

180 WKND 2026 | Spiritual Counselor Playbook

True Students Spiritual Counseling 101

Response Time:

- Female students with female leaders
- Male students with male leaders
- If a student is making a decision that leads to a conversation, take to room or more private space in the multi-purpose room.

Response Room: Care Room or just anywhere in the atrium (NOTE: Remember NO 1-on-1 with a student in a very private setting not visible).

Form: Paper Copies located in Coffee bar counter in multi-Purpose room with pens.

Tips when Spiritual Counseling a student:

- Start by introducing yourself and asking about the student's grade and school to break the ice. Find a connection to build rapport.
- If working with multiple students, engage each one individually and listen to their stories. Sometimes, one student may attend just to support a friend.
- Ask why they decided to respond or talk and pray for discernment during the conversation.
- For baptism decisions, confirm their salvation experience and ensure they understand baptism's significance.
- Document any true salvation moments and their life-change stories for follow-up.
- Ask if they've shared their decision with their parents and if such conversations happen at home. This helps with follow-up and family support.
- Don't feel pressured to have all the answers. If unsure, consult another adult or staff member, and we'll follow up later.
- If you hear of abuse, neglect, or self-harm, immediately report it to a TrueNorth Staff member after the conversation.
- After counseling, submit either paper notes or ensure the student returns to their group or knows where to go next.