

WEEK 5 TEACHING HANDOUT

Fully Living the Life God Designed You to Live

John 10:10 – “I have come that they may have life, and have it to the full.”

Reconnecting After the Break : Before our break, we ended Week 4 with a powerful image:

God has crafted each of us like a ship — designed, shaped, sent, and called — and now the ship is ready to sail.

Today, in Week 5, Jesus invites us to **take that ship to sea** and live fully as His disciples.

Where We’ve Been — The Journey in Four Weeks

Week 1 — Designed for God

God formed the “timber” of your life.
He wove His divine strand into your heart.
You were designed with intention and purpose.

Week 2 — Shaped by Christ

Christ reshaped your nature.
He transformed the raw wood of who you were
into a vessel capable of carrying His presence and mission.

Week 3 — Sent to Serve

The Holy Spirit fitted your life for action.
He raised the mast, strengthened the hull,
and became the wind in your sails.
You are empowered to move.
moment.

Week 4 — Calling Markers

God gave you navigation points:

Ability — what God built into you

Affinity — what Christ stirs within you

Opportunity — where the Spirit opens the way

These markers help you steer faithfully through your present moment.

Week 5 — Life to the Full: Taking to the Sea

Jesus says: **“I have come that they may have life, and have it to the full.”**

Life to the full is not found tied to the dock. Life to the full is found when disciples **take to the sea**. You were not designed to drift. You were designed to sail.

When Storms Come

Even when waves rise and winds howl:

- **Remain in Christ** — your anchor
- **Draw near to God** — your refuge
- **Lean into the Spirit** — the wind in your sails

Your Calling Markers help you navigate whatever waters you're in.

When the Sun Rises

A ship at sea is visible.

A ship at sea is purposeful.

A ship at sea is alive.

So is a disciple who lives fully in Christ.

“You are the light of the world.”

Let your life shine so others see Christ in you.

The Series in One Sentence

You were designed by God, reshaped by Christ, empowered by the Spirit, guided by your Calling Markers — and now Jesus calls you to take to the sea and live fully for His glory.

Reflection Questions

- Where is Jesus calling you “out of the harbor” right now?
- What storm are you facing, and how can you remain anchored in Christ?
- Which Calling Marker is most active in your life this week?
- What step helps you “take to the sea” and live fully?
- Where is God inviting your light to shine?

Memory Verse

“I have come that they may have life, and have it to the full.” John 10:10