

**FOC Hiking Group - Winter/Spring 2023 Hikes**

**January 28 – Sat. *Malakoff Diggins SP, Slaughter House Loop*** 5.5. miles, moderate, 774’ gain –Dave Evensen leads. Cell: 916-943-5711, FOC 8:00 AM, Eureka P & R 8:25 AM, Foresthill 9:00 AM, TH: 10:15 AM

**February 7 – Tues.** ***Homestead to Blue Ridge Loop, Stebbins Cold Canyon Reserve***, Winters, difficult, 5.1 miles, 1456 ‘gain. A beautiful hike, with views of Sacramento Valley, Lake Berryessa, and wildflowers along the way. Cindy Collins and Myriam Galea lead. Cindy cell: 530-409-1395, Myriam cell: 916-290-3583 – *Big Lots: 8:30 AM, TH: 9:30 AM*

**February 11 – Sat. - *Sereno Hills****, (new hike for FOC Hikers), lollipop loop,* cascade hike, El Dorado Hills, moderate 6 - 7 miles, 900’ gain. Kevin Kinsch leads. Cell: 408-497-6258, FOC: 9:00 AM, Big Lots: 9:00 AM, TH: 9:30 AM

**February 21 – Tues. *Olmstead Loop* -** 6 miles, 685’ gain Rochelle Mason leads. Rochelle cell: 808-769-0756, Big Lots: 8:30 AM, FOC: 8:45 AM, TH: 9:30 AM

**March 4 – Sat. *Shell Ridge Open Space – Hannah Grove/ Historic Borges Ranch*** –7 miles, 1000’ gain –Lorraine leads. Lorraine cell: 916-205-7398 Big Lots: 8:30 AM, TH: 10:00 AM

**March 14 – Tues*.*** ***Putah Creek Riparian Reserve and Trail*** – Davis, 6.5 miles, 100’ gain Lorraine leads. 916 - 205-7398, Big Lots: 8:45 AM, TH: 9:30 AM

**March 25 – Sat.**  ***Pine Hill Preserve* -** ***Kanaka Valley to the American River*** - views of Folsom Lake and American River – Lorraine leads. 916-205-7398, Big Lots: 8:45 AM, FOC 9:00 AM, TH 9:30 AM

**April 4 – Tues.**  ***Steven’s Trail East*** *– Steven’s Trail on the other side of the American River – (new to FOC), 6.3 miles, 1765’ gain - Arlene Jamar leads. 916-203-3268, FOC: 8:00 AM, Eureka P & R: 8:25 AM, Foresthill: 9:00 AM, TH: 9:45 AM*

**April 15 – Sat.  *Black Diamond Mining History Tour and hike*** – The history tour of two mines will be from 10:00 – 11:30 AM. Cost for tour is $8.00. We will have a picnic lunch and then hike in the afternoon. Stats on hike TBA. Maximum of 25 for this tour and hike. Lorraine leads afternoon hike. 916-205-7398**. Registration begins Saturday 1/28/23 at 7 AM and ends 2/1/23 noon. Email or text Lorraine to register.** Big Lots: 8:00 AM, TH: 9:45AM

**April 25 – Tues. *Redwood Regional Park and Huckleberry Botanical Preserve****, loop hike* – 8 miles, 1000’ gain. Lorraine leads. 916-205-7398 Big Lots: 8:00 AM, TH: 10:00AM

**May 6 – Sat.** ***Urban San Francisco hike*** – 10 miles, minimal gain. Our group will take Bart to the City and then the ferry to Sausalito. From there we will hike south over the Golden Gate Bridge back to San Franciso and to the Bart station. $25 for tickets. Ticket info will come later. Tracy Miller leads. 916-635-4730. Big Lots: 7:40 AM, Parking lot at 11th and P Street: 8:00 AM

**May 16 – Tues. *TBA* –** Local hike about 8 miles with Stephanie Lyndsay. 916-320-2048

 **May 27– Sat. *End of the Season BBQ and hike – Pioneer Trail to Emerald Pools and Spaulding Lake*** with BBQ at Sierra Discovery Nature Trail and picnic area along the Bear River – 6.5 miles, 1062-foot gain FOC 8:00 AM, Eureka P & R 8:25 AM, Foresthill: 9:00 AM, TH 10:00 AM

***\*Contact Tom and Lorraine at 916-205-7398 or*** ***LorraineMartin205@gmail.com*** ***if you have any questions about a hike. \*All hikes subject to change due to weather and/or trail conditions. \*Registration will not be required unless indicated. \*Driving directions and any needed instructions will be emailed a week before each hike.\****

**FOC Hiking Group - Carpool Locations and Directions:**  *Please note that times listed in the schedule for carpool locations are leaving times. TH = trailhead – Time listed for TH is arrival time.*

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**FOC: Fair Oaks Church -** 11427 Fair Oaks Blvd., Fair Oaks, CA (north, front parking lot)

**Big Lots:** 8700 La Riviera Blvd., Sacramento, CA – Exit Hwy 50 and go N on Watt Ave. Quickly get in R lane and turn R on La Riviera Dr. Make another quick R into the Big Lots parking lot.

**Eureka Rd. Park and Ride:** Hwy 80 to Eureka Rd exit.  Go north through the intersection and turn L into the Park and Ride Lot.

**Foresthill:** Take Hwy 80 E. Turn R on Foresthill Rd. and immediately get in the middle left turn lane. Turn L on Lincoln Way. Turn R just before El Burrito Taqueria on Silver Bend Way. Park in the paved parking lot on your right on the street side of the lot or along the curb on Silver Bend Way.

**Ponderosa Park and Ride: 4186 Wild Chaparral Drive, Shingle Springs –** Across from the Subaru Dealership

**Rancho Murieta**: North side of Bel Air shopping center parking lot – 7315 Murieta Drive, Rancho Murieta, CA- Take Hwy 16 E. Turn R on Murieta Dr. and then quickly turn left at the third driveway. Drive to the north side of the parking lot in front of Bel Air.

***Lorraine’s cell: 916-205-7398 and Tom’s cell: 530-306-4339***