

# JESUS IS ENOUGH

## Christ Makes Us Mature – Adam Smith

February 28-March 1, 2026

### Sermon Recap

BIG IDEA: Spiritual maturity is less about becoming a GOOD PERSON, and more about becoming LIKE JESUS.

1. Christ matures us through HIS SPIRIT. – v. 1:27,29
2. Christ matures us through SUFFERING. – v. 1:24
3. Christ matures us through INTENTIONAL COMMUNITY. – v. 1:29–2:5

### Life Group Questions

**Opening Question:** What has stood out to you from this weekend's message?

1 - When you hear the phrase "spiritual maturity," what images or assumptions come to mind? How did the sermon challenge or reshape that understanding?

2 - Read Colossians 1:29 together as a group. Paul says he works hard, but with Christ's energy working through him. Where might God be inviting you to shift your energy source right now?

3 - How can you allow the Holy Spirit to strengthen and sustain you this week?

4 - Adam shared how suffering can become redemptive/repurposed rather than merely something to escape or avoid. How does that idea sit with you personally?

5 - Can you think of a time you endured suffering that resulted in growth or clarity in your faith? Share about the experience and what you gleaned from it.

6 - What is one concrete step you could take this week to be more intentional in your community?

**Prayer:** Of the three tools mentioned, have everyone share where you would like them to pray (surrender to the Spirit, trust in suffering, or more intentionally engage community). Take time to pray through their specific circumstances.