**“Breakthrough”**

Thursday, June 1 – Friday, June 30

Prayer Focus

**2 Peter 1:2 (ESV)** May grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord.

**2 Samuel 5:20 (AMP)** So David came to Baal-perazim, and he defeated them there, and said, “The LORD has broken through my enemies before me like a breakthrough of water.” So he named that place Baal-perazim (master of breakthroughs).

**Breakthrough** – A moment in time when the impossible becomes possible. An offensive thrust that penetrates and carries beyond a defensive line in warfare and the act or instance of breaking through an obstacle. It is an act or point of breaking through an obstruction or defensive line.

**Strategic Keys for Breakthrough**

**1. Hearing God:** *Proverbs 22:17*Being able to hear the voice of God is key to our supernatural breakthrough. We must hear it and obey it.

Pray that God’s grace helps you become more sensitive to the voice of God and his Word and that you immediately obey what you hear.

**2. The Word of God:** *Jeremiah 23:29 (ESV)*God’s Word is powerful, and He watches over his word to perform it.

Pray that you get a hunger for God’s Word and pray it, stand on it, and believe it for every situation that arises in your life and in the lives of your loved ones. Then trust Him to perform it.

**3. Persistent Prayer:** *Luke 18:1 (NLT)*Persistent payer never gives up and it never stops until it receives God’s answer. Pray until!

Pray that you’ll not let frustration or doubt cause you to let go of what you’re praying and believing God for no matter how long it takes. Pray until God says stop, or you see manifestation of your prayers. Pray to become persistent in prayer!

**4. Faith*:*** *Romans 4:17 (KJV)* Faith hears God say it’s done, and believes it’s done.

Pray that you will stay in faith for your breakthrough and breakthrough for others.

**5. Obedience:** *Joshua 6:20 (KJV)* God gave directions to Joshua. Their victory was totally reliant upon their obedience.

Pray that you obey the instructions of God. Repent for the times you didn’t obey.

**6. Worship:** *1 Samuel 1:19-20*Worship invites God into our difficult situations.

Pray that you worship God even when going through trying situations in your life.

**7. Praise*:*** *Acts 16:25-26 (KJV)* Paul and Silas’ prayer and praise caused breakthrough.

Pray that you, as well as the Body of Christ, begin to praise God at a higher dimension resulting in breakthroughs never witnessed before and that we see God’s power manifest in miracles, signs, and wonders.

**8. Thanksgiving**:*Psalm 118:1*Focusing on what God is doing causes us to be thankful.

Pray that you begin to give God thanks for all He does and for who He is to you. Pray that you focus more on Him and not on yourself.

**Prayer Schedule**

**Date Time Location**

Thursday, June 1 6:00 – 6:30 am Prayer Line

Friday, June 2 6:00 – 6:30 am Prayer Line

Monday, June 5, 12, 19, 26 6:00 – 6:30 am Prayer Line

Tuesday, June 6, 13, 20, 27 6:00 – 6:30 am Prayer Line

Wednesday, June 7, 14, 21, 28 6:00 – 6:30 am Prayer Line

**Wednesday, June 7, 14, 21, 28 6:00 – 6:45 pm Church**

Thursday, June 8, 15, 22, 29 6:00 – 6:30 am Prayer Line

Friday, June 9, 16, 23, 30 6:00 – 6:30 am Prayer Line

**Prayer Line: 1-605-313-4822 Access Code: 710906#**

**“Pray without ceasing” I Thessalonians 5:17 (ESV)**

**“Breakthrough”**

Thursday, June 1 – Friday, June 30

Fasting Guidelines

**Fast Begins:** Thursday, June 1st at 12:00 am

**Fast Ends:** Friday, June 30th at 5:00 pm

**Type of Fast:** Daniel

**Daniel 10:2-3 (KJV)** In those days I Daniel was mourning three full weeks. 3. I ate no pleasant bread, neither came flesh nor wine in my mouth, neither did I anoint myself at all, till three whole weeks were fulfilled.

**Permissible Foods:** Daniel Fast is devoid of animal products and preservatives.

Fresh or frozen fruits, and vegetables, 100% juices (no sugar added), vegetarian burgers, beans, brown rice, yams, nuts, seeds, seasonings, small amounts of olive oil, broths, barley, grains, oatmeal.

**Foods to Avoid:**

No fried foods, sweets, sugary drinks, meats, dairy products, cheese, eggs, milk, gum, snacks, seafood, protein bars, white potatoes, caffeinated or alcoholic drinks, energy drinks, salad dressings made with dairy products, sugar substitutes, breads.

**Other Types of Fasts:** Please choose the fasting type that’s feasible for you. The choice is yours! Remember…these are only suggestions.

1. Fast from sunrise to sunset. (Example: from 6 am - 6 pm)

2. Eat one meal per day

3. Skip one meal per day

4. All Liquid Fast – water, broths, 100% juices, fruit, and vegetable smoothies.

5. Water Only Fast

**But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. *Matthew 4:4 (KJV)***

**Suggested Strategies**

1. Set a specific time to spend with the Lord daily.
2. Begin and end each day in prayer.
3. Connect with an accountability partner.
4. **Stop the noise!** Unplug from all electronic devices, cell phones, iPad, computers (except as needed for work and school), all social media, Tik Tok, Facebook. Twitter, TV, etc.
5. Fill your spirit with the Word. Watch Christian movies and listen to Christian music as well as the Bible on audio. Refrain from watching secular TV and movies and listening to secular music!
6. Study to be quiet and to listen; to hear with the intent to obey.
7. Spend more time than usual reading and meditating on the Word.
8. Read a chapter of Proverbs each day and remember a verse from that chapter.
9. Spend time in thanksgiving, praise, and worship.
10. Take prayer walks.
11. Journal your experiences, revelations, and expectations throughout this fast. You’ll be able to look back and see how you advanced or grew during this time of consecration,
12. Pray daily for your family and salvation for those who don’t have a relationship with the Lord. “BUT GOD!”

**Additional Scriptures**

Psalm 37:4 Luke 18:1-8 Philippians 4:19 Matthew 11:12

Isaiah 54:17 Acts 1:8 Ephesians 6:17-18 2 Timothy 3:16

Hebrews 4:12 Micah 2:13 2 Corinthians 9:8 2 Chronicles 20:21-23

John 8:31-32 Hebrews 13:5 Isaiah 55:7-10 2 Corinthians 12:9

Feed the Spirit ………………………………… starve the flesh!

**At Family Worship Center Church International, we are not requiring this fast. It is strictly voluntary. We are not asking anyone to do anything that is inconsistent with your dietary needs or against the recommendations of your medical doctor.**