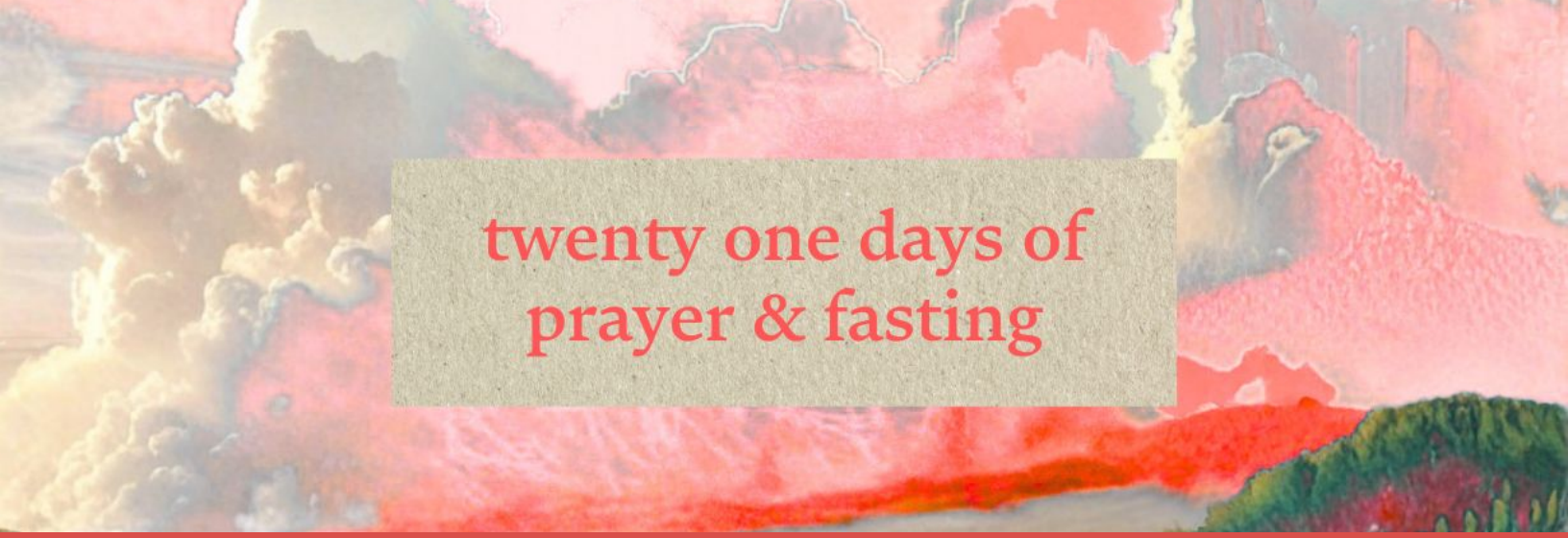




twenty one days of prayer & fasting

PRAYER & WORSHIP SERVICE

To the Father · Through the Son · By the Spirit

August 23, 2026 | K1 Church

SERMON SUMMARY

Today's service is unlike a typical Sunday. Rather than a single sermon, K1 gathered for a participatory prayer and worship experience that brought the summer series on the Trinity to life. Guided by multiple voices, the service moved through three distinct movements: praying TO the Father, THROUGH the Son, and BY the Spirit. Along the way, we were reminded that we have a Heavenly Father who runs toward us before we even take a step, a Savior who has already won every battle we face, and a Spirit who intercedes when we don't have words. We closed by celebrating 11 people being baptized in the name of the Father, Son, and Holy Spirit. This morning wasn't just a service to attend. It was an invitation to practice.

DISCUSSION QUESTIONS

- 1 When you hear the word "Father," what is the first thing that comes to mind? How has your experience with your earthly father shaped or complicated your view of God as a Heavenly Father?
- 2 We were reminded this morning that when we turn toward God, He runs toward us. Is there an area of your life where you have been hesitant to turn toward Him? What has been keeping you?
- 3 Praying through the Son involves two movements: confess and claim. Which of those tends to come more naturally for you, and which do you tend to skip or forget?
- 4 Romans 8:26 says the Holy Spirit intercedes for us through wordless groans when we don't know what to pray. Have you ever experienced that kind of prayer, where you had no words but felt something deeper happening? What was it like?
- 5 As you reflected on the baptisms today, what came to mind? If you have been baptized, what has your life in the name of the Father, Son, and Holy Spirit actually looked like since that day?
- 6 Of the three movements from this morning, praying TO the Father, THROUGH the Son, or BY the Spirit, which felt most unfamiliar or uncomfortable to you personally? What might it look like to lean into that one this week?

This week, find a few minutes each day to be still and try moving through the same three movements: rest in the presence of your Heavenly Father, pray through whatever you need to confess or claim in Jesus' name, then open your hands and let the Spirit lead. You don't need the right words. You just need to show up.