

LARGE GROUP DISCUSSION QUESTIONS

3.4.26

Ephesians: “God’s Plan, Your Purpose”

Lesson Summary (Ephesians 4:1-6):

Tonight, Pastoral Intern Justin Theune teaches that because of what Jesus has done for us, we are called to live in a way that reflects Him. When we live with humility, gentleness, patience, and love, it helps the whole church stay united. God designed us to be one family with one faith and one mission, and unity takes real effort and intention. When we live this way together, others see something different and are drawn to Jesus.

Key Points:

BIG IDEA: YOU living WORTHY = US living UNITED

3 Ways to Live Worthy

1. Live with **INTEGRITY**

4 Characteristics of Living With Integrity

1. **HUMILITY**
2. **GENTLENESS**
3. **PATIENCE**
4. **LOVE**

2. Live **GROUNDED** in the unity of God

Unity is emphasized by the use of **“ONE”**

3. Live with **INTENTION**

Discussion Questions:

Observation Questions (What does the passage say?)

1. In Ephesians 4:1–6, what does Paul tell believers to do with their lives?
2. What words or phrases describe the “old self,” and what words or phrases describe the “new self”? What differences do you notice between them?

Interpretation Questions (What does it mean?)

1. What do you think it means to “live a life worthy of the calling you have received”?
2. Why do you think unity is so important to Jesus and the church?

Application Questions (How does this apply to me?)

1. Which of these is hardest for you right now: humility, gentleness, patience, or love? Why?
2. When you're in a group (team, class project, RUSH small group), do you usually try to get attention or are you willing to do the “behind-the-scenes” work? What might humility look like for you in those moments?
3. Are you the same person at RUSH, at school, and at home? If not, what needs to change?
4. When someone annoys you or lets you down, how do you usually react? How could you respond in a more Christlike way?
5. What is one intentional step you could take this week to help bring unity instead of drama?
6. If unity takes effort, what is one habit you could start (like praying for someone, encouraging someone, or stopping gossip) that would help strengthen your friendships or your RUSH small group?
7. How could living in unity with other Christians make your friends curious about your faith?