Be faithful in prayer - Romans 12:12 NIV

Wednesday Morning Prayer & Care Group - At 11:00 AM, every Wednesday morning, the congregation is invited to meet with the pastor for a time of praying for the concerns of the church. Join us during this journey together each week.

Feb 5: Jennifer; Josh, Betty Lou, Emily; Bob Coverstone; Nelson Armetrout; Dennis Lee; Grace Garrett; our country, world & leaders; Donna Poe; Bud; Pat; Connie; Suzanne Conklin; Deborah Colburn; Eric Fieg; Burgoyne family; Wes; Drew; Stephanie; Polly Look; June & Nate W; Sandy Wilson; my parents; June Lamp; thanks for friends, families and opportunities to serve; Deanna Wells; Mark Wells; Dennis Lee, Connie; Kay McDonald; Becky Cather; our pastor & his bride; Mike Wright; Pat Ferruso; Ralph Errick; Don Adams; Mary Walker; travel mercies for the Folger's; Audrey Dorton & family; Ann & Will Rodgers; Mary Kathryn Clark; Shirley Dick; Mary Shetler; Jane Thomas; Wilsons; Tina & Shane Weagley; Joan Dodson; Doug & Nora Seabright; Rev. Clay & Lisa Knick; Nellie Snoots; Florence Roman; Adele Birnbaum; Sharon & George Teets; Doc Madagan; Jerry Puffinburger; Bennie Baker; Frank & Ashley Moore; Mary; Carlin; Jared & CJ Castro (Maria's sons); College students; Mike Wright; Barb Hoover

Care Facilities: Consulate H/C: Connie Mitchell (PA); Lynn Care: Rosalie Wehn; Marilyn Stelzl (112A); Mt. Vernon: Virginia Ebbs; Search Group Home: Steven Dobbin; Spring Arbor: Lloyd Henry (210); Marietta Lipscomb (239); Jean Snider (144); Sunrise at Bon Air: Irene Gates (205); W/C: Linda Sullivan (30); Military: Douglas Castro; 1LT Jared Castro; CPO Tiffany McMahan; LTC Tom Crowley; CDR Robert Littman; Other: Clay Knick; Jeanne Newlin & Janie Slater; Peggy Gillich, her great-grandson, Lawton, & granddaughter; Missionaries: Gregg & Jayne Yarian; Pr. Michael & Lupe Geiss

COVID, per CDC on Feb 5, community transmission rates are LOW in both Winchester and Frederick County.

Today's Lay Ministries: Announcements: Carolyn Carney; Scripture: Nancy Tisinger; Greeters: Charlie Donohue & Judy Chapman; Counters: Gary Lantz & JR Richard Scriptures: Deuteronomy 30:15-20; Psalm 119:1-8; 1 Cor. 3:1-9; Matthew 5:21-37

This Coming Week's Calendar

Sunday, February 12	Wednesday, Feb. 15
9:00 New Members Orientation Plus	5:30 TOPS
9:00 Encounter/Sunday School	6:00 Bells
10:20 Worship Service	7:00 Choir
C♥ffee S♥cial after worship	Thursday, Feb. 16 8:30 TOPS fh
Tuesday, February 14	Thursday, Feb. 17 9-2 Polly Look fh
10:00 UWF	Sun., February 19
12-4 Bridge (fellowship hall)	9:00 New Member Sunday
Wednesday, February 15	9:00 Encounter
9-11 BSF (3 rooms upstairs)	10:20 Worship
11:00 Prayer & Care (f.hall) 2:00 Worship & Wonder	Reader: Danna Doyle;
2:00 Worship & Wonder	Greeters: Judy Chapman & Vicky Maphis;
	Counters: Brian Henshaw & Lorraine Shelton

Upcoming: Feb 21 Care & Connect at new time 10:00; Feb 22 Ashes to Go & Ash Wednesday Service.



Please know that ALL children are **ALWAYS welcome** to attend our entire church service in the sanctuary. We offer an optional short **Children's** Church program during Sunday worship.

6th Sunday after the Epiphany



10:20 a.m. Worship Service

February 12, 2023



Rev. Gary Heaton
3239 Valley Pike, Winchester, VA 22602, 540-667-7298 kernstownumc.org

* All who are able, please stand; bold print - all respond

Prelude
Ringing of the Bell
Greeting /Announcements
*Call to Worship

Happy are we

when our treasures cannot be quantified.

David Landrum
Sam Henshaw
Carolyn Carney
Rev. Heaton

Happy are we

when our knowledge is tempered by mystery.

Happy are we

when our pain is held in the balm of love.

Happy are we

when our delight comes from beyond ourselves.

*Hymn O How I Love Jesus UMH 170
Lighting of Altar Candles Sam Henshaw
Scripture Lesson Psalm 119:1-8 Nancy Tisinger
Response to the Word Glorious Name Chancel Choir
Offering and Children's Church In All Things Give Him Thanks
J.J. Gibbs

And in all things give Him thanks, and in all things let your gratitude shine through. And in all things give Him thanks. For He has given all things unto you. (repeat)

Prayers of the People

Congregational Prayer

J. J. Gibbs

Lord Jesus, let us embrace the costly blessings which You desire for us, blessings that confound the wisdom and strength of this world. Teach us to be Your agents of preservation in a world touched by death, and beacons of hope in a world shrouded in darkness. Transform us into Your image through the crucible of the cross, writing your mandates upon our hearts, made pure by Your perfect love. Fill us with the power of the Holy Spirit to heal and strengthen us in our journey of life and faith. AMEN

Hymn of Preparation

The Gift of Love

UMH 408

Sermon "The Burden of Being Blessed"

Matthew 5:21, 37

Rev. Heaton

Matthew 5:21-37

Pastoral Prayer & Lord's Prayer

UMH 895

Invitation to Holy Communion

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The Lord's Supper

*Hymn I Want a Principle Within

UMH 410

*The Benediction Rev. Heaton

*Choral Benediction

Precious Name

Take the name of Jesus with you, child of sorrow and of woe; it will joy and comfort give you; take it then, where'er you go.

Refrain: Precious name, O how sweet! Hope of earth and joy of heaven.

Precious name, O how sweet! Hope of earth and joy of heaven.

Postlude David Landrum

(*Please stand as able)
CCLI # 11408803

Announcements

Who's Who in The Pew - Member Attendance & Visitor Info - Please fill out the card located in the pews and place it in the offering basket. Include your name and any prayer requests or concerns for our church leaders. If you are a visitor, please include your contact info and any requests. These are also used for any COVID contact tracing if needed and so we know that you're aware of our posted protocols.

New Members Class PLUS - Our next New Member Sunday is February 19, 2023.

Orientation classes will be today at 9:00 in the pastor's office. If you have any questions, please see Rev. Heaton or call the office. This class is also open to anyone who wants to learn about the United Methodist Church and



belong to Kernstown UMC. It is a good opportunity to learn and share about Methodism and the church. If you are already a member and want to brush-up on your Wesleyan spirituality or have questions about current events in the life of the church; please come to this open forum.

UWF Souper Sunday Event for CCAP, soup due today.

C♥ffee S♥cial - Please join us for a Valentine's Day Coffee Hour and refreshments in the fellowship hall today after the service. We pray you will join us. Hospitality Team of the Care & Connect Work Area



Substitutes for Children's Church: <u>Help Needed</u>: Kind, friendly adult needed on Sunday mornings for 20 minutes. <u>Duties</u>: sit in a comfortable rocking chair and watch the teacher lead Children's Church activities. No skills in classroom management needed. No heavy lifting required. No singing of silly songs required...(but you might want to). <u>Compensation</u>: satisfaction of helping parents of young children enjoy a sermon without the need to retrieve toys from under pews. Interested parties may apply in writing on the yellow attendance card. See Feb/Mar newsletter for more details. See Beth Heaton or call the office.

WIFI - our wifi password is LoveJesus as KUMC guest.

Our new Our new Intergenerational Ministry Coordinator is **JJ Gibbs**, his contact info: email at programs@kernstownumc.org and cell (336) 756-0632.

Lent Devotionals are available in the narthex, one per family please.