5 Day Devotional

Day 1: More Than You Know

Devotional

Most of us underestimate what God has placed inside of us. We wake up, face our challenges, and quietly assume that what we have is just enough to get by. But here is the truth: if you have placed your faith in Christ, you are not running on your own strength alone. You have been given something far greater.

Before Jesus ascended to heaven, He told His disciples to wait. He promised them power. Not confidence. Not a better strategy. Power. The Greek word is dunamis, the same root word behind dynamite. That same supernatural capacity now lives inside every believer.

This is not a motivational idea. It is a spiritual reality. Jesus Himself lived in full dependence on the Holy Spirit, from His baptism all the way through His resurrection. If Jesus modeled that kind of dependence, what does that say about how you and I should be living?

You were never meant to white-knuckle your way through the Christian life. You were designed to live it from the inside out, fueled by a power that is not your own. That is not weakness. That is exactly how God intended it.

Today, take a moment to simply acknowledge that you do not have to do this alone. The same Spirit that raised Jesus from the dead is alive and at work in you. That is not a small thing. That is everything.

Bible Verse

"I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being." - Ephesians 3:17

Reflection Question

In what area of your life are you most tempted to rely entirely on your own strength rather than the power God has already placed within you?

Quote

"God has actually put more in you than you could ever imagine."

Prayer

Lord, thank You for the gift of Your Spirit living inside of me. Help me to stop straining in my own strength and to trust the power You have already provided. Amen.

Day 2: You Already Have Him

Devotional

There is a common feeling among believers that goes something like this: if I could just get more of God, things would be different. More faith. More power. More of the Holy Spirit. It sounds humble, but it might actually be missing the point.

When you placed your faith in Christ, you received the Holy Spirit fully. Not partially. Not on a trial basis. Completely. Paul writes in Ephesians that the Spirit is a seal and a guarantee of everything God has promised you. He is not holding out on you.

So the question is not how to get more of the Holy Spirit. The question is how much of yourself you are actually giving to Him.

Think about it this way. A glove does not need more of a hand. It just needs to stop being balled up in a fist. When we surrender our plans, our preferences, and our need for control, we create space for the Spirit to move in ways we could not manufacture on our own.

This is genuinely good news. You do not have to earn a greater measure of God. You do not have to perform your way into His power. You simply have to keep opening your hands and saying, "Not my way. Yours."

That kind of surrender is not a one-time event. It is a daily practice. And it starts again today.

Bible Verse

'And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit, who is a deposit guaranteeing our inheritance until the redemption of those who are God’s possession, to the praise of His glory.' - Ephesians 1:13-14

Reflection Question

What is one area of your life where you are still holding the reins tightly, and what would it look like to genuinely surrender that to God today?

Quote

"It’s not a matter of you needing more of the Holy Spirit. It’s about letting the Holy Spirit have more of you."

Prayer

Holy Spirit, I confess that I often hold back more than I give. Teach me what daily surrender actually looks like, and help me to trust You with the parts of my life I have been afraid to let go. Amen.

Day 3: Power With a Purpose

Devotional

It is easy to think of the Holy Spirit primarily in terms of what He does for you. Comfort in hard times. Strength when you are weak. Peace when life feels chaotic. And while all of that is real, it is only part of the picture.

The power of the Holy Spirit was never meant to stop with you. Jesus told His disciples they would receive power, and then He immediately connected that power to a mission. "You will be my witnesses," He said, "in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

The Spirit fills you so that something can flow through you. His power is not a personal perk. It is fuel for God’s purposes in the world around you.

This reframes everything. Your workplace, your neighborhood, your family, your friendships: these are not just the backdrop of your life. They are the mission field the Spirit has placed you in. Every conversation, every act of kindness, every moment of integrity when no one is watching, these are opportunities for God to do something through you.

You do not have to have all the answers or a platform or a title. You just have to be available. The Spirit does the rest.

Ask yourself today: am I living in a way that requires His power, or have I settled for a life that my own effort can fully explain?

Bible Verse

'But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.' - Acts 1:8

Reflection Question

If the Holy Spirit’s power is meant to flow through you and not just to you, how does that change the way you think about your daily interactions with the people around you?

Quote

"The power of the Holy Spirit isn’t just for you. It’s so that God can do something through you."

Prayer

God, open my eyes to the mission You have placed me in the middle of. Use my ordinary days for Your extraordinary purposes, and help me to stay available to Your Spirit. Amen.

Day 4: Fruit Takes Time

Devotional

We live in a world that loves fireworks. Big moments. Instant results. Dramatic transformations that happen overnight. And honestly, we sometimes bring that same expectation into our faith.

But the Holy Spirit is not only in the business of spectacular moments. He is in the business of steady, lasting transformation. Paul calls this the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Notice that word: fruit. Not fireworks.

Fruit does not explode into existence. It grows. It takes time, the right conditions, and a consistent connection to the source. And that is exactly how the Spirit works in a life that is surrendered to Him.

Think about what that actually looks like on a Tuesday afternoon. When someone offends you and everything in you wants to fire back, but you choose forgiveness instead. That is the Spirit. When your patience is completely gone but you respond with gentleness anyway. That is the Spirit. When life is not going your way and you choose to trust God rather than complain. That is the Spirit.

These moments may not feel dramatic. But they are evidence of something extraordinary happening in you over time. Do not despise the slow work. The same Spirit capable of raising the dead is quietly and faithfully making you more like Jesus, one ordinary moment at a time.

Bible Verse

'But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.' - Galatians 5:22-23

Reflection Question

When you look at the fruit of the Spirit listed in Galatians 5, which one feels most out of reach in your life right now, and what might it look like to surrender that specific area to the Holy Spirit?

Quote

"The same Holy Spirit that can accomplish extraordinary things in a moment is also accomplishing something extraordinary in our lifetime."

Prayer

Lord, thank You that You are patient with my growth. Help me to stay connected to You so that Your fruit becomes visible in my life, especially in the moments when it is hardest. Amen.

Day 5: Stop Settling

Devotional

Here is a question worth sitting with: is it possible that you rarely sense the Holy Spirit's power because you rarely attempt anything that actually requires it?

When we stay safely inside the boundaries of what we can manage on our own, we do not need to depend on God. And when we do not depend on God, we miss out on experiencing what He can do. It becomes a quiet cycle that keeps us comfortable but spiritually stagnant.

Paul's instruction in Ephesians is not passive. He urges believers to be filled with the Spirit, to make the most of every opportunity, and to align their lives with God's will rather than their own. That is an active, daily, intentional way of living. It requires something from you.

But here is the encouragement: you do not have to manufacture the power. You just have to stop blocking it. Stop settling for a version of the Christian life that your own talent and effort can fully explain. Start saying yes to the things God is calling you toward, even when they feel too big for you. Especially then.

The most courageous thing you might do today is not something dramatic. It might simply be choosing to stop relying on yourself and start depending on Him. That single shift changes everything.

You were made for more than a manageable faith. Step into it.

Bible Verse

'Be very careful, then, how you live, not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is. Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.' - Ephesians 5:15-18

Reflection Question

What is one step of faith you have been avoiding because it feels too big for your own strength, and what would it look like to take that step while trusting the Holy Spirit to provide what you lack?

Quote

"Don't settle for a Christian life that can be explained entirely by your own strength."

Prayer

Father, forgive me for settling for less than what You have for me. Give me the courage to step beyond what I can do on my own, and remind me daily that Your Spirit is more than enough. Amen.