

Jesus Makes All Things New

(Revelation 21:1-7)

"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

(Isaiah 40:31, NIV)

Jesus gives us hope...that sin and sadness will be gone forever.

You know, it's okay to feel sad sometimes.

When it feels like you don't have any friends. When a family member misses your baseball game or dance recital. Or when someone you love gets sick or even dies.

Sometimes talking about sad feelings helps you feel better, but this is true: While we live here on earth, sadness will live with us, too.

There is sadness, but there's also hope. Because sadness won't last forever. Because Jesus has good things planned for his friends. Because Jesus is bigger than sin and sadness, and you're on his team.

So if—no, *when*—you feel sad, lean on Jesus and his promises. He'll be with you. He loves you, and someday he'll make all things new.

Talk-Starters

When has your friendship with Jesus helped you during a sad time?

Try-This-@-Home

Designate a sad spot in your home. Draw a heart, write "Jesus loves me" inside the heart, and place it near the spot. When you're feeling sad, spend time there and talk with Jesus. If you'd like, invite a family member to sit there with you, too.

Jesus loves me.



Explore More @ Home

Who will comfort you when you're sad? Read these verses to find out: 2 Corinthians 1:3-7 and 2 Thessalonians 2:16-17.



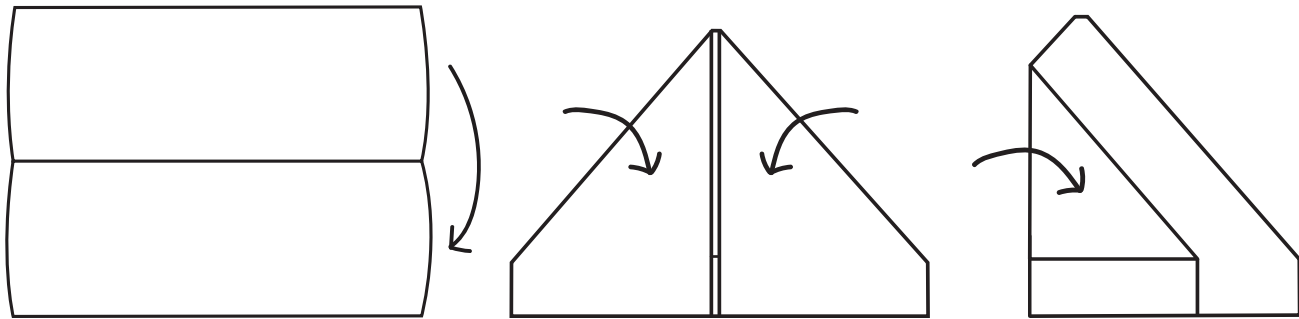
Make this page fly home!

Fold a flyer. When you get home

...let it fly! Seeing it soar just might give your heart a lift.

Here's how:

- 1 Fold the paper in half as shown.
- 2 Fold in the top corners to the center to make flaps.
- 3 Flip over, then fold in one side about an inch from the center.



- 4 Unfold, then fold the other side about an inch from the center.
- 5 Flip over again, hold on to the center fold, and let 'er sail!

