

WELCOME AND ANNOUNCEMENTS

Rev. John W. Bowling

CALL TO WORSHIP

Someone told me you have to have it all together to come to church.

They were wrong.

It's true: you can come afraid. You can come uncertain. You can come with your mind wrecked with worry.

We come exactly as we are—because we know the God we gather to worship knows how fragile we can be.

And that is why God chose to come close to us as a person in Jesus Christ.

Jesus, who gives us an invitation: "Come to me, all you who are weary and burdened, and I will give you rest."

In our time of worship today, may we encounter a fresh presence of God to enliven our spirits.

WORSHIP WITH SINGING*

Cornerstone; Come to Me; Lord I need You; Come As You Are

Worship Team: Sally Bowman, JR Brumley, Kaitlin Guenther, Wynne Philippe, Jerry Pinell, Angelena Stephens, Neal Sterrett

DISMISSAL OF CHILDREN AND YOUTH

(At this time, children 4yrs through 5th grade are dismissed to go upstairs for Sunday School.

*Parents, please pick up your child in room 207 upstairs following worship
Youth Sunday School meets downstairs in the youth room.)*

MINISTRY OF GIVING

OFFERING MUSIC

It Is Well With My Soul

MESSAGE

Summer Baggage
Fear & Anxiety

Rev. John W. Bowling

WORSHIP WITH SINGING*

No Longer Slaves; The Blessing

BENEDICTION*

*Please stand as you are able.



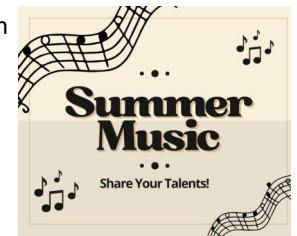
Special thank you to today's **Ushers & Greeters,**
Katie Huber & Lanee Philippe
Your service is greatly appreciated!

Everyone has baggage: worries, wounds, and struggles we don't always talk about—but we need to talk about it. **Our Summer sermon series begins May 31st: Summer Baggage.** We will confront real emotional challenges and discover how faith meets us in the middle of them with grace, strength, and hope. Topics will include depression, shame & guilt, loneliness, etc. It's important to remove the stereotypes and stigmas around these topics. We are going to get real about what can be some difficult times in life. As there is lots of activity in the summer, there will be several "interludes" with guests at the pulpit.



ALL MEN OF THE CHURCH: Interested in some camaraderie and fellowship in a casual setting? Consider joining us at our next first-Saturday-of-the-month meeting on Saturday, June 6 at 7:30am at Ft Thomas Coffee. We'll discuss plans for our second all-church breakfast on July 12. Questions? Contact Richard Mason at rmason4893@gmail.com.

It's that time of year to play your favorite songs of faith on your instrument of choice, or by singing either a solo or in a small group. We need your help to fill our **2026 Summer Special Music Calendar**. We'd love for you to share your musical gifts during the worship service! You can find a link to sign up on our website, www.highlandmethodist.com.



vine & branches
nky campus ministry
Summer Auction

Vine and Branches Campus Ministry at NKU is holding a fundraising auction and needs your help! You can donate items such as event tickets, furniture, gift baskets, and other gifts! More information on acceptable items and donation instructions available at our website.

The **Solar Well Fundraiser** is now complete and WOWSA what an amazing, generous congregation we have! Our goal was \$1,500 for two wells. We blasted past that and **raised \$2,521**. Our funds are being sent to Heifer International where they have found corporate sponsors for the month of May. This means our donation will be matched x5! **Our project will provide for SIXTEEN WELLS!** Look what we can do when God works through us!



Thank you to Circle 13 and friends who collected 207 toothbrushes and 118 reading glasses for the Goshorn Mission Women's prison ministry work!



The Flower arrangement on the Altar today was given by Lisa & John Bowling In Celebration of Mason Beau Bowling, born on May 26th

PRELUDE I Love to Tell the Story Highland Ringers

GREETING Rev. John W. Bowling

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HYMN #374* Standing on the Promises

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MORNING PRAYER

LORD'S PRAYER

MINISTRY OF GIVING

OFFERTORY Andante Ernest Bloch

DOXOLOGY*

ANTHEM Total Praise arr. Doreen Rao

MESSAGE **Summer Baggage** Rev. John W. Bowling
Fear & Anxiety

HYMN #474* Precious Lord, Take My Hand

DISMISSAL BLESSING

CHORAL BENEDICTION The Lord Bless You and Keep You John Rutter

POSTLUDE Epilogue Norman Gilbert

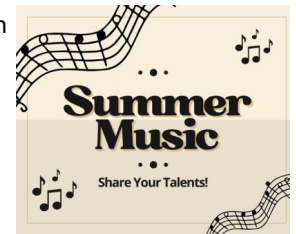
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YOUTH MINISTRY

Drive Thru Food Pantry

SUNDAYS JUNE 14–AUGUST 16
6–7:30PM
314 N FORT THOMAS AVE.
FORT THOMAS, KY
ALL ARE WELCOME
highlandmethodist.com



Our youth group is so excited to lead a **drive-through food pantry** this summer, running June 14 through August 16. We're hoping to raise \$7,000 and also have a donation list to help us put together meal kits using a 4-week rotation. This is such a special, youth-led way to serve our community, and we'd truly appreciate any support—whether through donations, volunteering or simply helping

spread the word. Contact Madeline for more information, youth@highlandmethodist.com.

CHILDREN'S MINISTRY

Highland



Vacation Bible School
July 27-30

Highland United Methodist is excited to announce this year's **Vacation Bible School** theme: Snowball Mountain Challenge!

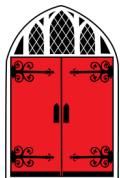
Children aged four to fifth grade are invited to join us **Monday, July 27th to Thursday, July 30th from 6–8pm.**

Register at highlandmethodist.com or by using the QR code.



PRAYER REQUESTS AND PRAISE REPORTS

- Mary Frances—Continued healing from broken femur
- Linda L—surgery
- Riley B—surgery
- Bob J—Cancer
- Michelle W—healing
- The family of baby Hayes—passed away on 5/6



Highland United Methodist Church
www.highlandmethodist.com
859-441-0587
office@highlandmethodist.com
Guest wifi password: HumcLoves

Highland United Methodist Church

May 31, 2026 11:00am
First Sunday after Pentecost

Highland
UNITED METHODIST CHURCH



Grow – Follow – Love

At Highland United Methodist Church, we are a community of imperfect people who exist to **grow** God's kingdom by **following** the examples of Jesus and **loving** with purpose.

We are deepening our spiritual understanding by embracing diversity, enriching lives, mindfully serving, and bringing joy through music and friendship. As United Methodists, we inclusively welcome everyone and follow the Wesleyan call to do no harm, do good, and love God.