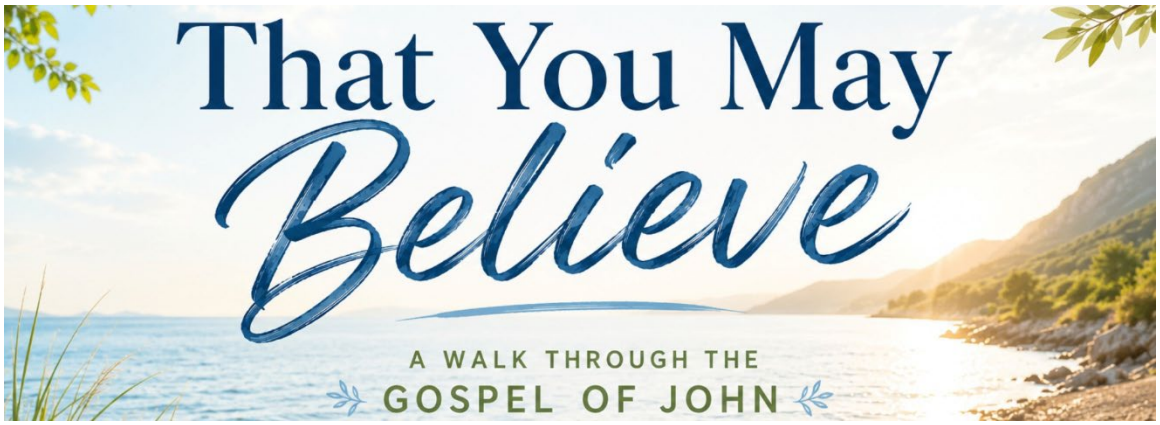


That You May Believe: A Walk Through the Gospel of John - Wk 23

(John 14:1-14)

Sunday, November 1, 2026

5-Day Bible Reading Plan and Devotional Guide

Day 1: Day 1: When Your Heart Is Troubled

Reading: John 14:1-4 — Jesus urges his disciples not to let their hearts be troubled, calling them to trust in both God and himself, and assuring them that he is going ahead to prepare a place for them in his Father's house.

Devotional: Anxiety has a way of arriving uninvited. Jesus spoke these words not to dismiss the very real distress his disciples were feeling, but to redirect their focus. They had just received devastating news. Betrayal was coming. Denial was coming. Death was coming. And yet Jesus said, do not let your hearts be troubled. He did not say the trouble was not real. He acknowledged it fully and then pointed beyond it. The same is true for you today. Whatever news you have received, whatever unknown is pressing against your chest, Jesus is not asking you to pretend it is not there. He is asking you to trust him through it. Anxiety grows when we attempt to carry what only God can hold. Bring it to him. He is not surprised by what you are facing, and he has already gone ahead to prepare the way.

Personal Reflection: What specific worry or anxiety have you been carrying that you have not yet surrendered to God in prayer?

Practical Application: Write down the thing that is troubling your heart most right now. Then write the words "I trust you" beneath it. Place it somewhere visible as a daily reminder that God holds what you cannot.

Day 2: The Promise of Eternity

Reading: Hebrews 6:19-20 — The author of Hebrews describes hope as a strong and trustworthy anchor for the soul, one that leads into God's inner sanctuary, where Jesus has already gone as our forerunner and eternal high priest.

Devotional: The promise of eternity is not a consolation prize for a hard life. It is the very foundation upon which a believer stands. Jesus told his disciples there was more than enough room in his Father's house, not as a real estate transaction, but as a declaration that no one who comes to him will ever be turned away. The image of the ancient family compound is instructive. Everyone belonged. Everyone had a place. No one was excluded. Jesus went to the cross to open that door, and he entered heaven as our forerunner, our high priest, interceding on our behalf even now. The anchor of your hope is not wishful thinking. It is secured in the finished work of Christ and the historical reality of his resurrection. Your place is not in question. It was purchased.

Personal Reflection: How often do you allow the certainty of eternity to shape the way you respond to difficulty in your daily life?

Practical Application: Spend five minutes today meditating on the truth that Jesus is actively interceding for you right now. Let that reality settle into the places where you feel most alone or unseen.

Day 3: I Am the Way

Reading: Acts 4:12 — Peter declares before the religious council that salvation is found in no one else, for there is no other name under heaven given to mankind by which we must be saved.

Devotional: When Jesus told Thomas, I am the way, he was not offering a suggestion among many options. The definite article is intentional. He did not say I am a way. He said I am the way. In the ancient world, a path up a mountain was not something you invented as you climbed. It was established, marked, and trusted because someone had gone before. Jesus is that path. He has gone before. He has marked the route with his own blood, and he has proven its reliability through his resurrection. The exclusive nature of this claim is not narrow-mindedness. It is mercy. God did not leave us to wander and guess. He gave us a clear and certain way home. The question is not whether the way exists. The question is whether you are walking in it.

Personal Reflection: Have there been moments when you have tried to find your own way rather than trusting the one Jesus has already established?

Practical Application: Identify one area of your life where you have been relying on your own wisdom or strength rather than surrendering to God's direction. Commit that area to him in prayer today.

Day 4: I Am the Truth

Reading: Psalm 119:142 — The psalmist declares that God's righteousness is eternal and that his law is true, establishing God himself as the unchanging standard of all that is right and real.

Devotional: We live in a world that treats truth as a personal preference. Culture tells us that truth is whatever feels most authentic to the individual. But Jesus made a staggering claim when he said, I am the truth. He was not presenting a philosophy or a moral framework. He was declaring himself to be the very source and essence of all truth. This means that everything he says about who you are, what you are

worth, what you need, and where you are going can be trusted completely. You do not have to wonder whether his words will hold. You do not have to fact-check his promises. When Jesus speaks, he speaks from the foundation of all reality, because he is that foundation. Anchor your life to what he says about you, not what the world says.

Personal Reflection: Which lies have you been believing about yourself, your circumstances, or your future that contradict what Jesus says is true?

Practical Application: Find one promise in Scripture that directly addresses a lie you have been believing. Write it down and speak it aloud each morning this week as a declaration of what is actually true.

Day 5: I Am the Life

Reading: John 10:10-11 — Jesus contrasts the thief who comes to steal, kill, and destroy with himself, declaring that he came so that his people might have life and have it to the full, and that he is the good shepherd who lays down his life for his sheep.

Devotional: Of all the things that produce anxiety in the human heart, death stands at the top of the list. We do not know when it is coming. We cannot control it. And for many, the uncertainty of what lies beyond it is terrifying. But Jesus, standing among disciples who were about to watch him die, said, I am the life. He did not say he had life to offer, though he does. He said he is life itself. The disciples had not only heard him say this. They had watched him call Lazarus out of a tomb. They had seen authority over death demonstrated in real time. And then Jesus himself walked out of his own tomb three days after his crucifixion. The one who conquered death is the same one who says to you today, do not let your heart be troubled. He is not offering you a longer version of what you already have. He is offering you true life, life that death itself cannot touch.

Personal Reflection: In what ways has the fear of death or loss been limiting the fullness with which you are living your life in Christ?

Practical Application: Take a few moments today to thank God specifically for the gift of eternal life. Then identify one way you can live more fully and freely this week, trusting that your life is held in the hands of the one who conquered the grave.