



Each weekly GriefShare meeting focuses on a topic important to the grief recovery process: You can join us anytime.

Saturday @ 10 AM 2023

8/5	IS THIS NORMAL?
8/12	CHALLENGES OF GRIEF
8/19	THE JOURNEY OF GRIEF – PART 1
8/26	THE JOURNEY OF GRIEF – PART 2
9/2	GRIEF AND YOUR RELATIONSHIPS
9/9	WHY?
9/16	GUILT AND ANGER
9/23	COMPLICATING FACTORS
9/30	STUCK
10/7	LESSONS OF GRIEF – PART 1
10/14	LESSONS OF GRIEF – PART 2
10/21	HEAVEN
10/28	WHAT DO I LIVE FOR NOW?

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"I will turn their mourning into gladness; I will give them comfort and joy instead of sorrow." Jeremiah 31:13