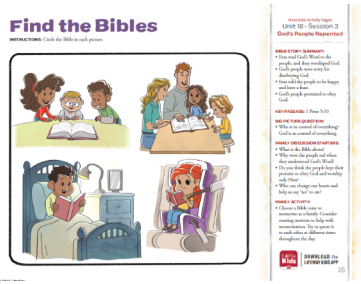
PRE-K & K Flight Plan
November 15th

Lesson	**God's People Repented**
Bible Passage	Nehemiah 8-13
Story Point	God's people promised to obey God
Key Passage	God...will Himself restore...you after you have suffered a little while. 1 Peter 5:10
Big Picture Q & A	**Who is in control of everything?** God is in control of everything





approximate timeline:

536B.C.—Return from Exile, begin work on the Temple (Ezra 1-6)

516B.C.—Temple Completed, Passover Celebrated. (Ezra 6:15-22)

444B.C.—Jerusalem walls rebuilt. (Nehemiah 6:15)

Ezra was a priest in Babylon at the end of the exile. More than 50 years after the first group of exiles returned to Jerusalem and completed and dedicated the temple, Ezra led a second group back to Jerusalem.

Just as God had been with Nehemiah, He was with Ezra—granting him favor with the Persian king. The king gave Ezra permission to go to Jerusalem. He provided Ezra with a letter and access to resources to ensure safe travel. (See Ezra 7:11-26.)

Ezra traveled to Jerusalem with a purpose. God's people had spent 70 years in exile, and they needed to be reminded how to live. As a scribe, Ezra was an expert on the law of Moses, and he had "determined in his heart to study the law of the LORD, obey it, and teach its statutes and ordinances in Israel" (Ezra 7:10).

Under Nehemiah's leadership, the people had rebuilt Jerusalem's walls. They gathered together at the Water Gate to hear the law of Moses. Men, women, and children—anyone who could understand—came to listen to the reading of God's Word.

From early morning until midday, Ezra read from the book of the law of Moses. He stood on a high wooden platform where everyone could see and hear him. Ezra opened the book of the law, and everyone stood up. The Levites helped the listeners understand the words of the law. The people reacted strongly to hearing and understanding the law of Moses. Verse 9 says the people wept. The law revealed their sin, and they repented.

God's Word is powerful. The law reveals our sin and how short we fall of meeting God's standard. As you teach kids, help them recognize that we cannot meet God's requirements. We need a Savior. God sent Jesus to obey the law perfectly and die for our sins. We can trust in Him for salvation.

Vision for Grace Airways
We navigate the scriptures,
training up bold disciples,
on our ongoing journey to Jesus!

Gospel—Centered Preparation:

The heart of preparation is rooted in your understanding of the gospel and your personal application of the story.

After your study ask yourself:

- How do the verse and Big Picture Question connect to this story?
- What am I excited to teach from this passage?
- The main point this week is: _____
- Where is the gospel in this story?

November Focus: God's People Restored



Nov 1st: **The Temple was Rebuilt** *Ezra 4-6, Haggai*

Story point: God's people rebuilt the temple

Nov 8th: **The Walls Rebuilt** *Nehemiah 1-6*



Story Point: God used Nehemiah to rebuild Jerusalem's walls

Nov 15th: **God's People Repented** *Nehemiah 8-13*



Story Point: God's people promised to obey God

Nov 22nd: **Malachi the Prophet** *Malachi*



Story Point: Malachi said a messenger would get people ready for the Messiah

Co-Pilot—Included
Preparation:

On a Sunday morning, the Pilot is leading everyone in our ongoing journey to Jesus– that includes both flyers and Co -Pilots! The more consistency and continuity we have between Pilots, the better we can prepare our helpers to succeed and grow! With that consistency comes the mentorship aspect for our youth volunteers in particular, and utilizing our adult co -pilots as well: sharing activities, engaging them in the morning, and encouraging their involvement.

As you prepare for the lesson, ask yourself:

- **Does my planning allow for Co-Pilot participation throughout the morning?**
- **How did I prepare my Co-Pilot to help with classroom management?**
- **What specific activities will my Co-Pilot assist with today?**
- **In what ways can I encourage my Co-Pilot?**

Engagement

- Sit with child during the story
- Playing alongside flyers
- Reengage chatty/distracted kids
- Ask to volunteer an example during discussion
- Help play to Co-Pilot's strengths

Activities

- Attendance stickers
- Timeline
- Joining in the verse and BPQ&A
- Assigned to a specific flyer
- Helping find books in the Bible
- Leading crafts & songs

Encouragement

- Thank you for stepping in there!
- You did a great job with _____.
- You really helped me while I was _____.
- Thank you for being _____'s buddy today.
- Your help really made this morning go smoothly.
- _____ was the right thing to do. You handled it well!
- I'm so glad you are here today!

Morning Routine

Stay with this order.
Adjust pictures on schedule according to your plan.
Review schedule with the children at the start of the morning.



Take Off
VBS song
Verse/BPQ

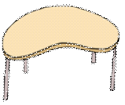
5 Min



Journey
Prayer
Bible Story
God Attributes



10 Min



Flight Lab
Bible Story Activity

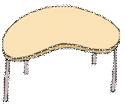
15 Min



Free Play
Inside or on playground

10 Min

At congregation last song–clean up/move inside



Pilot's Log
Prayer
Take Home Page
Settle and Review



5 Min

PICK UP:

First Service:
Around 9:45

Second Service:
Around 11:45

5 min Take Off

Celebrate & being here! Introduce the morning

Gather

As the children enter, have them gather at the TV to begin with worship/singing.

Have your co-pilot check attendance.

Song

Do a song or 2 of your choice as time allows to help children prepare for the lesson,

Key passage

Transition from singing into the Verse Song. Lead the kids with the hand motions in the video!

God...will Himself restore...you after you have suffered a little while.

1 Peter 5:10

Big picture question

Who is in control of everything?

God is in control of everything

Repeat the question 2-3 times for learning!

Transition to the Bible Story

Clap a simple rhythm for the children to copy, use a finger play, etc…
Set expectations for the children: “my turn to talk, your turn to listen, eyes on me, hands in your lap”
Choosing the same transition every week works super well with child and kindergarten ages.

Bible Connection Ideas

Bible FingerPlay:
1, 2 (hold up fingers) The Bible is true (hands like book), God loves me (cross arms, point to me) and God loves you (cross arms, point to class)

Bible Foundation Motions:
- The Bible is **True** *(thumbs up)*
- The Bible is How God **Speaks to Us** *(cup hands around mouth as if you were shouting)*
- The Bible is **Different** from other stories *(cross your arms and point in opposite directions)*
- The Bible points to **Jesus** *(ASL sign for Jesus)*

Fingerplay Ideas

Open Shut them:
Hold hands in front as you open and shut them while saying:
Open shut them, open shut them, give a little clap
Open shut them, open shut them, lay them in your lap.
Creep them creep them, slowly to your chin
Open wide your little mouth (pause), but do not let them in!

Active Preparing to sit and listen:
I stomp my feet, I clap my hands, I jump up from the ground.
I stomp my feet, I clap my hands, I turn myself around.
I stomp my feet , I clap my hands, I sit myself right down
I stomp my feet (*while sitting)* , I clap my hands, I do not make a sound (*finger over lips, spoken in a whisper).*



10 Min Journey

Where we travel into God's word

Introduce the Bible Story

Use our Bible Finger play each week to transition to the Story.

• Last week our Bible story was from the first part of Nehemiah. This week our story is from the last part of Nehemiah. Nehemiah is in the Old Testament part of the Bible. The Bible is God's Word, and it is true! **Point to the Bible story picture on their timeline.** The Bible tells us the big story of how God rescues sinners through His Son, Jesus.

Tell the Bible Story

Using the pictures, tell the Bible Story or watch the video *(This lesson is on **pages 143-145** in the It's All About Jesus Bible Storybook).* Tell the story using your own words keeping eye-contact with the children**.**

• When the people understood God's Word, they realized they had not been living the way God wanted them to live. They were sorry for disobeying God. **God's people promised to obey God**, but they needed God to change their hearts. We do wrong things too, but Jesus died to rescue us from sin. When we turn from our sin and trust in Jesus, God changes our hearts and help us say no to sin.



Talk about the Bible Story

1. **Who read God's Word aloud?** (*Ezra*)
2. **What did the people do as God's Word was read?** (*listened carefully, bowed down, worshiped*)
3. **Why were the people sad?** (*They were sorry for disobeying God.*)
4. **What did Ezra tell the people to do?** (*Do not be sad. Go home and have a feast and share with others.*)
5. **What did the people promise to do?** (*worship only God and obey Him*)
6. ***Who is in control of everything? God is in control of everything.***

God's attributes- helping the children understand what God is like, shown to us in the Bible. In today's story we see that God is:

-FATHER

Have a student place the story picture on the 'timeline'

Age Appropriate Bible Story

Use your own words—Trust the Holy Spirit to speak through you

The God's People Repented — *Nehemiah 8-13*

The walls around Jerusalem were finally finished. The people had worked very hard, and God had helped them.

One morning, the people got together. Men, women, and children came to hear Ezra (EZ ruh) the priest read God's Word. The sun was just coming up when Ezra carried out God's Word so he could read it. God's words were written on a scroll. Ezra stood on a tall platform and opened the scroll. Everyone could see it.

Ezra began to read God's Word aloud. The people in the crowd listened carefully. Everyone stood up. Ezra praised God, and the people lifted up their hands.

"Amen! Amen!" the people said. Then they bowed down with their faces close to the ground. All the people worshiped God together.

Some of the leaders there explained God's words to the people. They helped the people understand what Ezra read. When the people understood God's Word, they were sad. The words from God were about how to live, and the people had not been living the way God wanted them to live. They were sorry for disobeying God.

Ezra, his helpers, and Nehemiah (NEE huh MIGH uh) the governor said, "This day is special. Do not be sad. Do not cry." This was a happy day.

Ezra said, "Go home and get ready to have a feast! Eat good food and drink good drinks. Share what you make with people who don't have any food or drinks."

Then Ezra said again, "Today is a special day. Be happy! God makes us strong."

So the people did what Ezra told them to do. Nehemiah led the people to turn back to God. They promised to worship only God and obey Him.

***Christ Connection**: The Bible teaches us about God and Jesus. It helps us know the right things to do. We do wrong things a lot, but God can change our hearts and help us say no to sin. Jesus died to rescue us from sin.*

Picture Card Lesson

Use your own words—Trust the Holy Spirit to speak through you!

The God's People Repented — *Nehemiah 8-13*

Card 1: The walls around Jerusalem were finally finished. The people had worked very hard, and God had helped them.

Card 2: One morning, the people got together. Men, women, and children came to hear Ezra (EZ ruh) the priest read God's Word. God's words were written on a scroll. Ezra stood on a tall platform and opened the scroll. Everyone could see it. Ezra began to read God's Word aloud. The people in the crowd listened carefully

Card 3: "Amen! Amen!" the people said. Then they bowed down with their faces close to the ground. All the people worshiped God together.

Card 4: When the people understood God's Word, they were sad. The words from God were about how to live, and the people had not been living the way God wanted them to live. They were sorry for disobeying God.

Card 5: Ezra said, "This day is special. Do not be sad. Do not cry." This was a happy day. "Go home and get ready to have a feast! Eat good food and drink good drinks. Share what you make with people who don't have any."Today is a special day. Be happy! God makes us strong."

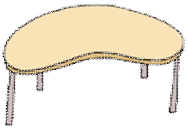
Card 6: So the people did what Ezra told them to do. Nehemiah led the people to turn back to God. The people had a feast and celebrated that they had God's words to help them. They promised to worship only God and obey Him.

Christ Connection*: The Bible teaches us about God and Jesus. It helps us know the right things to do. We do wrong things a lot, but God can change our hearts and help us say no to sin. Jesus died to rescue us from sin.*

Bible Storytelling Tips:

Stand on a low table or wooden box to tell the story: Show the Bible story picture poster and point out that Ezra stood on a platform to read the Bible scroll. Comment that today you will stand as you tell the story to remind the children that the people looked up and listened to Ezra.

Pretend to be the people of Jerusalem: Invite the children to pretend to be the people of Jerusalem and stand as they listen to the story, raise their hands, bow to worship, look sad, and be happy.



15 min Flight lab

Learning the story in an interactive way

Choose from below or use your own idea-however the Lord leads. Then go into free-play.

Make a Bible scroll

Before the session, cut paper into 5-by-11-inch lengths. Then glue a craft stick on each 5-inch end. Give each child a prepared scroll. Encourage them to draw a picture from a favorite Bible story. Show children how to roll the scrolls from both ends. Tie a piece of yarn around each child's scroll.

• Ezra read God's Word from a scroll. Now, we have all God's words to us in a book. [Show the Bible.] We can read the Bible from a printed book like this. We can even read the Bible on a phone or computer! Knowing God's words in the Bible is so important. When the people heard God's Word, they realized they had not been living the way God wanted them to live. God's people promised to obey God. We do not live the way God wants us to live all the time either, but God can change our hearts and help us say no to sin. Jesus died to rescue us from sin.

Draw your favorite foods

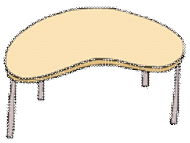
Give each child two paper plates. If paper plates are not available, simply draw a circle on a sheet of paper. Invite children to draw their favorite foods on the paper plates. Offer to label the foods if children desire. Encourage children to give one paper plate of food to another child. Talk about times that your church gathers for fellowship meals. Remind the children that families prepare food at home and bring it to share with others.

• I wish the food you drew was real! We could have a feast! In today's Bible story, the priest Ezra told the people to get ready for a feast. He told them to eat good food and drink good drinks and to share what they made with people who didn't have any food or drinks. Listen to the Bible story to hear why Ezra told the people to celebrate.

Play a worship matching game

Print and cut apart the "Ways We Worship" images. Hide one set of the cards in a plastic bin filled with shredded paper. Encourage children to choose a card and look for the matching worship card in the plastic bin. Comment that we are obeying God when we sing worship songs (pray, read the Bible, give an offering, and so forth).

• When the people heard Ezra read God's Word, they worshiped God. They listened carefully. They stood up. They lifted up their hands. They said, "Amen! Amen!" They bowed down with their faces close to the ground. God's people promised to obey God. We worship God in many ways, too. The Bible teaches us about God and Jesus. In the Bible we learn how God sent Jesus to die to rescue us from sin. The more we know about God and Jesus, the more we want to worship and obey them!



5 Min Pilot's Log

Where we prepare to go home

After flight lab, allow the children to play. **When congregation begins last song, move to the tables.**

Pause and settle

- Signal the end of free play, (use the time-timer to count down)
- Sing the clean-up song and guide children to clean their areas. Wash hands or use hand sanitizer if needed.
- Have children sit around the table.

ALWAYS CLOSE THE MORNING WITH PRAYER.
This is how we model incorporating prayer into their lives.

- After prayer, hand out the activity/coloring page. Direct children accordingly to complete the page. Remind children of what they can take away from today's lesson.

If a child finishes the activity/coloring page while waiting for mom and dad or is not interested, only offer options that can be completed at the table (playdough, puzzle, select a book to examine, practice the verse, etc) **Keep children at the table to maintain a calm and quiet environment for easy transition to mom and dad.**

When parents pick up their children, as appropriate share something their child enjoyed doing or did well during the morning.

Be sure that the Co-Pilots hand out the Activity sheet to each child or to parents. Have your Co-Pilot encourage parents to use this to talk to their kids about what they learned in class today.

PREK/K Prayer Extra Ideas:

Prayer Chain — in small groups, ask children for their prayer requests and have the Pilot or Co-Pilot write them on a few strips of paper. Connectstrips into a chain and display our growing conversation with the Lord. Feel free to revisit old prayer requests as well.

***

Pointing to a Globe — Have a child or Co-Pilot spin the globe and place their finger on a country. Place a star sticker on the place(s) and pray over it as a group. We will provide a PreK/K age geography book to help guide discussion and prayer.Even if you don't know anything about the country, we can lift up the people, pray for Jesus, light to shine there, the Gospel to be active there, and churches to grow, etc.

***

Looking out the Window — Grab a dry-erase marker, have the kids gather at the windows, and look outside. Ask the children to look for 3 things they can see out o the window to pray over. Using the dry-erase marker, write or draw these things on the window then pray over them.

***

Preschool Carpet Bag Prayers— Choose an item(s) out of the carpet bag. Discuss the item and different people/things the item could represent (car—driving safely, mechanics, trips, first responders, etc) Encourage kids to "think outside the bag" and help them make connections. Pray over the people, places, and things that were discussed.

***

Head Shoulders Knees and Toes—Pray through the song.

- Head (mind, imagination, thoughts, creativity)
- Shoulders (physical strength, things we might be dealing with)
- Knees (dancing, playing, jumping, etc.)
- Toes (walking and following after Jesus, standing strong in our faith)
- Eyes, ears, mouth & nose (seeing goodness, listening to Him, speaking truthful words, our senses, etc.)

You're ready for Sunday!

