



DIVINE Interruptions

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Week 1

Day 1: When Feelings Distort Facts

Reading: Psalm 42:1-11

The psalmist wrestles with deep emotional turmoil while clinging to truth about God's character. Like viewing Edinburgh through rain and sickness, our circumstances can cloud our perception of who God really is. Pain, problems, and disappointments from people often reshape our understanding of Jesus in ways that aren't accurate. The psalmist asks, "Why are you cast down, O my soul?" recognizing that feelings, though valid, don't always reflect reality. Today, identify one area where your emotions may be distorting your view of God. What truth from Scripture counters that distorted perspective? God's character remains constant regardless of your changing circumstances or feelings.

Reflection Question: What painful experience has most shaped your current view of Jesus?

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Day 2: The Invitation to Investigate

Reading: John 1:43-51

Nathanael's skepticism was rooted in disappointment and cultural bias. "Can anything good come from Nazareth?" reveals a heart wounded by false messiahs and unmet expectations. Philip's response is profound in its simplicity: "Come and see for yourself." He doesn't argue or defend; he invites investigation. Jesus doesn't demand blind faith. He welcomes honest questions and personal discovery. You don't need all the answers before you start following. Faith begins with curiosity, not certainty. What questions about Jesus have you been afraid to ask? What would it look like to honestly investigate rather than rely on secondhand opinions or past disappointments? Jesus invites your skepticism into His presence.

Reflection Question: What keeps you from taking one step closer to investigate who Jesus really is?

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Day 3: Known Before Knowing

Reading: Psalm 139:1-18

"I could see you under the fig tree before Philip found you." Jesus' words to Nathanael reveal a stunning truth: God sees you long before you see Him. In a universe of billions, it seems impossible that the Creator would know your name, your struggles, your hiding places. Yet Scripture declares He knit you together in your mother's womb, knows the number of hairs on your head, and collects your tears in a bottle. You are not a speck lost in cosmic insignificance. You are fully known and fully loved. Before you were aware of Him, He was already aware of you. This isn't celebrity recognition; it's intimate knowledge. Today, let this truth settle deep: Jesus knows your name.

Reflection Question: How does knowing that Jesus saw you before you saw Him change your perspective today?

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Day 4: Liar, Lunatic, or Lord

Reading: John 14:1-14

Jesus makes audacious claims that leave no room for middle ground. "I am the way, the truth, and the life. No one comes to the Father except through me." He claims unity with God, authority over death, and exclusive access to eternal life. These aren't the words of a good moral teacher. C.S. Lewis famously argued that Jesus is either a liar, a lunatic, or Lord. The disciples didn't die brutal deaths for a lie they knew was false or a delusion they discovered was empty. Something happened that transformed terrified followers into bold witnesses. The resurrection validated every claim. Today, wrestle honestly with Jesus' identity. Don't settle for comfortable categories that diminish His claims. He demands a verdict.

Reflection Question: What evidence in your own life points to Jesus being who He claimed to be?

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Day 5: Come and See Church

Reading: Matthew 28:16-20; John 4:28-30, 39-42

After encountering Jesus, the Samaritan woman's first response was to invite others: "Come, see a man who told me everything I ever did." She didn't have a theology degree or perfect understanding. She simply shared her experience and extended an invitation. The Great Commission calls us to the same mission: help others come and see for themselves. You have a Nathanael in your life—someone sitting under their own fig tree, skeptical, wounded, or unaware. Your invitation matters. You don't need all the answers; you need authentic encounter. Be a "come and see" person in a world full of arguments and assumptions. Who needs your invitation this week? Don't let them miss meeting the One who already knows their name.

Reflection Question: Who is one person you can invite to "come and see" Jesus this month?