



**A few weekends from now will be a special retreat for all high school students. Outside of our Rocky Mountain High our retreats to Trout Lake Camp in Pine River, Minnesota rank the highest in fun, memorable, and meaningful faith experiences for teens. Please review the following information and consider your participation in this significant weekend.**

A Message from the Camp: "Winter Rush is designed to be a getaway for you and your youth group at Trout. We tailor the weekend with the goal of challenging students with the gospel of Jesus by meaningful bible-centered talks. No matter where your students are at spiritually, they will get great teaching and be encouraged to grow deeper in their relationship with Christ. The weekend is highly social and we provide activities and space for your youth to grow together as a group."

What to Expect: Great worship, Wonderful food, Indoor climbing wall, Black-light dodgeball, Broomball tourney, Tubing hill, and more!

Sign-Ups: Friends are welcome to attend! Just confirm your email address or phone number to register at the following link: [tinyurl.com/weekendattrout](http://tinyurl.com/weekendattrout). All students attending will need to complete Trout Lake Camps release, found online after registering. Additional copies of these forms are in the youth room at church and must be turned in prior to the trip.

Travel: Students will need to be checked in by 2:00 PM at the north parking lot of First Reformed Church on Friday, February 25. We'll return to the north parking lot of First Reformed Church at approximately 7:00 PM on Sunday the 27th. Transportation is provided by Windstar Lines: Charter Bus Rentals.

Accommodations: Trout Lake Camps is located north of Brainerd, MN and just east of Pine River, MN. Groups will be staying in new group log cabins that feature warming gas fireplaces.

Packing Reminders: Please bring a Bible and notebook, a pen, pillow, blankets or sleeping bag, sheets (twin size), toiletries, towel, pajamas, warm outdoor clothing and boots, and casual clothing.

Money: The cost of this event is \$50/student there is no fee for adult leaders. Payment is due after registering online and can be made in FRC office or at youth group. Additional cash may be needed for a snack to eat on the way up and one travel meal on our return trip.

Emergency Contact: In the case of emergency, please contact me or call Trout Lake Camps at 218-543-4565. If you have any further questions prior to our departure, don't hesitate to contact me.

Ross Enger - Director of Youth Ministries  
712-360-1026 (cell)  
[ross@frcoc.org](mailto:ross@frcoc.org)



## **FRIDAY EVENING**

- 7:00 – 8:30 Check In
- 9:00 Orientation & Session 1 – (Worship & Speaker)
- 9:15 Head Youth Leaders' Meeting – Point Chapel Entrance Doors (Welcome and Orientation)
- 10:15 LATE NIGHT SNACK
- 11:00 In Cabins (Breakout Questions)
- 11:30 Lights Out

## **SATURDAY**

- 7:30 Rising Bell
- 7:45-8:15 Breakfast (Free Time Sign-ups in Stoneridge Lobby)
- 8:30 Adult Leaders Meeting (Weekend Overview, Q&A)
- 8:30 TAG Time – Time Alone with God (Morning Devotions, Materials Provided)
- 9:00 Session 2 – Chapel (Worship & Speaker)
- 10:15 Church Group Time – (Assigned Breakout Spaces, Questions Provided)
- 11:00 Morning Activity – BUILD YOUR BOX SLEDS!
- 12:00-12:30 Lunch
- 1:30-5:00 Free Time Activities and Tournaments (All Camp)
- 5:30 Supper @ Point Dining Hall
- 7:00 LET THE GAMES BEGIN! BOX SLED COMPETITION
- 8:30 Session 3 – Chapel (Worship & Speaker)
- 9:30 Church Group Time (Assigned Breakout Spaces, Questions Provided)
- 10:00 -10:30 Snack
- 10:00 – 11:30 Open Recreation Activities
- 12:00 In Cabins
- 12:15 Lights Out

## **SUNDAY**

- 7:30 Rising Bell
- 7:45-8:15 Breakfast – Point Dining Hall
- 8:45 TAG Time – Time Alone with God (Morning Devotionals, Materials Provided)
- 9:00 Clean Up your Cabins, Pack Up, Load Luggage
- 9:45 Session 4 – Chapel (Worship & Speaker)
- 11:30 Lunch
- 12:00 On the Road back home
- 7:00 Arrive at FRC North Parking Lot