



Things God Never Said - pt 4

“Rest in the Lord”

(Psalm 46:10)

Sunday, March 15, 2026

5-Day Devotional: Be Still - God's Sovereignty in the Storm

Day 1: The God Who Loves Throughout Your Lifetime

Reading: Isaiah 46:3-4; Psalm 139:1-18

Devotional: God's love has no expiration date. Isaiah 46:4 declares, "I will be your God throughout your lifetime until your hair is white with age." This isn't a love that fades with wrinkles or weakens with age. God doesn't see you as you see yourself in the mirror—diminished, graying, or past your prime. He sees the soul He created for eternity. His commitment to you extends beyond your earthly years into forever. When you look at your life today, whatever season you're in, remember that God's love isn't conditional on your youth, strength, or productivity. He made you, He carries you, and He will save you—from beginning to end and into eternity.

Reflection: Where in your life do you need to trust God's enduring love today? How does knowing His love has no limits change your perspective on aging or life transitions?

Day 2: Choosing the Jesus Way in a Chaotic World

Reading: Matthew 5:38-48; Romans 12:9-21

Devotional: In a world marked by chaos, division, and retaliation, Jesus calls us to a radically different path. "If you curse me, then I will bless you. If you hurt me, I will forgive." This isn't natural—it's supernatural. The Jesus way means responding to hatred with love, to injury with grace, to hostility with blessing. This countercultural approach only makes sense when we recognize that our treasure isn't earthly approval but Christ Himself. When nations war and kingdoms crumble around us, our response reveals whose we are. Choosing the Jesus way doesn't mean weakness; it means drawing on divine strength to overcome evil with good. It's surrender to a better kingdom.

Reflection: Who in your life is difficult to love right now? What would it look like to choose the Jesus way in that relationship today?

Day 3: God Commands the Storm

Reading: Mark 4:35-41; Psalm 46

Devotional: When the disciples panicked in the storm, Jesus didn't simply comfort them—He commanded the chaos. "Silence! Be still!" The same God who speaks peace to your anxious heart also has absolute authority over the circumstances causing your anxiety. Psalm 46:10 isn't a gentle invitation to relax while the storm rages; it's God's emphatic declaration to the warring forces: "Be still and know that I am God!" The winds, waves, nations, and powers must submit to Him. This changes everything. Your peace doesn't depend on calm circumstances but on the God who controls all circumstances. He may allow you to experience the storm, but He holds it in His hand.

Reflection: What storm are you facing today? Instead of asking God only for peace, can you trust that He has complete dominion over your circumstances?

Day 4: Anxious for Nothing Because He is Everything

Reading: Philippians 4:4-9; Isaiah 43:1-7

Devotional: "Don't worry about anything. Instead, pray about everything." This isn't positive thinking—it's powerful theology. We can be anxious for nothing because God is sovereign over everything. He has called you by name. He has ransomed you. You are His. The command not to fear isn't dismissive of real struggles; it's grounded in the reality of who God is. When you bring your needs to Him with thanksgiving, you're acknowledging that He's already been faithful and will continue to be. His peace, which transcends understanding, becomes a guard around your heart and mind. This divine peace isn't the absence of trouble but the presence of God in the midst of trouble.

Reflection: Make a list of your current worries. Bring each one specifically to God in prayer, thanking Him for His faithfulness and asking for His guarding peace.

Day 5: Rest in His Control, Not Calm Circumstances

Reading: Romans 8:28-39; Hebrews 4:9-11

Devotional: Biblical rest isn't about escaping difficulty—it's about trusting God's control in difficulty. Romans 8:28 promises that God works all things for good, not that all things are good. The difference is profound. You may walk through war, sickness, loss, or spiritual battle, but God's sovereignty means nothing spins out of His ability to hold it. His enemies will be stilled. Cancer cannot win. Death cannot win. The God who says "Be still" to nations and nature says the same to every force that threatens your soul. Your rest comes not from peaceful circumstances but from knowing the God of peace commands all circumstances. Trust Him today—not just for comfort, but for complete control.

Reflection: What would change in your life if you truly believed God has dominion over everything you're facing? How can you actively rest in His control today?

Closing Prayer:

Lord, You are the God who loves us throughout our lifetime and into eternity. Help us choose Your way even when the world chooses chaos. Remind us that You command the storms we face and that our peace comes from Your sovereignty, not our circumstances. Guard our hearts from anxiety as we trust that You are working all things for our good. May we rest not in calm waters, but in Your complete control. In Jesus' name, Amen.