



The Weight of Wanting

May 10-16, 2026

Some things cannot be bought with money, and often, these are the things we long for the most. We long for love, companionship, health, and safety for our loved ones. Many people have spent night after night in prayer to God, sometimes bargaining with Him, in order to get the things their hearts most desire. Today we will look at Hannah's story. Hannah longed for a child, but was unable to conceive. Hannah did only what she knew to do: she poured her heart out to the Lord in prayer, and by His grace, He answered her plea for a child.

READ 1 SAMUEL 1:9-18.

Have you ever had a deep burden like Hannah?

How important is prayer for you during those times of difficulty?

We all have these times of difficulty in life, and the best thing for us to do is to follow Hannah's example: take our troubles to the Lord in prayer. In verse 18, we see that Hannah's prayer helped: "She ate and no longer looked despondent."

Have you ever tried to make a bargain with the Lord for something you wanted?

Do you think that this was wise?

READ 1 SAMUEL 2:1-5.

What do you think of Hannah's prayer here?

What thoughts or emotions come to mind?

Have you ever been in the place Hannah sings about, where you had all you wanted but you weren't full?

PRAY

In a time of group prayer, ask the Father to help us be a people of prayer. Thank the Father for always hearing our requests and answering our prayers as His children. Pray that we will remember to be thankful and worship Him for always answering our prayers.