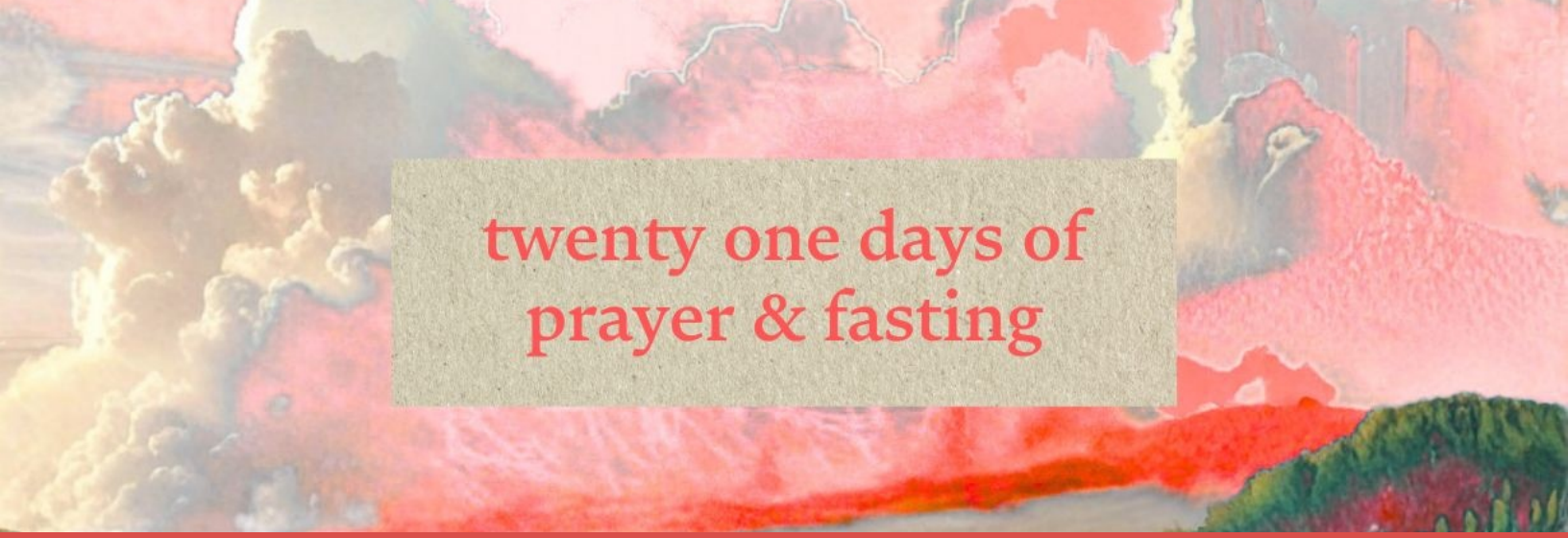




twenty one days of prayer & fasting

GOD, EXPOSE ME

Psalm 139 | August 9, 2026 | Pastor Dave Anderson

SERMON SUMMARY

Most of us pray “God, scan me quickly” — we want His presence and blessing but not full exposure. In this message, Pastor Dave walks through Psalm 139:23-24, where David prays one of the most courageous prayers in scripture: “Search me, O God, and know my heart.” As we enter 21 Days of Prayer, Pastor Dave challenges us to stop managing our spiritual appearances and invite God into the places we usually protect. The real issue is rarely what we do — it’s what’s driving what we do. God doesn’t reveal to shame us; He reveals to heal us. But we have to choose: comfort or transformation. We cannot be led by God in public if we are resisting God in private.

DISCUSSION QUESTIONS

- 1 Pastor Dave said most of us secretly hope God doesn’t look too closely. Does that resonate? What places in your heart do you tend to keep protected from God’s examination?
- 2 David’s prayer is not about giving God information — God already knows everything. It’s about surrendering access. What is the difference in practice, and what would it look like for you to surrender access right now?
- 3 The sermon said “the real issue is rarely what we do — it’s what’s driving what we do.” What do you think is currently driving some of your recurring patterns of thought or behavior?
- 4 Pastor Dave described anxious thoughts as “divided thoughts” rooted in a lack of trust in God. Where in your life is anxiety revealing a gap in your trust of God?
- 5 He said “we cannot be led by God in public if we are resisting God in private.” Where might you currently be resisting God’s access, and what would it look like to open that door?
- 6 The sermon ends with a choice: comfort (“tell me I’m okay”) or transformation (“show me what’s not”). Which do you tend to reach for, and what would it look like to lean toward transformation during 21 Days of Prayer this week?