

DOES THE BIBLE Actually Say?



Pastor Lance Ainsworth

1 Corinthians 10:1-14

& 2 Corinthians 12:7-10

MESSAGE NOTES

Thursday, Aug 27

Sunday, Aug 30

Introduction

God won't give you more than you can handle.

notes

1 Corinthians 10:13

No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able...

1 Corinthians 10:1-14

For I do not want you to be unaware, brethren, that our fathers were all under the cloud and all passed through the sea; ²and all were baptized into Moses in the cloud and in the sea; ³and all ate the same spiritual food; ⁴and all drank the same spiritual drink, for they were drinking from a spiritual rock which followed them; and the rock was Christ.

Look at what God has done.

⁵Nevertheless, with most of them God was not well-pleased, for they were laid low in the wilderness.

⁶Now these things happened as examples for us, so that we would not crave evil things as they also craved. ⁷Do not be idolaters, as som of them were; as it it written, "The people sat down to eat and drink, and stood up to play." ⁸Nor let us act immorally, as some of them did, and twenty-three thousand fell in one day ⁹Nor let us try the Lord, as some of them did, and were destroyed by the serpents. ¹⁰Nor grumble, as some of them did, and were destroyed by the destroyer. ¹¹Now these things happened to them as an example, and they were written for our instruction, upon whom the ends of the ages have come.

Example: They were blessed, but they still struggled with:

Idolatry, Immorality, Testing God, Grumbling.

¹²Therefore let him who things he stands take heed that he does not fall.

Take heed- blepeto - continually remember your source.

¹³No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

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GROUP DISCUSSION

Does the Bible Actually Say?

GateWay Church of Visalia, Pastor Lance Ainsworth

1 Corinthians 10:1-14; 2 Corinthians 12:7-10, August 27 & 30th, 2026

God won't give you more than you can handle.

Prayer Requests:

Group Discussion: Pumpkin pie or pecan pie?

Read Aloud: 1 Corinthians 10:1-14; 2 Corinthians 12:7-10

1. What do you think Paul means when he says, "Let him who thinks he stands take heed that he does not fall" (v. 12)? What kinds of spiritual overconfidence can cause us to fall? What does 1 Corinthians 10:13 actually promise about temptation? What does it not promise?
2. Paul says temptation is "common to man." Why is it important to realize that we are not uniquely tempted? What are some common temptations that people tend to think they are the only ones struggling with? What are some practical "ways of escape" God might provide when we are tempted?
3. How is a temptation different from a trial? Paul moved from begging God to remove his weakness to boasting in his weakness. What changed in Paul's perspective? Are you more likely to respond to difficulty by saying "I can handle this" or "God, I need You"? Why?
4. What is one trial or area of weakness where you need to stop asking, "Why can't I handle this?" and begin asking, "How can I depend on God's grace in this?"