

# This I Believe: Small Group Guide

Week 2: Jesus, Lord and Savior

March 1, 2026

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## Opening Prayer & Ice Breaker

**Icebreaker Question:** If someone asked you "Who is Jesus to you?" how would you answer in one sentence? (Don't overthink it—just share what comes to mind first!)

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## Sermon Summary

This week's sermon focused on the second phrase of the Apostles' Creed: "And in Jesus Christ, His only Son, our Lord." Pastor Mark emphasized that Jesus is:

- **Fully God** (present at creation, part of the Trinity)
- **Fully Human** (born, suffered, died)
- **Our Lord** (supreme authority)
- **Our Savior** (the only one who can rescue us from sin)

The sermon challenged us to examine whether Jesus is truly the center of our lives or just a part of it.

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## Discussion Questions

### Understanding Jesus' Identity

1. Read John 1:1-5 together. What does it mean that Jesus is "the Word" who was with God and was God? Why does it matter that Jesus was present at creation?
2. The sermon mentioned several analogies for the Trinity (water/ice/mist, egg parts, Neapolitan ice cream). Which analogy helps you understand the Trinity better? Why is the Trinity such a challenging concept to grasp?
3. Why does it matter that Jesus is both fully God AND fully human? How would Christianity be different if Jesus were only human or only divine?

### Personal Reflection

4. Pastor Mark asked: "Is Jesus truly the center of my life or just part of it?" How would you honestly answer this question right now? What evidence in your daily life supports your answer?
5. The sermon mentioned that we often say "I believe in God" but James 2:19 reminds us that even demons believe. What's the difference between intellectual belief and life-transforming faith?

6. Read Luke 6:46-49 (the house built on rock vs. sand). What "storms" have you faced that tested what you're building your life on? How did your foundation hold up?

### **Application & Action**

7. The sermon outlined four steps:
- I admit I'm a sinner in need of being saved
  - I believe Jesus is God and the only one who can save me
  - I confess Jesus is Lord and commit to live for Him
  - I trust Jesus with my life and look forward to eternal life

Which of these four steps is easiest for you? Which is hardest? Why?

8. Pastor Mark said, "There's nothing we can do to save ourselves." How does this truth challenge our "I can figure this out" mentality? Where in your life are you trying to save yourself instead of trusting Jesus?

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### **Key Takeaways**

Have each person share one key takeaway from today's discussion:

- One thing that challenged you
- One thing you learned about Jesus
- One thing you want to remember this week

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### **Closing Prayer**

#### **Prayer Focus:**

- Thank Jesus for being our Lord and Savior
- Confess areas where we've tried to save ourselves
- Ask for faith to trust Jesus as the center (not just a part) of our lives
- Pray for anyone in the group who wants to make Jesus their personal Lord and Savior

#### **Consider praying the closing blessing from the sermon together:**

*"Now may the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, the great shepherd of the sheep, equip you with everything good for doing His will. And may He work in us what is pleasing to Him through Jesus Christ, to whom be glory forever and ever. Amen."* (Hebrews 13:20-21)