations on what their choices are while waiting for mom and dad:**

- Activity page
- Key Passage Activity (See next page for list of options)
- Coloring page
- Gospel Kit Activities
- Anything quiet at the tables you are ok with (*origami, free draw on blank paper, hangman game at white board, putting Book of the Bible cards in order, etc....*)

Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents so they can go home with families.

Key Passage Review Extra Ideas:

Invite kids to sit around tables. Give each kid a pencil. Show the key passage poster and lead them to read it aloud.

Give a piece of paper to one kid at each table. Instruct him to write down the first word of the key passage and pass the paper to the person on his right. That person will write down the second word, pass the paper to her right, and so on. Kids will pass the paper around the table, writing one word at a time until they finish the key passage. When kids finish, invite groups one at a time to say the key passage together.

Display the key passage poster. Lead the kids to read it aloud. Then challenge them to read it in various ways: whispering, shouting, quickly, slowly, and so on.

Form two groups of kids. Call on the first group to say the key passage together. Then call on the second group to say it.

Prompt the first group to say the passage a few phrases at a time, pausing for the second group to echo. When kids finish saying the key passage, lead the second group to begin and the first group to echo.

Instruct kids to sit or stand in a circle. Choose one kid to begin by saying the first word of the key passage. Guide kids to say the key passage, one word at a time, moving around the circle.

Allow kids to look at the key passage poster if they need help remembering the words. Continue around the circle a few times. Consider shouting, "Switch!" and letting kids move to another place in the circle before playing again. *Or toss the ball to different kids rather than go in order.*

Before the session, write out the key passage on a chalkboard or dry erase board in eight separate phrases. Display the phrases where kids can see them. Give each kid a marker and eight craft sticks. Instruct kids to copy from the board, writing each phrase on a separate stick. Then instruct kids to mix up their sticks and then quickly rearrange the phrases in the correct order. Kids may work individually or in pairs. Provide rubber bands for kids to bundle their sticks and keep them as a method of practicing the key passage during the week.

Prayer Extra Ideas:

Prayer Chain—In small groups, ask children/co-pilot to write prayer requests on a few paper strips. Connect paper strips into a chain and display our growing conversation to the Lord. Feel free to revisit older requests as well.

Painted Rocks—Have each child choose a painted rock to write on. Write a word of encouragement, a word about Jesus, a name, etc. The goal is to take it with them and place it somewhere near their typical living space—a neighbor’s house, a store, a playground, etc. Then pray over the place or the people who are there.

Pointing to a Map—Choose one or two kiddos to spin/close their eyes/find a certain color (you can be creative and have fun) and point to a country on the map. Place a pin in the place(s) and pray over it as a group. Even if you don’t know anything about the country, we can lift up the people, pray for Jesus’ light to shine there, the Gospel to be active there, and churches to grow, etc.

Looking out the Window—Grab a dry erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out of the window to pray over. Using the dry erase marker, write those things on the window (Pre-K & K may draw things) and then pray over those things. Feel free to leave them on the window, so whenever we look through, those things are brought to our mind to pray for again.

Head Shoulders Knees and Toes—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

Preschool Carpet Bag Prayers— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to “think outside the bag” and help them make connections. Pray over the people, places, and things that were discussed.

You're
ready
for
Sunday!



