

Inspired by Pastor Zach's Sabbath Journal Questions:

Date:

Hits I took this week that I need your help putting back together:

Questions for God:

Things I am pondering:

Things that were beautiful:

Closing prayer

Lord, in your mercy please put me back together again, restore what was broken, comfort me where I am in the feelings, and challenge me where I limit your power or heart for me and others.

Topical Journaling

Family

Anxious/Nervous/Angry

Work

Joy/Happy/Hopeful

Finances

The Past

Mcpherson/Revolution

Future Planning