



DIVINE Interruptions

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Week 3

Day 1: The Problem with Unmet Expectations

Reading: Luke 24:13-21

The two disciples walking to Emmaus had every reason to feel devastated. Their expectations of a conquering Messiah lay shattered at the foot of a Roman cross. Like them, we often construct detailed blueprints for how God should work, only to face crushing disappointment when reality diverges from our plans.

Notice that Jesus didn't rebuke them for their confusion. Instead, He drew near. Your unmet expectations don't disqualify you from God's presence. In fact, they often become the very place where He meets you most intimately. Today, acknowledge where life hasn't gone as planned. Instead of pretending everything is fine, bring your honest disappointment to Jesus. He's already walking beside you, even when you don't recognize Him.

Reflection Question: What expectation is currently blinding you to Jesus' presence in your life?

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Day 2: Blinded by What We're Looking For

Reading: 1 Corinthians 1:18-25

The disciples missed Jesus because they were looking for a crown, not a cross. They expected political liberation, not spiritual resurrection. Their focus on counting passes made them miss the gorilla in the room.

God's wisdom often appears as foolishness to our limited perspective. We pray for comfort; He offers character development. We ask for removal of obstacles; He provides strength to endure them. We want immediate answers; He's building eternal solutions. The cross looked like utter failure until Sunday morning redefined everything.

What if the very thing you've labeled as God's absence is actually His presence in a form you didn't expect? Today, ask God to adjust your vision. Stop demanding He work according to your blueprint and open yourself to His superior design.

Reflection Question: Where might God be working in ways you haven't recognized because it doesn't match your expectations?

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Day 3: The Scars That Prove His Love

Reading: John 20:24-29

Thomas demanded proof, and Jesus offered His scars. Not a demonstration of power, but evidence of pain endured for love. The wounds that screamed defeat on Friday became proof of victory on Sunday.

Your scars tell a story too. That season of depression, the betrayal that shattered your trust, the dream that died—these aren't just painful memories. In the hands of the resurrected Christ, they become testimonies of His faithfulness. The same scars that once represented your deepest wounds can become your most powerful witness.

Resurrection doesn't erase the pain you've experienced. It redefines it. Those scars remind you that if God brought you through that, He can bring you through anything. Today, instead of hiding your scars in shame, present them to Jesus and let Him show you how they've been transformed.

Reflection Question: What scar in your life needs to be redefined by resurrection power?

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Day 4: Hearts That Burn Within Us

Reading: Psalm 42:1-11

The Emmaus disciples said, "Didn't our hearts burn within us?" Even before they recognized Jesus with their eyes, their spirits were responding to His presence. Something deep within them knew they were encountering truth, even when their minds couldn't comprehend it.

God often stirs your heart before He clarifies your circumstances. That restlessness you feel, that holy dissatisfaction with spiritual complacency, that unexplainable hope rising in the midst of difficulty—these are evidences of His presence. Your heart is burning because resurrection life is awakening within you.

Don't dismiss those spiritual stirrings as wishful thinking. Pay attention when Scripture suddenly comes alive, when worship moves you unexpectedly, when peace defies your circumstances. These burning moments are Jesus drawing near, preparing to open your eyes to His work in your life.

Reflection Question: When has your heart "burned within you" recently, and what might God have been revealing?

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Day 5: Expect Resurrection

Reading: Romans 8:28-39

You stand at a crossroads every single day: accept destruction or expect resurrection. Will you define your story by Friday's crucifixion or Sunday's empty tomb?

Paul declares that nothing—not death, not life, not your past failures, not your present struggles—can separate you from God's love in Christ Jesus. This isn't naive optimism. It's resurrection confidence. It's the audacious belief that the same power that raised Jesus from death is actively working in your situation right now.

Today may not look like you planned. This year may have brought unexpected pain. But because Jesus rose from the dead, your story isn't over. That failed relationship, that financial setback, that health crisis, that shattered dream—none of these get the final word. Resurrection does.

Stop walking back to Emmaus. Turn around. Expect that God is doing something you cannot yet see. Your Friday is not your forever.

Reflection Question: What situation in your life needs you to shift from accepting destruction to expecting resurrection?