



UPCOMING SERMONS

Ending Our Series on the Work of the Holy Spirit

July 5 (Pastor Mario)

The Holy Spirit Brings Transformation
Romans 8:12-17

**July 12 Begins a New Series:
Abundance—God's Fruit in Our Lives**

July 12 (Pastor Scott)

God Gives Us His Love
1 John 4:7-21

July 19 (Pastor Scott)

God Gives Us His Joy
Psalm 4

July 26 (Pastor Scott)

God Gives Us His Peace
Isaiah 54:4-10

August 2 (Pastor Scott)

God Gives Us His Patience
1 Thessalonians 1:2-10

August 9 (Pastor Mario)

God Gives Us His Goodness
Exodus 34:1-14

August 16 (Pastor Mario)

God Gives Us His Faithfulness
Lamentations 3:19-24

August 23 (Pastor Rick)

God Gives Us His Gentleness
John 4:1-26

August 30 (TBD)

God Gives Us His Self-Control
Mark 9:42-50

SECOND OFFERING SCHEDULE

Every Sunday the offering bags are passed twice. The first offering goes to The River Life (or General) Fund. This is for the normal operation of the church. The second offerings are designated for a special purpose or for one of our Kingdom Partners.

July 5: Benevolence

July 12: Christian Education Fund

July 19: Missions

July 26: Safe Families

Aug 2: Benevolence

Aug 9: Christian Education

Aug 16: Missions

Aug 23: Inherit The Earth

Aug 30: To Be Determined

Elgersmas Ask For Prayer

By Kristin Elgersma

"Dear River Family,

I have been dealing with some health issues the last few months. During a colonoscopy, the doctor discovered a mass which was found to be cancerous. After several scans, biopsies and tests some small spots of cancer were also found on my lungs. We, along with my doctors, are hopeful for a positive outcome and have now decided on a plan of treatment. I will begin chemotherapy in a couple of weeks.

Would you please join us in praying for complete healing, strength during chemo, wisdom for medical staff and peace for our family during this time of uncertainty? We thank you for your support and care and see God's loving hand in so many places on this journey already!"

We are so grateful for you all.

The Elgersma Family

James Verhoeven Suffers Severe Fall Undergoes Emergency Surgery

By Pastor Scott

On Monday, June 22, James fell while at the gym and suffered an injury. He had emergency surgery to his spinal cord to alleviate compressions in the neck and spinal cord, causing the numbness to his limbs. The surgery went well and as expected. James' recovery will be tough and long as his body heals from both the fall and the surgery.

Following surgery James has had some progression in his movement and recovery. Although they have a long road ahead, they are hopeful that through a lot of hard work and therapy that many positives are in front of him. Their word for today is "amazing," spoken by a therapist who saw the effort and progress of James in their session.

Please pray that as James anticipates being released to a rehabilitation facility that a bed opens up at a facility in Loma Linda. There are other facilities in the area, but this one would be the closest and is most attractive for the family to provide support.

James and Karen are grateful for your prayers and have felt the encouragement and love from the community. Continue to lift them up that God might surprise them with beautiful things even in challenging circumstances.

LEGACY NIGHTS BEGINS AUGUST 26
PLEASE NOTE: ADULT CLASSES WILL BEGIN
THE FIRST NIGHT

Legacy Nights will begin Wednesday, August 26. Please note, this year adult classes will begin the first night. In prior years, adults did not meet the first night. Middle School and High School Youth Groups meet at alternative times. Legacy Nights meets the second and fourth Wednesday of each month except in November and December when the fourth Wednesday is too close to Thanksgiving and Christmas.

On Legacy Nights evenings, dinner will be offered at 5:15 PM. At 6:00 PM, the children do fifteen minutes of Praise and Worship. Classes start at 6:15 PM and go until about 7:45 PM.

There will be two classes for adults: Chatty Crafts with Teri Heemstra and the Ray VanderLaan Discipleship video and discussion series led by Don Bueermann and David Oliver.

The Ray VanderLaan Discipleship Series is very interesting and informative. VanderLaan explores various biblical texts in their cultural context, shedding light on how Jesus's disciples would have understood each passage given their first century surroundings and Jewish culture. This brings a richer understanding of the text and deepening sense of what it means to be a contemporary disciple of Jesus.

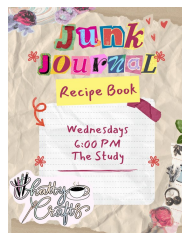
Adult Legacy Night Schedule:

August 26 - The Father's House
 September 9 - The Covenant
 September 23 - The Finest Flour
 October 14 - The Image
 October 28 - The Coin
 November 11 - The Cry
 December 9 - The Descendant

IT'S A RECIPE BOOK SUMMER
WITH CHATTY CRAFTS!

By Teri Heemstra

YOU ARE INVITED to join Teri for Chatty Crafts EVERY WEDNESDAY at 6pm. This summer we are coming together and making JUNK JOURNAL RECIPE BOOKS, so bring your favorite recipes and come put together your very own handcrafted recipe book! We will be meeting in the study at The River every Wednesday night at 6pm. Please invite your friends. EVERYONE IS WELCOME!



Senior Fellowship Luncheon
Old Fashioned Church Picnic
Friday, July 24, 11:30 AM



*Doors Open for Dominoes, Games,
 Coffee and Fellowship
 at 10:00 AM*

Theme:

*Celebrating America's 250th Anniversary
 Fried Chicken, Potato Salad, Ambrosia Salad,
 Baked Beans, Rolls, and Watermelon*

*Come prepared for good food, great fellowship,
 and a fun activity!*

*Don't forget to dress for the occasion:
 Overalls, Jeans, Plaid Shirt and Tops & Straw Hats
 and/or Patriotic Attire*

*There will be sign-up sheets in the lobby
 Sundays July 12 & 19.*

Upcoming Summer Events
(Mark Your Calendars)



If you do not have access to a computer or QR Codes, please call the church office to sign up for these events 909.798.2221.

Pancake Breakfast—July 4, 7:30-10:00 AM

Start your Independence Day with us at our annual 4th of July Pancake Breakfast! Join us from 7:30–10:00 AM for a delicious morning of pancakes, great company, and festive fun.

Bring your family and friends as we gather to celebrate, connect, and kick off the holiday together. Whether you stay for a quick bite or linger over coffee and conversation, we'd love to see you there!

All Church Potluck— July 12, after Service

Join us for an All Church Potluck—a wonderful opportunity to gather, share a meal, and enjoy time together as a church family! Bring your favorite dish to share and come ready for great food, meaningful conversation, and connection across all ages.

Whether you love to cook or just love to eat, there's a place for you at the table. We can't wait to spend this time together!

For the potluck, follow this breakdown for what to bring:

A-G: Salad or Side
 H-S: Main Dish
 T-Z: Dessert

The River World Cup: July 31, 6:00-7:30 PM

Gather your crew and join us for a high-energy evening filled with team challenges, laughs, and a little healthy rivalry. If you don't compete, come and watch the fun and enjoy the fellowship.

**PLEASE NOTE:
SUMMER NEWSLETTER COMBINES
JULY/AUGUST**

This summer, the July and August newsletter is combined into one. The next newsletter will come out at the last Sunday of August or the first Sunday of September. Have a great summer and enjoy yourselves.



**The River Celebrates Lives of Dick Dirksen,
Wanda Bachman, and Laurel O'Brien**

Dick Dirksen's family invited members of The River to celebrate his life at a graveside service at Hillside, Friday, June 5. Pastor Rick officiated and brought the message. Dick's daughter Char shared memories and Melinda read a piece called, "Man of God." Jeff Mercer assisted Dick's granddaughter, Alina, in leading those attending in singing How Great Thou Art and Amazing Grace. There was a reception at The River House following the service.



Family, friends, and members of the congregation gathered at the church for Wanda Bachman's Celebration of Life Saturday, June 13. Pastor Scott officiated and brought a message from Philippians 4:4-9. Pastor Rick read a tribute to Wanda written by her husband, Greg, and shared a few memories. Jeff Mercer led the congregation in singing Amazing Grace, Shout to the Lord, and the Revelation Song. The family also prepared a slide show with some of their favorite pictures. There was a reception following the service. Pastor Rick had done Wanda's graveside service at Hillside on Wednesday, May 27.



Laurel O'Brien's Celebration of Life was held Saturday, June 27. Pastor Rick opened the service and prayed. Jill Leonard and Teri Heemstra led the congregation in worship singing Trust in God, Blessed Assurance, and Come Thou Fount. After the family shared memories, David O'Brien, Jill, and Teri sang The Goodness of God and there was a slideshow. Pastor Scott brought the message from Titus 2:11-13. The service closed with the congregation singing It Is Well and Pastor Scott offering blessing. Following the service there was a reception in the fellowship hall with cookies, fruit, and vegetables.



**2026 CONGREGATIONAL
MEETING**

join us august 30, 2026 at 11:00am

The 2026 Annual Congregational Meeting will be held Sunday, August 30, in the sanctuary immediately following the morning service. The meeting will include selection of new elders and deacons, a review of finances and presentation of the 2026-2027 budget by the Deacons and Administration Team, and a report from Pastor Scott on the life of the church. Be sure to mark your calendars and prepare to attend this important event.

**Steve Wunderink, Missionary to Egypt
Facing Several Health Issues**

Pastor Scott reached out to Steve Wunderink, a missionary to Egypt that The River supports (along with his wife Frankie), to check up on how they are doing. He informed Pastor Scott that he had taken a trip to Thailand, a place where he could receive some medical care for some discomfort he was experiencing. Here was Steve's reply to Pastor Scott:



"It was supposed to be a quick checkup due to some stomach issues and weight loss. Bangkok is famous for its medical tourism and Resonate insurance covers it here. Initial PET scan showed three troublesome areas: pancreas, thyroid, and prostate. The prostate after further checks is enlarged but not cancerous. The thyroid ended up being cancerous and I will have to have the right side removed, but it is 95% success rate in taking care of the cancer with that surgery. The pancreas was the biggest worry because my grandfather died of pancreatic cancer and it is a genetic thing. But a long day of testing yesterday (Tuesday) proved that it was not cancerous and my stomach issues was caused by a bad gallbladder which I will have to have removed.

My doctor comes this morning to discuss scheduling the surgeries. I will for sure have the gallbladder taken care of while here but the thyroid I will probably wait. The Dr. said it was no problem to wait 4-5 months to have it removed."

Please pray for Steve in the challenges he faces in surgery and treatment. Pray for full and complete healing. Pray that Frankie knows the Spirit's strength and support as she cares for Steve in the weeks ahead.

CarePortal Update for March – April 2026

By Debbie Bueermann

- This 16-year-old was preparing to return home but experienced a setback through no fault of her own and was placed in a group home. Her social worker describes her as compliant, articulate, and honest, though she is still recovering from significant trauma. She loves reading and wanted a library card, but transportation and the need for a responsible adult, created a barrier. Instead, the request was for an Amazon gift card so she could order a few books, and staff agreed to ensure the selections were age appropriate. An Amazon gift card was provided.
- A grandmother caring for three young grandchildren requested a toddler mattress and two dressers. She took them into her home to keep them together and is pursuing adoption. These items were ordered and delivered.
- Moreno Valley School District was seeking support for a local family facing serious medical hardship. The mother recently left her job to care full-time for her 12-year-old son, who has brain cancer and requires ongoing treatment and constant care. He cannot safely go to places like laundromats because of his weakened immune system. Her adult children quit college and are now working full-time to help pay the bills. Their washing machine was broken, and the dryer was only partially working. This made it difficult to keep clothing, bedding, and linens clean. Both were purchased and delivered.
- The family had a 14-year-old child who was diagnosed with epilepsy and intellectual disabilities requiring 24-hour care and supervision for all activities of daily living. The family requested a dining table, four chairs and a couch. Those items were delivered.
- A bunk bed, mattress and dresser were delivered to this family who recently relocated from out of state. Dad is employed and the mother provides daily care for their 6-month-old with medical issues while also meeting the complex developmental, medical and behavioral needs of her eight-year-old son.
- A single father who remained compliant with alcohol testing, counseling, and attending AA meetings was allowed unmonitored visits with his children. His request was for a working refrigerator to keep food fresh and provide meals during visits. He was willing to accept any working refrigerator. This support would help move him closer to reunification with his children. A small refrigerator was purchased and delivered.
- This mother has been working so hard to make a good life for her children after removing them from a domestic violence environment. She has acquired certificates as a Project Manager with The Small Business Administration and is training for a position with a local bank so that she can add to her only source of income. While attending The Dream Center food pantry she spoke to one of their volunteers. After that in-person meeting, it was determined she needed beds. Beds were provided along with kitchen supplies (dishes, glasses, silverware, etc....).
- This young woman recently turned 18 and is currently participating in extended foster care. She has been through significant trauma and is a survivor of human trafficking. She was trafficked by a licensed foster parent, which is shocking. The youth persevered and recently graduated high school. She has plans to go to college. Due to her high achievements, she was accepted into an apartment program for transitional age youth. She needed multiple items for her new apartment. These items were provided.
- A Riverside Unified School District Student Rep met with a student who had been on her radar for some time. Upon meeting with the student, she learned that her family had to move in with another family to make ends meet. There are now 6 children in the home which requires the student to help with childcare. Another stressor was food scarcity. The Rep offered community food resources as well as other resources that may be needed for school supplies, hygiene products, etc. The request was for a food card, and it was provided.
- This young mother gave birth to a very sick child. The request was for a crib and a stroller. They were purchased and delivered.
- The social worker asked for twin beds for a mother who had worked hard to regain custody of her 3- and 5-year-old children. The beds and bedding were delivered.
- The Refuge Pregnancy Center in Indio requested a car seat and various baby supplies for one of their moms. She is a single mother raising five little ones all under the age of 10 and needed a little extra support. These items were purchased on Amazon and delivered to the center.



- I received a request from the Assistant Principal at Franklin Elementary School for a new pair of pants. She had seen a 5th grader wearing the same pants daily. When she asked him why, he told her they were his only pair. The River Church provided a gift card for him to buy new clothes.
- This request came from Corona Norco School District. The request was to support two school-aged children who were facing transportation barriers due to changes in their parents' work schedule. A donor offered to provide one bicycle, but the family still needed a second bicycle, along with two helmets, and two locks. The second bicycle and other security devices were bought and delivered.
- A 5th grade student from Franklin Elementary School was attending school with his shoes taped together. I immediately went through my collection of good quality used shoes and delivered a pair that was slightly too big. The next day The River Church provided a new pair of Nike shoes in his size. The first pair will fit him next school year.
- A couch, 2 beds, a dresser, a desk, multiple kitchen supplies, towels, bedding and a Walmart gift card was delivered to a single mother who had acquired an apartment. She had worked for over a year to regain custody of her daughters. I received a text 6 weeks later indicating her gratitude to The River Church for all the items and to let us know that her girls were home! Thank you River Church!
- The minor in this request has an uncle who has stepped in to care for his niece full-time while his sister (her mother) is getting the support she needs. Minor's uncle was able to purchase a bed frame and mattress for his niece but didn't know the bed came without a boxspring. The River Church was able to use the link provided by the agency to buy the boxspring and have it delivered. The River's CarePortal ministry also sent her pink and purple bedding!
- A single mother with a toddler and currently cooperating with DCFS in keeping her daughter safe and providing a nurturing home requested a toddler bed and safety tent. She requested these items so her daughter could start the healing process of dealing with her trauma.
- A single mom of 3 children had been doing everything necessary to reunify with her kids. She completed her programs/services and was working 2 jobs to save enough to be able to secure housing when her kids are returned. She was granted unsupervised time with her kids and requested a few gift cards to take them someplace special during their visits. Certificates were sent so she could treat her kids to a little something special.

Thank you River Church.

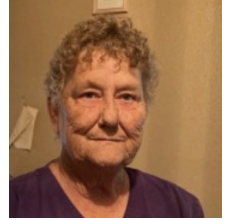
Debbie Bueermann

Andres and Angelica Prins Spoke During Worship and Luncheon Sunday, June 14

Andres and Angelica Prins, missionaries to Morocco that The River supports, spoke briefly during worship, Sunday June 14, and then at a luncheon following the service. Andres works with the Eastern Mennonite Missions' Christian/Muslim Relations Team. Angelica hosts several sewing and needlework classes where she is able to build relationships and slowly share the gospel. They are on a couple of months home assignment. After being in Redlands, they headed for Pennsylvania to be with family there. Andres is also hoping to have a medical procedure done there. Please pray for the scheduling and success of the procedure.



Grace Florence
September 12, 1952—June 23, 2026



Grace Florence passed away at her home Tuesday, June 23, after a lengthy hospital stay and a long fight with kidney failure. She was a member of the church for fifteen years. She was also part of the Lunch Bunch, a group that met for worship and lunch at Ross and Sandy Cooper's. She was 73 years old.

Grace was a co-worker of Eileen VanderLinde, working in the school kitchen. After they retired, Eileen reconnected with her one day while shopping and rekindled their friendship. Through that relationship Eileen invited Grace to The River and Grace became a member.

Service arrangements are pending. The family is planning to do something at the laundromat where Grace worked and had many friends and are open to a small service at the church. Please pray for Grace's children as they grieve and navigate the days ahead. It will be particularly difficult for her sons, Jack and James, who have been living with Grace.

***The River Celebrates Father's Day
with Soda Bar and Photo Booth***

On Sunday, June 21, The River celebrated Father's Day by hosting a Soda Bar and Photo Booth. At the soda bar Coke, Sprite, Orange Fanta or sparkling soda could be mixed with a variety of syrups and sweet creamers. There were some suggested mixes such as Hooked on Feeling, California Dreamin', Summer of '69, and TNT. The event was planned by Karla Whitman and Rachel Peters. Karla, Jonathan and Leighann Odenbaugh, and Paul Vela served as baristas. Debbie Bueermann and Kathy Nagelkerk helped the team clean up. Thank you to everyone who helped make the day special.



SODAS MENU

Hooked on a Feeling

The most classic of the bunch.
Coke • Lime • Cream

California Dreamin'

Nothing says Cali like oranges
Orange • creamer • vanilla

Summer of '69

Always has you wanting to go back.
Lime • Strawberry

T.N.T

Fireworks on the tongue!
Orange • Coke

Sodas:	Syrups:	Creamer:
Coke	Vanilla	sweet cream
Orange Fanta	Strawberry	other
Sprite	Lavender	
Sparkling	Salted Caramel	
	& more	

THE 5TH ANNUAL CORNHOLE TOURNAMENT!
By Teri Heemstra

The Hospitality & Community Events Team would like to thank everyone who joined us for the 5th Annual Cornhole Tournament! With over 100 attendees, this year's event was a fantastic success. We are so grateful to all our vendors including the Berdoo Baggers, The DeWeerd Family, Happyboy Burgers and The Green Pig for coming alongside our efforts to raise money for the Christian Education Fund. With ticket sales, the raffle and the 10% donated by our food vendors we were able to raise over \$2000. We hope you all had a fantastic time and we are so glad that so many of you came out to support such an awesome cause. If you are on Instagram we would like to invite you to join The River's Community Events Team in order to stay updated on what events are coming up and how you can be involved! @therivercommunityevents Now we hope you have a fantastic summer!

6

Redlands Christian Schools Loses Staff Member in Tragic Accident on 210 Freeway Several International Students Injured

By Pastor Scott

The River has had a long and blessed relationship with the Redlands Christian School and Arrowhead Christian Academy communities. We are grateful for the partnership we share in blessing children and families who love and participate in Christian education. Many of you have been connected to the schools for decades.

That community is grieving following a tragic accident involving some of their staff and international students. This information was emailed out by Ben Snyder, the ACA principal.

"I am writing to share with you about a major vehicle accident that occurred on the 210 freeway on Saturday morning (June 20.) The incident involved our staff and our visiting Korean short-term students. Our staff were driving three vans of students on their way to Universal Studios when a semi-truck crossed the median and collided head-on with one of our vans. Eight Korean students, one of the Korean staff members, and Christy King (who works in our international department) were injured in the collision. The eight students and the Korean staff member were taken to the hospital and treated for injuries.

"I am deeply sad to inform you that Mrs. King did not survive the accident. I do not know the full details of what happened during the collision, but she passed away at the scene. My heart is broken for her family and for our school community, as Christy has been such an important and valued part of our team for many years. Please join me in praying for her family through this time. I also ask that you respect her family's need for time and space to process this tragedy.

"Her presence on campus and influence on our students will be deeply missed for years to come. Of the 8 Korean students and staff member who were taken to the hospital, all have been discharged except for one student who remains under observation and awaits potential further treatment. Please pray for complete healing soon for all involved, both physically and emotionally."

We join together with the school community in their lament. We pray God's protection and recovery for those involved in the accident and we pray God's healing and restoration for the hearts and minds of a grieving community.

Redlands Christian Schools posted this tribute to Mrs. King on their website:

Christy joined Redlands Christian Schools International Department in August of 2011. She quickly began to make a lasting impact through her care, organization, and dedication to students and families. As Assistant to the Director of the

International Student Program, she organized all of the host families and became the American "Mom" for so many international students, offering guidance, comfort, and a welcoming presence far beyond the responsibilities of her role.

Christy's warmth and steady support helped students feel at home, and her thoughtful attention to every detail made a difference to countless families and colleagues. She and her husband, John, have hosted students from around the globe for 21 years. She will be remembered with deep gratitude for the kindness she shared, her love for Jesus, the lives she touched, and the meaningful legacy she leaves within the International Department as well as Redlands Christian as a whole.

Christy's impact will be remembered globally, honoring her many years of hosting students and directing the international department.



The accident happened on the 210 near Irwindale. CHP officers said that the crash was caused when the driver "made an unsafe turning movement," which caused the truck to "leave the roadway and collide with a guardrail along the south shoulder" before it drove into oncoming lanes. Along with Mrs. King, thirty-two others were injured.

REDLANDS HUNGER WALK & RUN
STEPPING UP
TO STOP
HUNGER

Eight Walkers
joined Carol Jones
as The River Team
for the Redlands
Family Services

Hunger Walk, Saturday, June 6. Joining Carol were Greg Bachman, Dennis Barton, Debbie Bueermann, Glen Coulter, Pastor Rick, Patty Turley, and Heidi Winters. Rita Shaw also walked, but with another team. The walk was 5K or 3.11 miles. Everyone had a good time walking for a good cause.



FAMILY SERVICE ASSOCIATION OF REDLANDS

TO ALLEVIATE POVERTY, ENCOURAGE SELF-SUFFICIENCY, AND PROMOTE THE DIGNITY OF ALL



Norma	DeDoes	July 02
Dennis	Barton	July 03
Erich	Melzer	July 07
Donald	Bueermann	July 19
Jim	Lyzenga	July 21
Luci	DeFouw	July 27
Ted	Silva	August 01
Paul	DeWaard	August 05
Ken	Gopperton	August 08
Mary	Bek	August 09
Ryan	Tolsma	August 10
Marie	Nymeyer	August 26
David	Oliver	September 05
Christine	Nydam	September 06
Michael	DeDoes	September 08
Shelley	DeKock	September 09

PRAYER REQUESTS & PRAISES

Violet Simpson: Please be in prayer for Violet Simpson and her family. Violet has been battling kidney infections and complications. They did surgery to place stents and her condition improved but she just had another stay at the hospital with multiple symptoms. Doctors think they may have been a reaction to the medication. She is home now and they are focusing on gaining weight and getting her eating normally again. She will have a few more procedures in the next couple of weeks, but nothing is scheduled yet. Please pray that Violet will be completely healed. Pray for Kindra, Andrew and Tyce as they care for and support Violet in the weeks ahead. Violet is 7 years old.

Judy Rickard: Judy had hip replacement surgery Monday, June 22. She is home and doing well. Because it is her right hip, she won't be able to drive for six to eight weeks. Pray for her healing and strength for physical therapy.

Carolyn Boersen: Carolyn continues physical therapy following knee replacement surgery May 28. She is doing well but physical therapy can be painful and difficult.

Marie Wiersma: Marie Wiersma continues to recuperate at home and is on oxygen following a hospital stay some weeks ago for breathing issues. Please keep her in prayer as she recuperates.

Mark and Marianne DeBoer: Marianne continues to recuperate following a fall that resulted in a broken

leg (right fibula). She and Mark are back home after a major home remodel in the midst of it all. Pray for healing for Marianne along with strength and encouragement for her and Mark.

The Whitmans and Marlene Hekman: Roger and Theora have moved into Plymouth Village. Marlene Hekman is moving into The Village. Both are moving into "cottages." Please pray for their transitions and the unsettledness that comes with it.

Bob and Kathy Hartman: Kathy Hartman continues to heal following a fall that seriously broke her arm near her shoulder. Doctors are monitoring her regularly. Pray for healing and that she not need a shoulder replacement. This has delayed her needed knee replacement surgery. Bob also fell this month and is recuperating. Pray for both Kathy and Bob in their healing processes.

Ken and Pat Gopperton: Please pray for Ken and Pat as Ken continues to recuperate from knee surgery and consults with doctors about other issues that have come up.

Jim and Chris Nydam: Chris continues immunotherapy treatments that she gets every 40 days. She is also in physical therapy to help strengthen her back which was affected from the radiation she received.

Other Ongoing Needs:

- **Those who grieve the loss of loved ones.**
- **Norma Greenfield** as she continues under doctors' care and works to build her strength.
- **Jean Wagner** with extremely painful knees and increasing mobility concerns.
- **Glen Coulter** as he deals with health concerns that are unresolved that are impacting his ability to work, causing financial hardship.
- **Glenn and Claire Huibregtse** as Glenn continues treatment for prostate cancer. Continue also to be in prayer for Claire Huibregtse's sister-in-law, Nancy. Cancer was found in her lymph nodes around her neck and removed. Cancer was also found near her esophagus, but not inside which is a big praise! There is still a small cancerous growth that will require radiation. Claire say "My brother Bud, Nancy and our family are very appreciative of your prayers."
- **Our people that have limited mobility and/or are basically homebound:**
 - ⇒ Mae Bailey
 - ⇒ Candy Carl
 - ⇒ Marianne DeBoer
 - ⇒ Jake and Sherry DeHoog
 - ⇒ Claire Fik
 - ⇒ Chuck and Joy Griffin
 - ⇒ Marie Nymeyer
 - ⇒ Marie Wiersma

***Pam Null a Part of Healing Strong,
A Group that Empowers Individuals
Facing Cancer or Seeking Prevention***

By Pam Null

For more than 30 years Pam has been involved in the floral industry and is a member of the American Institute of Floral Designers (AIFD). She worked in the interior design floral and fresh floral industry throughout the country. She continues to work as a freelance floral designer and business owner in Southern California.



Roy and Pam Null

Pam grew up in a small town in northern Illinois in a family of 7, with 4 sisters. She accepted the Lord as her personal savior in her teens. She attended McHenry County College for music and floral design. Then attended Moody Bible Institute in Chicago for a year to further her music interests and biblical studies.

She married Roy Null in 1983, moved to Houston, TX and started their life together. After 4 years in Texas, they moved to Redlands, CA. They started their family and attended Trinity EV Free Church. In 2000, they joined The River Church. They have 2 adult daughters, Andrea and Stephanie. Andrea married Josh Milligan in 2013. They have three children Esther, Grance, and Caleb. Stephanie serves the Lord in Taipe, Tawan, with Roots Church.

In 2013, Pam discovered she had breast cancer and through the Lord's leading chose a natural healing therapy called the Gerson Therapy. It was a long journey but she continues to stay cancer free using the principles she learned.

In 2015, she was introduced to a cancer support group founded by Suzie Griswald called HealingStrong.org. The Redlands Chapter was started with her friends Theren McCoy and Dawn McCoy who now are leaders of the chapter. HealingStrong Redlands meets in person on the 2nd Saturday of each month. We support, connect, and walk alongside those facing a cancer diagnosis, chronic illness, those who are caregiving, and/or those simply wanting to live for prevention. Meeting locations may vary, so call or text (951) 640-2612 for more details or immediate prayer. Come and let the joy of the Lord be your strength!

At HealingStrong, a non-profit driven by warmth and compassion since 2013, we provide support to free peer-to-peer led community groups across the world that offer education, caring support, and resources to empower individuals facing cancer or seeking prevention.

HealingStrong Groups are volunteer-led and provide valuable information, helpful tools, and resources for



those facing cancer or other illnesses. Learn more about the **three pillars of healing that we teach in our groups**: [rebuilding the body](#), [renewing the soul](#), and [refreshing the spirit](#) through God's Word.

We help you heal and stay strong. Whether it is cancer, chronic illness, or emotional hurdles that come with life, we believe there is HOPE in community.

Our HealingStrong community groups focus on equipping individuals with the tools and knowledge needed to rebuild and restore their bodies. Through educational resources, expert guidance, and the sharing of personal experiences, our groups address key topics such as nutrition, detoxification, herbal remedies, and more. By adopting a holistic approach to healing, participants have reported significant improvements in their overall well-being and reduced reliance on conventional treatments:

- By implementing the Anti-Cancer Diet
- By practicing detoxification methods such as fasting and juicing
- By identifying and addressing nutrient deficiencies
- By gaining confidence through safe exercise
- By believing that God's design for healing also includes renewing your soul and refreshing your spirit

Healing is not just about physical health; it's about finding emotional and mental balance too. Our community groups devote time to nurturing the soul, providing a safe space for individuals to share their struggles, triumphs, fears, and hopes. Through support, empathy, and encouragement, HealingStrong members feel a deep sense of belonging and renewed purpose:

- By reframing our negative thought patterns
- By forgiving ourselves and others
- By practicing de-stressing techniques
- By incorporating gratitude into our daily routines
- By believing that God's design for healing also includes rebuilding our body and refreshing our spirit

We believe that true healing is a partnership with God, and our community groups emphasize the importance of spiritual wellness. By drawing strength and wisdom from God's Word, we find solace, inspiration, and guidance on their healing journey. The spiritual aspect of healing adds a profound element of hope, faith, and purpose to our community.

Our mission is to connect, support, and educate individuals in community who are facing cancer and other diseases by focusing on strategies that help to rebuild the body, renew the soul and refresh the spirit through God's Word.

- By connecting with our Father in Heaven through community prayer and Bible study
- By learning to discern, hear and obey the voice of God
- By trusting God's promises found in His word
- By disciplining people into Truth
- By believing that God's design for healing also includes rebuilding the body and renewing the soul