

5 Day Devotional

Day 1: You Are Already New

Devotional

Have you ever wondered why change feels so difficult, even after becoming a Christian? The answer might surprise you. The problem isn't that you need to become new - you already are new. When you placed your faith in Jesus, something incredible happened spiritually. You literally died with Christ and were raised to new life with Him. This isn't just beautiful poetry or theological theory - it's your spiritual reality. The old you is gone, and the new you is here. Yet many of us live as if we're still trying to earn our way into God's favor or prove our worth through perfect behavior. But God doesn't see you based on yesterday's mistakes or today's struggles. When He looks at you, He sees someone chosen, loved, righteous, and holy because of Jesus. Your identity isn't based on your performance but on Christ's finished work. This truth changes everything about how you approach life and growth.

Bible Verse

'Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.' - Colossians 3:1

Reflection Question

How would your daily decisions change if you truly believed that God sees you as chosen, loved, and holy right now?

Quote

When God looks at you, if you know Jesus, he doesn't see your sin from today. He doesn't see your sin from yesterday. When he looks at you, he knows you. He knows all your sin from your whole life. He knows everything that you've done up until today. He knows everything you're gonna do tomorrow and the next day. And he looks at you because of your faith in Jesus. And he says, mine, chosen, loved, righteous, holy, mine.

Prayer

God, help me to remember that my identity comes from what Jesus has done, not what I do. Thank You for making me new and seeing me as righteous and holy.

Day 2: The Power of Renewed Thinking

Devotional

Why do we keep struggling with the same patterns and behaviors? The answer lies in our minds. Every struggle, every sinful behavior, every area where we feel stuck is fueled by lies we believe. Anxiety comes from lies about God's control over our circumstances. Materialism stems from lies about what will truly satisfy us. Anger grows from lies about justice and control. The path to change isn't about trying harder or following more rules - it's about renewing our minds. You cannot put the same thoughts in your mind day after day and expect your life to change. Real transformation happens when we identify the lies we're believing and replace them with God's truth. This process requires intentionality. We must actively take off the lies and put on truth, just like changing clothes. When we align our thinking with God's reality, our behavior naturally follows. This isn't a one-time event but a daily practice of choosing truth over the lies that constantly compete for our attention.

Bible Verse

'Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.' - Romans 12:2

Reflection Question

What lie have you been believing that's keeping you stuck in an area of struggle?

Quote

You cannot put the same thoughts in your mind day after day and expect your life to change.

Prayer

Lord, reveal the lies I've been believing and help me replace them with Your truth. Transform my thinking so my life can reflect who You've made me to be.

Day 3: Remember Who You Are

Devotional

In moments of struggle, it's easy to forget who we really are. We get caught up in our failures, our weaknesses, and our shortcomings. But Paul's message isn't "try harder" - it's "remember who you are." You died with Christ. You have been raised with Christ. You are chosen and holy and dearly loved. This isn't something you need to achieve; it's something that's already true about you. Your standing before God isn't based on how perfectly you've performed this week. It's based on what Jesus has already done for you. When you remember this truth, it changes how you approach every challenge. Instead of striving to earn God's love, you live from the security of already having it. Instead of trying to become worthy, you live as someone who is already chosen. This perspective shift is powerful because it moves you from a place of fear and performance to a place of love and freedom. When you know who you are, you can live like who you are.

Bible Verse

'For you died, and your life is now hidden with Christ in God.' - Colossians 3:3

Reflection Question

In what areas of your life are you still trying to earn what Jesus has already given you?

Quote

Paul's message isn't try harder. It's remember who you are. You died with Christ. You have been raised with Christ. You are chosen and holy and dearly loved.

Prayer

Father, help me to live from the truth of who I am in Christ rather than striving to become someone You already see me as. Thank You for Your unchanging love.

Day 4: Clothed in Love

Devotional

What does it look like to live as someone who is chosen, holy, and dearly loved? Paul gives us a beautiful picture: we clothe ourselves with compassion, kindness, humility, gentleness, patience, and love. These aren't burdensome rules to follow but natural expressions of who we already are in Christ. Think about it - humility looks good on everyone. Love looks good on everyone. Kindness is attractive in every situation. But the opposite qualities - anger, unforgiveness, greed - never enhance anyone's life or relationships. When we put on these godly characteristics, we're not pretending to be someone we're not; we're expressing our true identity. The reason we can take off our old self and put on our new self is because Jesus first took our sin upon himself. He made this transformation possible. As you go through your day, ask yourself: can I honestly thank God for how I'm responding to this situation? This simple question can guide you toward living in alignment with who God has made you to be.

Bible Verse

'Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.' - Colossians 3:12

Reflection Question

Which of these qualities - compassion, kindness, humility, gentleness, or patience - do you most need to 'put on' today?

Quote

Best way to know if what you're doing is the right thing. Can you honestly thank God that you did it? When you finish saying the thing or doing the thing, are you able to thank God that it happened?

Prayer

God, help me to clothe myself with the character of Christ today. Let my life reflect the love and grace You've shown me.

Day 5: Renewal is a Team Sport

Devotional

Here's something crucial that many Christians miss: renewal isn't meant to be a solo journey. Paul emphasizes that we need each other in this process of transformation. There are 62 "one another" commands in the New Testament because God knows we can't do this alone. We need people to speak truth when we're believing lies, to call us out when we're drifting, and to help us see what we can't see ourselves. Some people won't make it without others coming alongside them. They'll fall away and believe the lies because they tried to go it alone. The early church understood this. They learned and remembered God's truth by speaking it to one another and helping each other apply it. Don't try to renew your mind in isolation. Find people who will help you identify lies and speak truth into your life. Be willing to do the same for others. Humility is required - both to receive help and to offer it. But when we do life together, supporting each other in this journey of renewal, we all grow stronger and more like Christ.

Bible Verse

'Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.' - Colossians 3:16

Reflection Question

Who in your life can help you identify lies you're believing and speak God's truth to you?

Quote

Renewal is a team sport.

Prayer

Lord, help me to find community that will support my growth and give me courage to support others in theirs. Show me how to do life together, not alone.