



WHAT IT MEANS TO BE A CHRIST-FOLLOWER

First Reformed Church - August 30, 2026

Welcome Visitors! We are glad you are here, and we have been praying for you. Visit the Welcome Center and pick up a free gift, or connect with us at frcoc.org/welcome.

Nursery: available (for infant to age 3).

Busy Bags & Children's Bulletins: available at the Welcome Center.

Worship Location Options: If the sanctuary isn't the best fit for you or your family, the service is live-streamed in the following spaces:

- Fellowship Hall
- Prayer Room (just outside the north sanctuary doors)
- Mother's Room (back corner of the left side of the nursery)
- Legos in the Loft (a relaxed space for families during worship, with quiet activities for kids and a livestream for parents)

Morning Service (8:30 & 10:30 AM)

Worship Songs:

Praise the Lord Forever

I Thank God

Holy Forever

Jesus Paid It All

Abide

Remembrance

Message: *What It Means to Be a Christ-follower*

Text: Luke 9:23-26; Galatians 2:20; Colossians 2:6-7; 1 John 2:6; 4:17

Speaking: Pastor Fred De Jong

Communion: Communion will be served at morning worship today.
Gluten-free wafers will be available.

Evening Gathering (5:30 PM)

Message: *Israel Wants a King*

Text: 1 Samuel 8-9

Speaking: Pastor Mark Haverdink

LEGOS IN THE LOFT

A relaxed, family-friendly worship space

A summer space with Legos, coloring, and a live stream of the service.

This Week at FRC

Sun 8/30 - Today:

9:45 AM: Status Update (Sanctuary)

5:30 PM: Kids and Youth Volunteer Orientation (Gym)

Mon 8/31:

6:30 PM: Women's Bible Study: *See for Yourself* (Chapel)

Tue 9/1:

6:30 AM: Tuesday Morning Men's Bible Study (Library)

8:30 AM: Staff Meeting (Library)

Wed 9/2:

5:30 PM: Wednesday Night Laughs - Ministry Year Kickoff

Thu 9/3:

2:00 PM: Mary Martha Circle (Dorcas - Acts 9:36-43) (Library)

6:00 PM: GriefShare (Office Conference Room)

Sat 9/5:

6:30 AM: Running Group (Puddle Jumper Trail - west end access)

For more information on these activities please stop at the Welcome Center after the service, visit our website at frcoc.org, or call the church office at 737-4909.

RUNNING GROUP

Meet at the west end of the Puddle Jumper Trail.

SATURDAYS @ 6:30 AM

**NEW & EXPERIENCED
RUNNERS WELCOME!**

**The September Prayer Calendar
and FOCUS are available for you
to pick up today.**



Stewardship and Giving

Offering 8/7/26 - 8/27/26: \$ 85,175

Weekly Offering Goal: \$33,462

Fiscal YTD Total Offering: \$ 290,636

Fiscal YTD Offering Goal: \$ 287,728

To give online
scan the QR
code or go to
frcoc.org/give.



Adult Bible Studies & Gatherings This Fall

Grow your faith through Scripture, honest conversation, and connection with others.

What Has Your Heart? Explore Jonah's story through Timothy Keller's *The Prodigal Prophet* and discover the freedom of returning fully to God. Led by Jadell Foreman, Wednesdays, September 9 through November 18, 6:30–7:30 PM in the Prayer Room. Cost is \$15. Register at frcoc.org/adultministries.

Men's Bible Study: Men of all ages are invited to study 1 and 2 Thessalonians, one chapter each week. Meets Wednesdays beginning September 9, 6:30–7:30 PM in the Library. No registration needed. Come when you can!

Heaven, When Faith Becomes Sight: Discover what the Bible says about Heaven and how the hope of eternity shapes our lives today. This study, open to all adults, is led by Lyle and Mary Lundgren and meets first and third Sundays, September 20–April 4, 6:45–8:00 PM in the Library. Cost is \$15. Register with [Lyle](#).

Explore God: Have questions about God, faith, or the meaning of life? Join a safe, seven-week conversation for those who are curious about Christianity or exploring faith. Led by Pastor Fred & Ingrid and Reed & Andrea, Sundays beginning September 20, 4:00–5:30 PM at Pastor Fred's home. A light meal is included; no cost or child care. Register at frcoc.org/adultministries.

Need help registering? Call the church office at (712) 737-4909.

Looking for something different? New FRC Groups launch at the end of September. Watch for details!



A green rectangular graphic for a 'Kickoff Cook Out' event. On the left is a white line drawing of a charcoal grill with smoke rising from it. Above the grill is a red starburst shape containing the text 'Young Adults' in white. To the right of the grill, the word 'KICKOFF' is written in large, white, serif capital letters. Below it, 'Cook Out' is written in a white, cursive script. To the right of 'KICKOFF' is the text 'Potluck Games Fellowship' in white. Below 'Cook Out' is the text '6:00 PM | FRC Northeast Lawn' in white. At the bottom center is a red button with the text 'Register at frcoc.org/FUEL' in white. On the right side is a QR code. To the right of the QR code is a red starburst shape containing the text 'Sept 20' in white.

Young Adults

KICKOFF

Potluck Games Fellowship

Cook Out

6:00 PM | FRC Northeast Lawn

Register at frcoc.org/FUEL

Sept 20

Sunday School for All Ages

Sunday School begins September 13, with opportunities for children, youth, and adults between our morning worship services.

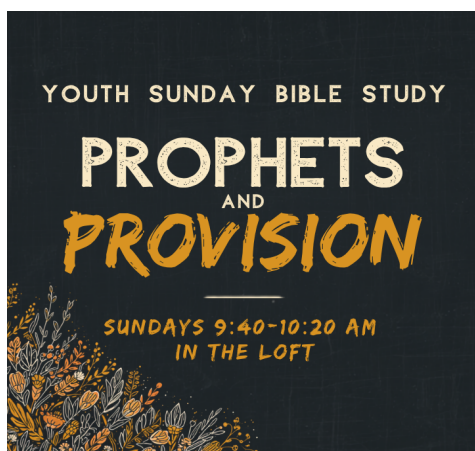
ADULT SUNDAY SCHOOL: Adult classes meet from 9:45 to 10:25 AM each Sunday. No registration is needed, and you are welcome to attend whenever your schedule allows.

Young Adults Class: Find a place to belong, build meaningful connections, and explore how faith meets everyday life through a short lesson and group discussion. Meets in the Library.

Chapel Class: Discover a variety of teachers and topics throughout the fall. Join us September 13 for an introduction to the semester's upcoming offerings. Beginning September 20, Mike Kamerman will lead a three-week series on nurturing relationships as part of our Helping Families Blend initiative.

Exploring the Heidelberg Catechism: Discover how this historic teaching tool continues to deepen our understanding of God's Word. A rotating teaching team will guide the class using G. I. Williamson's *The Heidelberg Catechism Study Guide* as a resource. Meets in the Office Conference Room.

KIDS & YOUTH SUNDAY SCHOOL: Kids and youth attending the 8:30 AM service will be dismissed from the sanctuary during the final worship song. Those not attending the first service may join their classes at 9:40 AM. Sunday School concludes at 10:20 AM.



Coming Soon & Announcements

Now Hiring: Assistant Custodian We're seeking a dependable part-time Assistant Custodian (10-20 hours per week) to help provide a clean, safe, and welcoming environment for our church family. View the job description and apply at frcoc.org/jobs.

Senior Adults: Join us Thursday, September 10, at 2:00 PM in the Chapel as Loren Velhuizen, former Orange City city attorney, shares on *"Balancing Law and Grace."* We would love to have you with us!



First Steps: Interested in learning more about First Reformed Church? Join us for First Steps, a pizza lunch and time of exploration on Sunday, September 27, at 11:45 AM. Meet the FRC staff, enjoy a tour of the building, ask questions, and learn more about who we are and how you can get connected. Register at frcoc.org/firststeps.

Join a Choir This Fall: Love to sing? Share your musical gifts in worship! Praise Choir sings with the worship team and rehearses Wednesdays, 6:30–7:30 PM. Sanctuary Choir prepares special music and rehearses Wednesdays, 7:30–8:30 PM. Both begin September 9 in the Chapel and sing several times this fall.

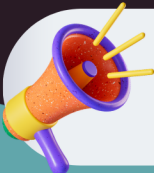


Volunteers Needed
WOOD SPLITTING
FOR CORN CREEK
JOIN US
SEPTEMBER 12 & 19
9:00 AM - 12:00 PM
RON J. DE JONG'S FARM @ 3536 450TH ST

First Reformed Church
PRODUCE SHARE



ON THE TABLE BY THE OFFICE.



**KIDS' & YOUTH
REGISTRATION
FOR 2026-2027 IS**

OPEN

Register at frcoc.org/registration.



The
Best Breakfast
-IN TOWN-

Free For
College
Students

Sunday Mornings
9:30 - 10:30 AM



**Church
Status Update**
Today (8/30), 9:50am
IN THE SANCTUARY

WEDNESDAY NIGHT LAUGHS

Helping Families Win

Food • Games • Community



with
BOB SMILEY

WEDNESDAY, SEPT 2 @ 5:30 PM

HIGH-ENERGY COMEDY FOR ALL AGES

**COMEDY WITH
BOB SMILEY
AT 6:30 PM**



Brazil Mission Team Prayer Cards: Stop by the Missions Desk to pick up a prayer card and pray for our Brazil mission team as they share the hope of Jesus with indigenous communities in the Amazon.

GriefShare®
Grief Support Group

Thursdays, September 3 - December 3
from 6:00 - 7:30 PM

Find guidance, comfort, and hope as you navigate grief.

Register at
frcoc.org/griefshare

Workbooks are \$25



REGULAR WORSHIP BROADCAST SCHEDULE

LIVE Sunday mornings at 8:30 & 10:30 AM.

- Social Media & Website (Facebook, YouTube, frcoc.org)
- First Reformed Orange City App (Google TV, Apple TV, Fire TV, ROKU)
- TV Channels (Long Lines: Flight Ch 51; Premier: Ch 77/Premier TV 700)

Replay

- KSOU 93.9 radio - Sunday @ 9:45 AM
- TV Channels - Monday, Wednesday, Thursday @ 7:00 PM
- FRC Orange City Podcast (Apple, Google, Spotify)

CONTACT INFORMATION

Address: 420 Central Avenue NW, Orange City, IA 51041

Office Phone: (712) 737-4909 **Prayer Line:** (712) 737-8500

Office Hours: Mon - Thu 8:00 AM - 3:00 PM; Fri 8:00 AM - Noon

Web: frcoc.org

FRC App available in the app stores.



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