

## Study Guide: "God is Able" - Mother's Day Message

### Opening Prayer

Begin your group time by thanking God for His ability to transform lives and break curses through the blood of Jesus Christ.

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### Ice Breaker

Share one woman in your life (mother, grandmother, mentor, etc.) who demonstrated faith despite difficult circumstances.

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### Key Scripture References

- **Proverbs 31:25-26** - The virtuous woman
  - **Galatians 3:13-14** - Christ has rescued us from the curse
  - **Genesis 18:14** - "Is anything too hard for the Lord?"
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### Main Points Recap

#### 1. Your Past Doesn't Define Your Future

The sermon highlighted five women in Jesus' genealogy who had no "right" to be there:

- **Zipporah** (Midianite) - came from a place of no room for others
- **Tamar** (Canaanite) - from a barbaric, pagan background
- **Rahab** (Canaanite prostitute) - sold her body, yet demonstrated faith
- **Ruth** (Moabite) - from a lineage of carnal-mindedness
- **Bathsheba** (Hittite) - from a history of fear, terror, and confusion

#### 2. Christ Has Broken Every Curse

Through Jesus' sacrifice on the cross, believers are no longer cursed but blessed with the same promises given to Abraham.

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### Discussion Questions

## Understanding the Message

1. Which of the five women mentioned in the sermon do you most relate to and why?
2. What does it mean that these women "had no right" to be in Jesus' genealogy, yet God included them anyway?
3. How does the quote by Oswald Chambers resonate with you: "Leave the broken, irreversible past in God's hands and step out into an invisible future with him"?

## Personal Reflection

4. The sermon asked several questions mothers might struggle with:
  - "Will my children go through the same road I have gone through?"
  - "Am I cursed?"Have you ever wrestled with similar questions? How does today's message address these concerns?
5. What does it mean practically that "as a man thinks, so he is"? How might our thoughts about being "cursed" actually hinder God's blessings in our lives?
6. The pastor mentioned that God changes us "from the inside out, not the outside in." What does this look like in everyday life?

## Application

7. Read Genesis 18:14 together: "Is anything too hard for the Lord?"
  - What situation in your life seems "too hard" right now?
  - How does this message challenge you to view that situation differently?
8. The sermon states: "Being a Christian is not just going to church, it's a lifestyle. It's a walk, it's a belief, it's a trust."
  - What's the difference between attending church and living a Christian lifestyle?
  - In what areas do you need to shift from religious activity to genuine trust?

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## Key Takeaways

- ✓ **Your history doesn't determine your destiny** - God specializes in redeeming broken pasts
  - ✓ **You are not cursed** - Christ took the curse upon Himself on the cross
  - ✓ **God sees your heart** - Like Rahab, your faith matters more than your past
  - ✓ **Transformation is an inside job** - God changes us from the inside out through His Spirit
  - ✓ **Nothing is too hard for God** - What seems impossible to us is possible with Him
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## Practical Applications

### This Week's Challenge:

Choose ONE of the following to practice this week:

#### 1. Replace the Lie with Truth

- Identify one "curse mentality" thought you regularly have
- Find a Scripture that contradicts it
- Speak that Scripture out loud daily

#### 2. Write Your Redemption Story

- Journal about an area of your past you thought disqualified you
- Write how God has redeemed or is redeeming that area
- Share it with one trusted person this week

#### 3. Pray for Future Generations

- Spend 15 minutes daily praying blessing (not curse) over your children or the next generation
- Declare God's promises over their future

#### 4. Practice Surrender

- Identify one area where you're trying to control the outcome
- Daily pray: "God, I trust You with this. Your way, not mine."

## Group Prayer Focus

Before closing, have group members share:

- One area where they've believed they were "cursed" or disqualified
- One promise from God's Word they're choosing to believe instead

Pray over each person, breaking agreement with curse mentality and declaring God's blessing and promises over their lives.

## Closing Prayer

*Father, thank You that through Christ we are blessed, not cursed. Help us to leave our broken past in Your hands and step confidently into the future You have for us. We declare that nothing is too hard for You. Transform our thinking, renew our minds, and help us walk in the victory Jesus purchased for us. In Jesus' name, Amen.*

## For Further Study

- Read the full stories of the five women mentioned: Genesis 38 (Tamar), Joshua 2 (Rahab), Ruth 1-4 (Ruth), 2 Samuel 11-12 (Bathsheba), Exodus 2 (Zipporah)
- Study the genealogy of Jesus in Matthew 1:1-17
- Memorize Galatians 3:13-14