



# Is This It?

## Is This It? You Are Not Alone – Ron Williams

May 2-3, 2026

### **Sermon Recap:**

BIG IDEA: The Lord is both the God of the MOUNTAINS and the Lord of the VALLEY.

1. The Lord is WITH ME in the valley.
2. The Lord is LEADING ME to and through the valley.
3. The Lord has a GOOD PURPOSE for my valley.

### **Life Group Questions:**

Starter Question: What stood out to you about this weekend's message?

- 1 - What have you thought about this series so far? What takeaways have you gained?
- 2 - Pastor Ron mentioned that valleys are the difficult places we never planned to be. What "valleys" have you walked through or are currently walking through?
- 3 - What lessons have you learned from your own experiences of going through a valley?
- 4 - Even in the valleys, The Lord is with us. When you experienced a "dark valley" how did you feel God's presence during that time?
- 5 - How can you comfort a friend who is currently walking through a "dark valley"? What is helpful and what is not helpful?
- 6 - Read 2 Corinthians 4:16-18 together. What stands out to you from this passage? What does it look like for us to fix our eyes on Jesus in the valley?

**Prayer:** *Lord, thank You that You are the Great Shepherd who never leaves my side. Even when I walk through the darkest valleys of life—filled with fear, loss, or stress—I will not be afraid. I trust that You are with me, and Your rod and staff provide me with protection and comfort. Strengthen me and help me to know that I am safe in Your care. In Jesus' name, Amen.*