

Care Ministry Resource List

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ADDICTION

AA – Alcoholics Anonymous

www.aa.org/

(provides info for all AA locations)

206.587.2838 (24 hr)

CoHear/BCS

<https://coheargroup.com/>

425.283.1313

Sexual Addictions

Al-Anon, Al-ATeen

<https://al-anon.org/>

206.625.0000 (24 hr.)

Narcotics Anonymous

<https://na.org/>

Seattle area 24 hour

855.464.7477

206.790.8888

Northshore Youth and Family Services

www.northshoreyouthandfamilyservices.org/substance-use-counseling/

425.485.6541

Evergreen Recovery Centers – Everett and Lynnwood

<https://evergreenrc.org/locations/>

425.493.5310 Everett

425.248.4900 Lynnwood

Eastgate Public Health Center

<https://kingcounty.gov/en/dept/dph/health-safety/health-centers-programs-services/public-health-centers/eastgate>

206.477.8000

Suboxone/buprenorphine treatment for adults with Opioid Use Disorder

Fairfax Hospital

www.fairfaxhospital.com

425.821.2000

800.435.7221 (24 hour line)

Lakeside Milam Recovery Center

www.bestaddictionrehab.com

833.651.1818

Drug and alcohol rehab

Detox residential services

HealthPoint

www.healthpointchc.org/

Substance Use Disorder Care

Salvation Army

www.salvationarmyusa.org/usn/rehabilitation/

SAMHSA – Substance Abuse & Mental Health Services Administration (WA State)

www.hca.wa.gov

360.725.1500

CLOTHING/HOUSEHOLD ITEMS

Clothes for Kids

www.clothesforkids.org

Any child in Snohomish SD or NorthshoreSD who qualifies for free/reduced lunch can shop

425.741.6500

Washed

www.washedmobile.org

Clean/wash clothing and provide new & nearly new clothing to the homeless as needed.

Everett and Lynnwood

425.334.9422

The King's Clothing Closet

office@ctksnohomish.com

Provides free, gently used clothing to all in the Snohomish County community.

3rd Saturday 10:00am-1:00pm and 1st Friday of each month 10:00am-12:00pm.

360.568.7271

YWCA Working Wardrobe – Everett

<https://www.ywcaworks.org/programs/working-wardrobe>

425.258.2766

Available by appointment only. Clients should call in advance to schedule an appointment or book an appointment online. No income verification or voucher needed. Up to 4 visits allowed per year.

Treads and Threads

<https://cpptsa.org/programs-activities/threads-treads/>

425.478.7917

Free clothing for NSD families

Open every Wednesday 3-6pm except when school is out. Open 1st Saturday of each month from 9-12 during the school year.

DENTAL – LOW INCOME

Eastgate Public Health Center Dental Clinic

<https://kingcounty.gov/en/dept/dph/health-safety/health-centers-programs-services/public-health-centers/eastgate>

206.477.8000

HealthPoint

<https://www.healthpointchc.org/>

Redmond Clinic

Bothell Clinic

425.486.0658

425.882.1697

Lahai Dental

www.lahai.org

206.363.4105

DIVORCE/DOMESTIC VIOLENCE/SEXUAL ASSAULT

National Domestic Violence Hotline

800-799-SAFE (800-799-7233)

National Coalition Against Domestic Violence

www.ncadv.org

Advocacy organization

Childhood Domestic Violence

www.cdv.org

Help for those who experienced childhood domestic violence

National Teen Dating Abuse Helpline

866.331.9474

www.loveisrespect.org

Dating, healthy relationships, personal safety

LifeWire - Together Against Domestic Violence – Eastside

<https://www.lifewire.org>

24-hour Helpline: 425.746.1940 or 800.827.8840

New Beginnings

www.newbegin.org

24-hour crisis line: 206.737.0242

Domestic violence shelter and support

Salvation Army

<https://www.salvationarmyusa.org/usn/stop-domestic-abuse/>

Crisis Clinic

866.427.4747

www.crisisclinic.org

<https://www.crisisconnections.org/get-help/>

Crisis Line 24/7

206.461.3222

People are available to talk with about anything hard in your life

Volunteers of America

www.voaww.org

425.259.3191

Snohomish County

National Sexual Assault Hotline

800.656.HOPE

www.rainn.org

Divorce Recovery

www.divorcecare.org

425.821.5252

Divorce care groups at Northshore throughout the ministry year

FINANCIAL COACHING/TAX PREPARATION

Hopelink

<https://www.hopelink.org/programs/financial-capabilities/>

<https://www.hopelink.org/programs/family-development/>

FOOD INSECURITY

Salvation Army

<https://www.salvationarmyusa.org/usn/cure-hunger/>

Hopelink

<https://www.hopelink.org/programs/food-program/>

Washington Connection

<https://www.washingtonconnection.org/home/>

Northlake Christian Church

<https://www.northlakecc.org/helping-hands>

Grocery card applications

Volunteers of America

www.voaww.org

425.259.3191

Snohomish County

Assistance with food banks, rent and utility assistance, crisis counseling, mediation and ECEAP preschool

Northshore Senior Center

425.487.2441

<https://www.northshoreseniorcenter.org/>

Salt of the Earth Food Blessing

<https://soteblessings.org/>

We don't require any documentation, just your name & some basic information.

Everett and Snohomish

425.470.3851

Mill Creek Community Food Bank

<https://www.hopelink.org/mccfb/> Food Bank

<https://www.hopelink.org/programs/> The Market Thursdays 4 – 7:30p

Both require reservations

FUNERALS – LOW INCOME

Low-Cost Funerals/Cremations

<https://www.funeralsandcremationswa.com>

Bellevue – 206.745.9744

Marysville – 888.381.6993

GAS

St. Vincent DePaul Help Line

206-767-6449

HOUSING: ADDICTION RECOVERY

Oxford House International, Inc.

www.oxfordhouse.org

<https://www.oxfordhouse.org/house-directory>

800.689.6411

HOUSING: RENT ASSISTANCE

King Co. Rental Assistance

DCHSRentalAssistance@kingcounty.gov

Catholic Community Services

www.ccsww.org

Salvation Army

<https://www.salvationarmyusa.org/usn/rent-mortgage-and-utility-assistance/>

YWCA

www.ywcaworks.org/programs

Find Help.org

www.findhelp.org

2-1-1

www.211.org

Care Map

<https://thecaremap.org/>

Washington Connection

<https://www.washingtonconnection.org>

Northlake Christian Church

<https://www.northlakeecc.org/helping-hands>

Housing and Utility help in Bothell, Lynnwood, some Everett, Mt. Lake Terrace, and Woodinville (SnoCo only)

Volunteers of America

www.voaww.org

425.259.3191

SnoCo

Hopelink

<https://www.hopelink.org/programs/financial-assistance/>

HOUSING: REPAIRS

King County Housing Repair Low-Income Assistance

www.Kingcounty.gov

206.263.9095

HOUSING: SHELTERS

Find temporary shelters in your area

www.findhelp.org

www.homelesssheltersdirectory.org

www.211unitedway.org

<https://kingcounty.gov/en/legacy/depts/community-human-services/housing/services/homeless-housing>

<https://thecaremap.org/>

<https://www.crisisconnections.org/wp-content/uploads/2021/04/2.ESB-Emergency-Shelters-April-2021.pdf>

Salvation Army

<https://www.salvationarmyusa.org/usn/provide-shelter/>

Mary's Place Northshore

Kenmore, WA

425.788.9999

Everett Gospel Mission – Men's Shelter

<https://egmission.org/get-help/>

425.740.2550

The only shelter for men experiencing homelessness in SnoCo.

Overlake Church Safe Park

Application and background check required; single men and couples, no RVs, trailers, campers
425.895.5904

YWCA

www.ywcaworks.org/programs

HOUSING: TENANTS RIGHTS

Tenant Rights

<https://www.atg.wa.gov/residential-landlord-tenant-resources>

Statewide Eviction Defense Screening Line

<https://www.washingtonlawhelp.org/>

855-657-8387

Hopelink – Emergency Service Center

<https://www.hopelink.org/locations/>

JOB SEARCH/TRAINING

Salvation Army

<https://www.salvationarmyusa.org/usn/assist-the-unemployed/>

Casa Latina – King and Snohomish Counties

206.956.0779

Outdoor and indoor day work

English classes

Latinx resources

Urban League – For African Americans

206.461.3792

WorkSource – Seattle and King County

425.861.3700 – Redmond

206.440.2500 – North Seattle College

Provides services for job seekers and employers

Hopelink

<https://www.hopelink.org/programs/employment-services/>

HopeWorks

www.hopewrks.org

425.610.4931

Helps low-income, Snohomish County residents, achieve self-sufficiency by providing training and pathways to living-wage jobs.

Goodwill Job Training Center

<https://evergreengoodwill.org/job-training-and-education>

425.353.0957

Job Corps (ages 16 – 24)

www.jobcorps.gov

425.582.8963

On campus housing, medical coverage, meals, books, living allowance, training clothing, and training. **All free to eligible students.**

Uplift NW

<https://www.upliftnw.org/job-seekers/>

206.728.5627

LEGAL HELP – LOW INCOME

Women’s Law

www.womenslaw.org

Legal resources available to **victims of Domestic Violence**, regardless of sex or gender, based on victim’s income. Educational info as well as how to find a lawyer, Advocates and Shelters, Courthouse locations, etc.

Washington Law Help www.WashingtonLawHelp.org

Legal (non-criminal) assistance for low-income families/individuals

- *Eviction
- *Custody
- *Lending abuses
- *Gov’t benefits (SSI, TANF, Vet benefits)
- *Medical Benefits
- *Discrimination (Education/job)

Northwest Justice Project

<https://nwjustice.org/home>

Eviction Help, free legal help for renters, rent assistance

Eastside Legal Assistance Program

425-747-7274

www.elap.org

Tenant Rights

<https://www.atg.wa.gov/residential-landlord-tenant-resources>

Northwest Immigrant Rights Project

<https://www.nwirp.org/>

206.587.4009

Citizenship, Domestic Violence, Asylum, Children or Juvenile help

Washington Connection

<https://www.washingtonconnection.org/home/>

Apply for a variety of services such as food, cash, child care, long-term care and medicare savings programs.

MEDICAL – LOW INCOME

Eastgate Public Health Center

<https://kingcounty.gov/en/dept/dph/health-safety/health-centers-programs-services/public-health-centers/eastgate>

14350 SE Eastgate Way

Bellevue, WA 98007

206.477.8000

Primary care for families, well-child check-ups, immunizations, screenings, family planning/std clinic, teen clinic, maternity support/infant case management, WIC, Pharmacy

HealthPoint

<https://www.healthpointchc.org/>

Bothell Clinic

10414 Beardslee Blvd

Bothell, WA

425.486.0658

Rotacare Medical Center (free medical care)

14812 Main St (inside Hopelink)

<https://www.bellevuerotacare.org>

425.828.4304 (voicemail checked weekly)

MENTAL HEALTH/SUICIDE/EATING DISORDER/COUNSELING
988 – National Suicide Prevention Lifeline

Mental Health Crisis Hotline

206.461.3222 (24 hours)

866.427.4747 (24 hours)

Alliance of Hope for Suicide Loss Survivors

www.allianceofhope.org

Open Path Collective

<https://openpathcollective.org/>

Sliding fee

Affordable Counseling/Therapy

Northshore Youth and Family Services

www.northshoreyouthandfamilyservices.org/mental-health-counseling/

425.485.6541

HealthPoint

<https://www.healthpointchc.org/>

425.486.0658

CoHear/BCS

<https://coheargroup.com/>

425.283.1313

Fairfax Hospital

www.fairfaxhospital.com

425.821.2000

800.435.7221 (24 hour line)

NAMI – National Alliance on Mental Illness

800.950.6264

www.nami-eastside.org

425.885.6264

Snohomish County NAMI

<http://nami-sno-isle.org>

425.339.3620

Center for Discovery

11000 NE 33rd Pl, Suite #340
Bellevue, WA 98004
www.centerfordiscovery.com
833.983.3457

Eating Recovery Center of Washington

1231 116th Ave NE, Floor 3 and 8
Bellevue, WA 98004
www.eatingrecoverycenter.com
425.454.1010

Opal

www.opalfoodandbody.com

Program for adult women with eating disorders (18+ yrs old)

SAMHSA – Substance Abuse & Mental Health Services Administration (WA State)

www.hca.wa.gov
360.725.1500

SEAMAR Community Mental Health

www.seamar.org/King-bh
425.460.7114

Volunteers of America

www.voaww.org
425.259.3191

PREGNANCY/MATERNAL CARE/EARLY CHILDHOOD/ADOPTION

Eastgate Public Health Center

<https://kingcounty.gov/en/dept/dph/health-safety/health-centers-programs-services/public-health-centers/eastgate>
206.477.8000

HealthPoint

<https://www.healthpointchc.org/>
425.486.0658

WIC (Women Infant Child)

www.doh.wa.gov

For families with a child under 5 years old

WIC and First Steps Services at Totem Lake (Kirkland)

206.263.2850

Pregnancy Resource Clinic

4310 Hoyt Ave

Everett, WA 98203

425.339.2175

Next Step Pregnancy Clinic

www.nextstepnw.com

425.329.4569

Step by Step

www.stepbystepfamily.org

253.896.0903

Northshore Youth and Family Services

<https://www.northshoreyouthandfamilyservices.org/healthystart/>

425.485.6541

For **parents 24 and under with one child/first pregnancy**. Parent support groups and help with diapers, formula, car seats and other essentials.

Northshore Youth and Family Services

<https://www.northshoreyouthandfamilyservices.org/parenting-classes/>

Parenting Classes

425.485.6541

Bethany Christian Service (Pregnancy/adoption resource)

800.733.4604 – Admin/directory

800.BETHANY (800.238.4269)

CARE NET (pregnancy Clinic)

www.carenetps.org

6 locations: Federal Way, Gig Harbor, Kenmore, Lakewood, Puyallup, Tacoma

Pregnancy Crisis Clinic – Crisis Connections

206.461.3210

World Association for Children and Parents

206.575.4550

Finding families for vulnerable children. Adoption advocacy and support

Volunteers of America

www.voaww.org

425.259.3191

ECEAP Pre-school

PRESCRIPTIONS

HealthPoint

<https://www.healthpointchc.org/>

425.486.0658

GoodRx

www.goodrx.com

They also have a mobile app. Enter the name of the medication and it will show where you can get it cheapest. Often cheaper than insurance.

NeedyMeds

<https://www.needymeds.org/pap>

Save on prescriptions, help filling out Prescription Assistance Program Applications, find low-cost/free/sliding-scale clinics (medical, dental, mental health and substance abuse disorder), assist with medical transportation costs, links to government healthcare programs, savings by diagnosis

Lahai Health

www.lahai.org

206.363.4105

SENIOR RESOURCES

Catholic Community Services

www.ccsww.org

DSHS – Report Abuse and Neglect of child or vulnerable adult

866.363.4276 – 24 hours

866.ENDHARM

Verdant Health Commission – South Sno. Co.

<https://verdanthealth.org/classes-resources/community-resources/>

Community Living Connections

<https://www.communitylivingconnections.org/>

1-844-348-5464

City of Kirkland

<https://www.kirklandwa.gov/Government/Departments/Parks-and-Community-Services/Register-for-a-Recreation-Program/50-Activities-and-Services/PKCC-Van-Transportation-Information>

Senior Info Line

425.513.1900

TRANSPORTATION

Hopelink

<https://www.hopelink.org/programs/transportation/>

<https://www.findaride.org/>

Sound Generations

<https://soundgenerations.org/our-programs/transportation/>

King County Access Transportation

<https://kingcounty.gov/en/dept/metro/travel-options/accessible-services/access-transportation>

UTILITIES

Salvation Army

<https://www.salvationarmyusa.org/usn/rent-mortgage-and-utility-assistance/>

PSE Discount Programs

www.PSE.com/assistance

888.225.5773

LIHEAP Energy Assistance

<https://www.commerce.wa.gov/growing-the-economy/energy/low-income-home-energy-assistance/>

Veterans Assistance - Military One Source

www.militaryonesource.mil

800.342.9647

Hopelink

<https://www.hopelink.org/programs/energy/>

Volunteers of America

www.voaww.org

425.259.3191

VETERANS

Salvation Army

<https://www.salvationarmyusa.org/usn/serve-veterans/>

King County Veterans' Program (KCVP)

206.477.8282

<https://kingcounty.gov/en/legacy/depts/community-human-services/adult-services/veterans-servicemembers-families/programs-services.aspx>