

# HOW TO RUN



V4.0

A Guide for Churches





# **WELCOME TO THE 321 COURSE!**

Whether you've used the 321 course in the past or are new to it, we want the course to be a blessing to you. The purpose of 321 is to introduce people to Jesus and to look at God, the World and Ourselves in light of Him. Our deep desire is for all people, whether Christian or not, to fall in love with Jesus and for their hearts and lives to be changed. We hope that hosting the 321 course will be a joyful experience for all involved!

The course is designed to be a tool in the hands of Christians that is simple to share and simple to use. We have designed it not only for in-person groups but, even more, for use online. We want this to be a resource that your church members do together, but we also want it to be something they feel they can commend to their non-Christian friends. We mention this in the hope that you will not only host the 321 course in person, but also encourage your church family to use it in their own personal evangelism.

We hope this guide will give you confidence as you host 321. The material has been designed so that an individual (even one with no Christian background) can navigate the course. As you use it in church, this means you may have to adapt it slightly for group use. But in some ways, 321 makes the job of leaders easier since the videos themselves do a lot of the leading.

As you prepare for your 321 course, we suggest you go through this guide with the 321 course videos open in front of you. We will refer to them as we go along. Also, because there is a rhythm to the course, we suggest that you watch at least the first two episodes before reading this guide. You will understand this course guide better when you are more familiar with the videos.



Because it's designed to be used by people on their own, the group leader has the important role of making the course work for the in-person guest. You'll need to welcome, facilitate a respectful discussion, build relationships and refer to Glen's teaching in the talks. You won't need to deliver any teaching yourself, but will need to make sure the tech works well and that you are able to play the videos.

### **Three Ways You Can Help Us Immensely**

As you run the course, we would hugely value assistance with any of the following things.

First, and most important, we'd love to hear feedback on the course. In particular:

- What's working well
- What's not working well
- What kinds of discussions are being had after each video

Second, we would love to hear testimonials both from course leaders and from participants. Are you able to capture any positive feedback you have — as quotes, but even better as video? It is so encouraging to the Speak Life team as well as to our supporters to hear about how the Lord is using 321. If you have any stories you can share with us, please do!

All this information is so helpful as we seek to make 321 sustainable. We provide 321 for free, which means we need to attract regular financial support from individuals and trust funds to keep us going. We can only do this if we're able to demonstrate to people the impact of 321: how many churches are using it, how many courses are being run, how many guests turn up and how many join the Body of Christ.



We'd be very grateful if you would fill out the **321 Course Feedback form** that we will email to you after your course, to provide data on your in-person 321 course. In the future, if you are hosting 321 again, please let us know via **this Host a 321 Course form** again. We do make small changes from time to time, so this is the best way to make sure you have the most recent and up to date materials and videos. Thank you so much for all your help.

Finally, there are many people seeking Jesus online on their own, not connected to any in-person course or Christian community. We would love to connect them to churches like yours so that they can find meaningful community as they begin life with Jesus. Please consider adding your church details to our **Church Finder** which can be found at the end of the 321 course (after the *What's Next?* section) so that people using 321 on their own can connect with your church community on a Sunday.

# INTRODUCTION

The 321 course is set up on an online learning platform. The first time you begin 321 you will need to create an account and choose a password. You will then be set to start the course. Simply press the play button you see on the screen. You can play through the 321 course as many times as you like in order to get the feel for the talks and to have a think about the questions. The course is a series of 8 videos plus some extra resources for you to use throughout and at the end.

If, having watched the 321 course and having read through this guide, you have practical questions about hosting your 321 course, please feel free to email us at [courses@speaklife.org.uk](mailto:courses@speaklife.org.uk). In addition, we have extra resources that are available to you and are set out in the next section.

The 321 course is a four-week course. In each week you'll see two videos, and the main videos are numbered 1-8. We've designed it this way because it best suits the online user we mentioned earlier. It will work out like this:

	TITLE	VIDEOS	TALKS
<b>WEEK 1</b>	Introduction: Jesus	Intro 1 2	Introduction Lost in Space The Greatest Story Ever Told
<b>WEEK 2</b>	God's Three-Ness	3 4	Saving Private Philips From Heaven with Love
<b>WEEK 3</b>	The World's Two-Ness	5 6	Falling Down Up!
<b>WEEK 4</b>	Your One-Ness	7 8	Champion Love Story



In the first week we'll look at Jesus and ask our guests to examine His significance and character. Then in the subsequent three weeks we'll see life in light of Jesus. We'll look at God in **three** persons; the world with its **two** representatives, Adam and Christ; and finally, at ourselves and the invitation to be **one** with him.

If you want to use all eight videos separately and have shorter sessions, you can do that too. For example, you could have a series of short lunchtime meetings that take place over an entire term. If that's the case, simply do one video per week over eight weeks.

### **What you'll need to run 321:**

- You'll need to have a computer or smart TV to access the course on your Internet Browser so that you can see the episodes each evening. Make sure the speakers are loud enough to be heard by the whole group.
- This is the **[link to stream the videos](#)** or, if you're concerned about wifi strength, you can email **[courses@speaklife.org.uk](mailto:courses@speaklife.org.uk)** to request a downloadable link to view them offline.
- You may like to have a projector connected to your computer if you'll have a large group doing the course (remember again the need to have good speakers to broadcast the audio).
- A copy of John's gospel for each guest would be excellent.
- You might also like to provide each leader and each guest with a **Course Handbook**. These are designed to give your guests space to make notes on the discussion questions and to point to further resources they might find helpful. We'll make notes throughout this guide that reference the Course Handbook. There is a full colour version and a black and white version. The latter is available to download as a template that you can edit and print easily from your church or home. We would ask that you add your church or ministry name to the black and white version if you plan to make edits to it. The full colour version is not editable. You may wish to get this printed professionally for the best results from a provider such as **Urban Design and Print**, **Solopress**, or **VistaPrint**.

- You can download the colour PDF and then upload it to a provider as artwork for an “A5 Perfect Bound Book” or “A5 Stapled Brochure or Booklet”. We recommend using the paper type “Bond” or “Uncoated” on the internal pages as these paper types are easier to write on.
- There are two books written by Glen which may be useful accompaniments to the 321 course. The first is **How to See Life: A Guide in 321** and is, effectively, the course content in book form. The second is **How to Speak Life: Sharing your Faith in 321**, which is a helpful support for your team in their own personal evangelism. Neither book is required reading, and you will be able to run the course perfectly well without them. If, however, you and your team would like an extra bit of support, both are available to purchase through 10ofThose.com.
- If you are hosting a course with guests who are not native English speakers or who are hearing impaired, there is a CC button in the tools bar in the bottom right hand corner of the screen. It will enable English subtitles to be visible on screen. We also have **transcripts** available which you may like to print and have available for your guests to follow along.



## Media and Promotional Materials to promote your 321 course:

- A variety of **promotional videos**. We'd envision these being used on a Sunday morning, perhaps during the notices, but feel free to use these as you wish. There is a video designed for **promoting group courses**, a portrait teaser video you could share on social media, and a video summarising the core message of **321 in 3 minutes**. (The **321 in 3 minutes** video can also be found on the online platform at [321course.com/video](https://321course.com/video) for easy sharing.)
- A set of **stories and posts** for you to share 321 on social media. Feel free to put your own details over the top and in the captions, within socials' editors such as Instagram or Facebook. Be sure to tag @SpeakLifeUK. We'd love to share them too!
- A **roll banner** which you can download and print through a printing company such as Solopress or VistaPrint.
- A **slide deck** for advertising 321 at your church which you can make a copy of and then edit in Google Slides or download to edit in PowerPoint. Or a **generic slide deck** if you'd like to promote 321 at your church, but don't have a date in mind yet.
- A **contact card** which you could print and put in your church reception or on seats. There's also a black and white version if you'd prefer to save on ink!
- An **A5 flyer** which you can make a copy of and add your own details to. Here's the **generic front** of the flyer and a **generic back** if you'd prefer not to add your own details. You can also find a black and white version of the **editable flyer (BW)**, **generic front (BW)**, and **generic back (BW)** if you'd prefer.
- An **A6 flyer** that promotes 321 in general (without any reference to an in-person group). These are great handouts to follow up any evangelistic event or outreach.
- A **shareable business card** with a 321 QR code. Great for handing out on all occasions when faith comes up!
- An **A2 poster** which you can make a copy of and add your own details to.
- A **generic A2 poster** which you could print and put in your church reception.

## **EXTRA RESOURCES YOU MAY FIND USEFUL**

**The online learning platform will be really helpful for your guests. Encourage each of them to create an account and begin the 321 course online, in the same way that you did, even as they do the course in person. This'll mean that all the in-person teaching can be reviewed at a time convenient to them, and it gives them access to many other resources. Like FAQs...**

Glen has filmed some **FAQ videos** which can be found on the platform and the app (once logged in, just scroll down on the home page or go to **What's Next?** at the end of 321). These are 12 answers to apologetic questions that may (or may not) relate to the questions your guests are asking. Feel free to use the FAQ videos however you like. If a guest raises a question covered by the FAQs in your discussion times, it might be a good opportunity to play the 4-5 minute answer video. Or you may just like to let guests know about the 12 videos — all of them are also accessible via this **unlisted playlist** on YouTube if your guests don't want to use the platform or app.

We also have a **daily Bible reading plan** which you may like to use to encourage your guests to read through John's Gospel. Glen has written this devotional with the reflection questions, and they are an excellent accompaniment to the 321 course. Please use this material however you think is best for your group. You might like your guests to go through John's Gospel with the plan as they do the 321 course, or you might like to use it as a follow up to the 321 course. You can find the plan by scrolling down on the platform or app home page. It's also available in the *What's Next?* section of 321. The plan is also available online at **Bible.com** or on the YouVersion Bible app.

If your guests would rather not use a daily reading plan, we have included some study questions for John's Gospel in Appendix A of



this guide. In this study, John's Gospel is broken into three chunks and could be set weekly either during or after the 321 course. Do use whichever suits you and your group best!

Our **Discord server**. Discord is an app for group chats, similar to WhatsApp. We're using it to build a supportive, online community for our 321 guests and hosts. Your guests may want to carry on their 321 conversation once the course has finished, and if so, you can show them the activity called "**Join Community**" which appears after video 2. This activity contains the link to the form to join. As a course host, you are very welcome to join Discord too. You can ask and answer questions and discuss the course with others who have done the 321 course, both in person and online.

We're planning to hold occasional **Ask Glen Anything** sessions. These'll be live events on Discord and you can invite your guests to attend. They can submit questions in advance through the same platform that you use to watch the videos (it's the activity after video 4). Glen will try to get to as many questions as he can, but he may not be able to answer all of them. Your leaders are also invited, and may find it helpful to join in. If you have registered your 321 course with us we will send you an invitation to the next Ask Glen Anything, if one is taking place during your course duration.

The **321 Podcast** complements the 321 course. It offers a way for your team and guests to think through the course material in a conversational style between sessions, or to listen to either before or after the course. For those who enjoy podcasts, it is an excellent addition to the range of 321 offerings. You can find it under the Bonus Content section of the home page or app, or from your podcast provider of choice.

At the end of this guide, Appendix B contains a list of all the links mentioned: FAQ videos, forms, transcripts, etc, if that's a more convenient way for you to access them.



# THE EVENING STRUCTURE — OVERVIEW

If you're hosting the 321 course in four weeks, you'll see two videos per week with a short break midway through your evening. (There is also a very short Intro video on week 1.) If you haven't yet watched the first two videos, it would be great to do that before reading further. There's a rhythm to the videos, and the more familiar you are with it, the easier it is to understand the course structure.

<b>FIRST VIDEO</b>	
Welcome your guests, and then play the video which starts with a Question for Personal Reflection	5 minutes
Talk	Around 12 minutes
Discussion Questions	15 minutes
<b>BREAK</b>	
	10 minutes
<b>SECOND VIDEO</b>	
Gather room together and play the next video which starts with a Question for Personal Reflection	5 minutes
Talk	Around 12 minutes
Discussion Questions	15 minutes
<b>CLOSE</b>	

Total: 74 minutes



The talks average about 12 minutes each so that the time given over to the talks each week is 30 minutes or less. We have allowed five minutes to welcome your guests, introduce the format for the evening, and play the video from the start through to the beginning of the talk. The talk will then start automatically, with no need to pause the video. In this timetable we have budgeted 15 minutes for discussion after each video. That's on the short side, but we would love to hear how you get on. Remember, if you're running a course over four weeks, you'll see two videos per week, one before the break and one after.

You can host a whole evening in under 75 minutes, but a duration of 90 minutes will give you more space to breathe and allow time to enjoy a cup of tea and a chat with your guests during the break, rather than just have a quick leg stretch. It'll also give you the scope to have longer discussion times, which you and your guests may value. It's important that the evening finishes when you say it will, as that helps build trust with your guests. You can always chat with people afterward, if they don't need to rush off.

The **Reflection Questions**, which precede each talk are for individual, quiet reflection rather than for group discussion. There will be Discussion Questions later on, but these Reflection Questions are a chance for your guests to do some thinking around a few of the ideas and concepts that will come up in the talk.

**\*\*TOP TIP\*\*** For a smooth viewing experience, we recommend that you let the video play from Introduction right through to the end of Glen's talk. If you don't want to use all of the Reflection Questions, the "Skip Intro" button will take you straight to the final second of the starter question appearing on screen before cutting to the talk.

The 321 course is unashamedly deep. Most people will find these types of questions very different from the ones they have in their day to day lives. You may like to introduce the Reflection Question before you play the video, and reassure your guests that they don't need to share their answer with anyone. They could write their answer in their Course Handbook if you're using those.



The **talks** don't require any input from you. Simply watch them along with your guests. At some points, verses of scripture will come up on screen. In one or two cases there are square brackets around a word. This is where Glen further explains what the NIV says, so for example he says, "Jordan [River]". There's no change in the meaning of the passage, but if your guests ask, that is why we've added the square brackets.

The **Discussion Questions** come at the end of each video and allow reflection on the talk as well as more in-depth discussion of each topic. The hosts should help their guests by facilitating a constructive discussion and gently reminding them of what Glen's said. The heavy lifting is done by Glen in the talks. The questions are designed to clarify what people have just heard and to give guests the opportunity to agree or disagree. Remember, there are 12 FAQ videos that tackle tricky questions to help you if you need them.

In addition to the questions on the screen, this guide gives you a few suggestions of additional questions you might ask. You may not need them or want them, and they are completely optional. You will have a better idea than we will about what a good discussion with your guests looks like.

Sometimes group conversations can be a little abstract. Leaders can help things get specific by offering personal reflections and experiences. If we go first, others will often follow our lead and talk more personally.

After the discussion questions, there is a **Coming Up Next** preview. You may like to finish with this to whet your guests' appetite for next week!

Videos 2-8 finish by spotlighting some of our Bonus Content and additional resources. Throughout this guide and the Course Handbook, there are many additional resources recommended, so you may want to be selective about what you share so that your guests aren't overwhelmed with options.

# WEEK 1 INTRODUCTION: JESUS

In the first week you will use the intro video and videos 1 and 2.

## INTRODUCTION VIDEO

Designed to prepare guests to begin the course, feel free to run straight from the intro into video 1, or you may skip it altogether.

## VIDEO 1

We have suggested 5 minutes for this welcome and reflection time. You might want to introduce the idea of using the opening questions to quietly reflect so that once you start the video, you can just let it play through until the discussion questions after Glen's talk, without needing to pause it at the beginning.

### Reflection Questions:

*Why are you here?*

- ...on this course?
- ...on this planet?

*What makes you ask the big questions about life?*

These are questions your guests may not expect. They are not necessarily about faith and they assume nothing about Christianity. Everyone should have thoughts on them.

**Talk:** *Lost in Space*. If you clicked "Skip Intro" you will come to the last second of the starter question, just before the talk starts.

### Discussion Questions:

These appear near the end of the video. Pause the video for your discussion. These discussion questions give an opportunity for clarification, disagreement, resonance and further thought.

*Did the idea of the space station make sense to you as a picture of life? What stood out to you?*

## WEEK 1 INTRODUCTION: JESUS

*Who do you relate to most: Hope? Doc? Sasha? Why?*

*If you were there, how would you react to the entrance of that fourth person?*

Again, there isn't a right or wrong answer, so do encourage all kinds of discussion! It may be interesting to press into the entrance of the fourth person. How does it change things? Why does it matter?

After your discussion, feel free to play the video through to the end. There is a Coming Up Next preview of the next video which may get your guests thinking during the break.

**Course Handbook Note:** There is a section for each video in the Guest's Course Handbook called *Go Deeper*. For video 1, we use this section to recommend some apps to help get into reading the Bible: The Bible Project, Bible.com / YouVersion, and Bible Gateway.

**Break:** During the break, click forward to the next video, which is video 2.

### VIDEO 2

#### Reflection Question:

*Who is Jesus?*

- *The Son of God?*
- *A prophet?*
- *A great moral teacher?*
- *A shadowy figure of history?*

**Talk:** *The Greatest Story Ever Told*

#### Discussion Questions:

Pause the video so that the three questions are on screen.

*What have been your views of God in the past?*

*If you think of Jesus, what comes to mind?*

*How would it affect your life or beliefs if God is like Jesus – compassionate, courageous, self-giving?*

You might like to press into people’s different perceptions of God and Jesus. Can they relate to Glen’s former distrust of God, church and organised religion? If Jesus reveals God, how might that influence how you relate to Him – or even to others?

**Optional:** If you’re giving your guests copies of John’s Gospel, you could open up the first page with them and show them the opening verses (remembering to explain what verses and chapters are). Draw attention to the first title for Jesus: “The Word of God.” Remind them of what Glen said about “the Word” – it means that Jesus is the explanation or communication of God. Encourage them to go home and keep reading in John’s Gospel to discover what it looked like when the Communication of God showed up!

**Close:** At the end of the video there is a Coming Up Next preview for the next video and some information about the extra resources your guests might appreciate.

If you’ve decided to use either the Bible reading plan or the Appendix A questions week by week, this is a good time to set it.

**Course Handbook Note:** The *Go Deeper* section for video 2 recommends some of the FAQ videos that are relevant to this video. If you think your group has had enough information for one evening, you could encourage them to look them up at home. If particular questions have come up during your discussion, sharing a relevant FAQ video might be a good way to follow up.



For this video, your guests might be interested in:

- **Is faith the enemy of science?**
- **Isn't faith unreasonable?**
- **Is Christianity true, or just wishful thinking?**

Thank your guests for coming and let them know the date and time of the next meeting. If you feel it's appropriate, given your group, you may like to finish with a short prayer.

## WEEK 2: GOD'S THREE-NESS

This week we explore the Trinity and want our guests to picture God as a loving union of Three Persons. You will use videos 3 and 4.

### VIDEO 3

#### Reflection Questions:

*What's right with the world?*

*It's easy to see what's wrong with the world, but to start with...*

- *What's good?*
- *What's best?*

*How do you finish the sentence: "The greatest thing in life is..."*

**Talk:** *Saving Private Philips*

#### Discussion Questions:

Remember, these discussion questions give an opportunity for clarification, disagreement, resonance and further thought.

*Nothing. Chaos. Power. Love. Which reality do you resonate with the most?*

*If the deepest reality is love, what would that mean for your life?*

Run through each reality, encouraging one person in the room for each to explain what they think of them, one by one. Jesus said "Father...you have loved me before the creation of the world." How do we respond to that idea?

**Optional:** If you'd like to open John's Gospel with your guests, you could show some examples of Jesus' love and kindness such as His interaction with the woman at the well in John 4, the raising of Lazarus in John 11 or washing the disciples' feet in John 13. Again, point your guests to page numbers first, then chapter and verse.

At the end of this video there is a Coming Up Next preview for the next video and some information about additional resources your guests may appreciate.

**Course Handbook Note:** The *Go Deeper* section recommends a couple of FAQ videos that go well with video 3. If you're not using the Course Handbooks but you think that your guests would find them helpful, we suggest you send them the links as a follow-up during the week. Alternatively, you could watch them together during the break. They are:

- **Why Christianity and not any other faith?**
- **Who made God?**

The Course Handbook also spotlights the opportunity to join Discord.

**Break:** During the break, click forward to the next video, which is video 4.

## **VIDEO 4**

### **Reflection Questions:**

*If you could picture God, what would you see?*

- *Some imagine a light or a force or an old man.*
- *Or nothing at all.*

*What's your picture of God?*

**Talk:** From Heaven with Love

### **Discussion Questions:**

*What does this scene of Jesus' baptism teach us about what God is like?*

*What does it teach us about what humans are like?*



### *Why does Jesus get baptised?*

Leaders should try to focus the discussion on what God is like, what humans are like and what Jesus is like from the basis of the story of Jesus' baptism and what it shows us about these things.

People may be confused as to why a sinless Jesus got baptised. What did baptism symbolise back then? It wasn't about showing off how good you are - it was more like saying "I need a bath." People washed on the outside to symbolise their need for cleansing on the inside.

Why do you think Jesus got baptised? What point was he making? Jesus was saying, "I'm joining you in your failures, so that you can join me in my family."

**Close:** At the end of the video there is a Coming Up Next preview for the next video and some information about the extra resources your guests might appreciate. This will appear at the end of each video.

If you've decided to use either the Bible reading plan or the Appendix A questions week by week, this is a good time to set it.

**Course Handbook Note:** The *Go Deeper* section recommends a couple of FAQ videos that go well with video 4. If you think your group has had enough information for one evening, you can mention that they could watch these at home using the QR codes in their handbook. For this video, your guests might be interested in:

- **Why isn't God more obvious?**
- **If God is in charge, how can I be free?**

The Course Handbook also spotlights the Bible plan *How to See Life - a Guide to John's Gospel* after video 3.



Thank your guests for coming and let them know the date and time of the next meeting. If you feel it's appropriate, given your group, you may like to finish with a short prayer.

## WEEK 3: THE WORLD'S TWO-NESS

This week we will explore the world and its two representatives, Adam and Jesus. You will use videos 5 and 6.

### VIDEO 5

#### Reflection Questions:

*What family traits have you inherited?*

- *Hair colour?*
- *Eye colour?*
- *Height?*

*What about character?*

*Have you ever thought: "I'm turning into my parents"?*

**Talk:** *Falling Down*

#### Discussion Questions:

*Can you relate to the Adam story? How so?*

*How do you feel about the idea that everyone shares these "family traits"; everyone is "a sinner"?*

*Do you think there is the answer to these problems?*

You might like to come back to the way Glen explained the "family traits" and their progression: Suspicion leads to Selfishness which leads to Slavery which leads to Self-Justification which leads to Screw-Ups. Can your guests relate to this? Is there a particular link in that chain that they can identify with? When you ask "Do you think there is an answer to these problems?", really listen to the answers your guests give.



Try to allow space for your guests to recognise we might not be able to fix these problems on our own.

**Optional:** Glen opened the video with the challenge to “Step into the light...” and acknowledged that light can be both frightening and reassuring. John’s Gospel talks a lot about light, and you could, if you want, open John’s Gospel to point this out. John 1, John 3:19-21, John 8:12 are a few places you could point to.

At the end of this video there is a Coming Up Next Preview for the next video and some information about other resources your guests may appreciate.

**Course Handbook Note:** The *Go Deeper* section recommends a couple of FAQ videos that go well with video 5. If you’re not using the Course Handbook, and you think that your guests would find them helpful, you can send them the links as a follow up during the week or watch them together during the break. They are:

- **[How can a loving God judge?](#)**
- **[How can a good God allow suffering?](#)**

**Break:** During the break, click forward to the next video which is video 6.

## **VIDEO 6**

### **Reflection Questions:**

*Is “human nature” good or bad?*

- *What is humanity at its worst?*
- *What is humanity at its best?*

**Talk:** *Up!*

**Discussion Questions:**

*How are Jesus and Adam similar? How are they different?*

Leader's Note: This may feel a bit of a challenge to lead guests through "two Adam" theology. The Bible is the story of two humanities, and this session is about recognising that we cannot save ourselves. We need the second Adam and to be brought into His way of being human. Your guests need to recognise they need to be born again, and they cannot fix themselves.

*If Jesus is the Friend who joins us in the pit, how does this give hope for the world?*

*This session has covered some difficult issues, like 'sin' and 'hell'. Does anything that we've covered so far help you wrestle with these issues?*

Encourage your guests that it's ok to push back on anything hard here that they disagree with. Remind them that we're looking at Jesus' perspective on life, looking at the love we see in the Trinity and the two-ness we see in the world.

**Close:** At the end of the video there is a Coming Up Next preview for the next video and some information about other resources your guests may appreciate.

If you've decided to use either the Bible reading plan or the Appendix A questions week by week, this is a good time to set it.

**Course Handbook Note:** The *Go Deeper* section recommends an FAQ video that goes well with video 6. If particular questions have come up during your discussion, sharing a relevant FAQ video might be a good way to follow up. For this video, your guests might be interested in:

- **How can anyone believe a teaching like 'original sin'?**



The Course Handbook also spotlights the 321 Podcast.

Thank your guests for coming and let them know the date and time of the next meeting. If you feel it's appropriate, given your group, you may like to finish with a short prayer.

## WEEK 4: YOUR ONE-NESS

In this final week we will delve into the invitation to be one with Christ. You will use videos 7 and 8.

### VIDEO 7

#### Reflection Questions:

*When life is hard, what gets you through?*

- *What gets you through the tough times in life?*
- *What helps you? Comforts you? Sustains you through life's dark times?*

**Talk:** *Champion*

#### Discussion Questions:

*What do you make of the difference between a coach and a champion and between good advice and good news?*

*The Bible is full of good advice. What would it look like to read it as good news?*

If you want to press further into the difference between advice and good news, you could talk about some of the downsides of good advice. Glen said that there's a lot of wise advice around that can help you. This is certainly true, but what happens when you can't follow it? How do you feel when you fail to follow your exercise plan or diet? What about when you hear conflicting advice? How often are people polarised around their ideas about the best ways to do something? How is good news different?

**Optional:** If you like, you could introduce your guests to the idea of committing a verse or two to memory. Glen quoted 1 Cor 15:57 a few times in this video, and they might like to learn it, "...thanks be to God! He gives us the victory through our Lord Jesus Christ."

At the end of this video there is a Coming Up Next Preview for the next video and some information about other resources your guests may appreciate.

**Course Handbook Note:** The *Go Deeper* section recommends a couple of FAQ videos that go well with video 7. If you're not using the Course Handbook and you think your guests would find them helpful, you can send them the links as a follow-up during the week or watch them together during the break. They are:

- **Isn't the Church full of hypocrites?**
- **Is Christianity outdated and bigoted?**

The Course Handbook also reminds guests to keep going with the Bible plan *How to See Life - a Guide to John's Gospel*.

**Break:** During the break, click forward to the next video which is video 8.

## **VIDEO 8**

### **Reflection Questions:**

*What is a Christian?*

*If someone tells you they are a Christian, what do you assume about them?*

*What does it mean to be a Christian? Is your answer about beliefs, behaviour, habits, culture?*

*How do you finish this sentence: "A Christian is someone who..."?*

### **Talk:** *Love Story*

Near the end of the video, Glen gives a prayer that someone can pray if they want to say "yes" to Jesus and be one with Him. We'll come back to this after the discussion questions, but if your guests seem ready, you might prefer to take some time over it now. The words are:



***Dear Jesus,***

***I've come to see that you're Lord and I'm not. I'm sorry for my sin and selfishness. Thank you for dying for my sin. Thank you for rising again to give me new life. Please come into my life to take control. Fill me with your Spirit. Walk with me through this life and into your eternity.***

***Amen***

**Discussion Questions:**

Now is the time to discuss how repentance will bite for your guests. In a sense this is marriage preparation, we are telling them about the costs involved in ONE-ness.

*How does marriage illustrate what it means to be a Christian?*

*Why does oneness require change (repentance)? What kind of change would it require for you?*

Leader's Note: This may bring up some pastorally sensitive issues. You may need to make a judgement call based on how well you know your group as to whether to encourage open discussion here, or quiet reflection.

*Do you want to be one with Jesus? How do you feel about the new family, the new fight and the new friendship?*

Your guests may never have thought that they come to Jesus with nothing and He will give them everything. They may think they need to be good enough for Jesus. The marriage illustration is helpful in this regard.

This last question is a good opportunity to revisit the prayer of repentance. If you are using the Course Handbook, there is space for them to write out the prayer in their own words.

**Option:** Your guests may have heard John 3:16. They may even be able to quote it. As you talk about the invitation to be one with Christ, you may like to show it to them in their own copy of John's Gospel.

**Close:** You may like to take some time with your guests to talk about their reflections on the 321 course and whether they are ready to begin life with Jesus.

**Course Handbook Note:** There are a couple of extra questions in the Course Handbook in the *Go Deeper* section for video 8 which will prompt opportunities for some next steps with your guests.

They are:

- *We've spent 8 videos looking at Jesus' perspective on life. How has 321 changed your perspective? On God? On the world? On yourself?*
- *Do you have a desire to get baptised? If so, what has led you to this decision?*

There is also a QR code in the Course Handbook that takes your guests to our feedback form.

You can finish with a short prayer and thank your guests for coming. Now that the course is complete, you may like to direct your guests to the *What's Next* section of the online learning platform. Here you can explore different ways of continuing their discovery of Jesus through resources such as FAQ videos, the Bible reading plan (if you've not already been using it as you've gone along), and the Speak Life Discord server. The Course Handbook also recommends some next step resources that might be helpful to a new Christian. Please encourage them to continue the conversation!

# APPENDIX A: OPTIONAL READING QUESTIONS

Some 321 course hosts may want to give their guests some guidance to read through John's Gospel over the four weeks of the course. If you would like to do this, here are a few questions that might help them think about what they are reading. If your guests begin reading one chapter a day, they will complete John's Gospel by the final session.

There is also an online daily reading plan called ***How to See Life - a Guide to John's Gospel*** which your guests can access on the 321 platform and app. It has a passage and questions for each day and may be a good follow-up to the course. It is also accessible from both **Bible.com** and YouVersion (the world's biggest Bible app).

Feel free to use these resources as you feel best suits your guests and their needs.

## SECTION 1

**Read:** John chapters 1-7

### Questions for reflection:

- 'The Word' is a title for Jesus (1:1; 1:14), it means He's the communication or 'revelation' of God: What kind of God does Jesus reveal?
- Jesus comes across some very different characters in these chapters. How does He respond to them?
- How does Jesus speak of Himself, His Father, and His mission?
- What do you think it would be like to meet Jesus?

## SECTION 2

**Read:** John chapters 8-14

### Questions for reflection:

- How are people responding to Jesus? Why?
- How does Jesus speak of His own identity?
- What does Jesus teach about His death and resurrection?
- How does Jesus reveal the Father and the Spirit in these chapters?

## SECTION 3

**Read:** John chapters 15-21

### Questions for reflection:

- What does Jesus say about the **Three**, i.e. Himself, His Father and the Holy Spirit? How do the **Three** relate to each other? How do the **Three** relate to the believer?
- What's the importance of loving and belonging to other Christians?
- What struggles in life does Jesus warn us of? What help does He promise in the midst of them?
- Chapter 20 verse 31 says that John's Gospel was "written so that you might believe". Do you believe? What's been your response to Jesus?



## APPENDIX B: USEFUL LINKS

If you are not using a digital version of this guide and following links on screen, you can type in the following links and get all the same information.

### **Course Handbook (for you to print yourself):**

[https://drive.google.com/drive/folders/1fdtI68PHPUfZ364w\\_SDxoSdlp2cosHNV?usp=drive\\_link](https://drive.google.com/drive/folders/1fdtI68PHPUfZ364w_SDxoSdlp2cosHNV?usp=drive_link)

### **Host feedback form:**

<https://speaklife.churchsuite.com/forms/8udtwrzf>

### **Church Finder submission form:**

<https://speaklife.churchsuite.com/forms/equzkscv>

### **Short film: 321 in Three Minutes (summary)**

Download version:

[https://drive.google.com/file/d/100loRX\\_SvUxl13kl8mbjJyOzP7cSwHPD/view?usp=sharing](https://drive.google.com/file/d/100loRX_SvUxl13kl8mbjJyOzP7cSwHPD/view?usp=sharing)

Website version:

<https://321course.com/video>

### **The Book *How to See Life: A Guide in 321:***

<https://uk.10ofthose.com/product/9781915705495/how-to-see-life-a-guide-in-321-paperback>

### **The Book *How to Speak Life: Sharing your Faith in 321:***

<https://uk.10ofthose.com/product/9781915705075/how-to-speak-life-paperback>

### **Link to stream the videos:**

<https://321.speaklife.org.uk/course/321>

### **Transcripts for each video:**

[https://docs.google.com/document/d/19JmffwWXRfHG6Or\\_vkVnLRRzvF1CBg/view](https://docs.google.com/document/d/19JmffwWXRfHG6Or_vkVnLRRzvF1CBg/view)



### **Course activity links:**

Ask Glen Anything

[https://321.speaklife.org.uk/path-player?  
courseid=321&unit=65d8bc93694d2836280309d8Unit](https://321.speaklife.org.uk/path-player?courseid=321&unit=65d8bc93694d2836280309d8Unit)

Join Community

[https://321.speaklife.org.uk/path-player?  
courseid=321&unit=64df4d8ef34c6ac73408a91cUnit](https://321.speaklife.org.uk/path-player?courseid=321&unit=64df4d8ef34c6ac73408a91cUnit)

What's Next?

[https://321.speaklife.org.uk/path-player?  
courseid=321&unit=64d0c7ae8c686517be0e71cdUnit](https://321.speaklife.org.uk/path-player?courseid=321&unit=64d0c7ae8c686517be0e71cdUnit)

### **FAQ videos on the 321 Platform:**

<https://321.speaklife.org.uk/course/faqs>

*or*

### **FAQ videos are also available on YouTube:**

[https://www.youtube.com/playlist?  
list=PL4zD5797LHdc\\_D71LWaAtzWEmAUt6\\_UP6](https://www.youtube.com/playlist?list=PL4zD5797LHdc_D71LWaAtzWEmAUt6_UP6)

### **Bible reading plan on the 321 Platform:**

<https://321.speaklife.org.uk/course/bibleplan>

*or*

### **Bible reading plan is also available on YouVersion (Bible.com):**

[https://www.bible.com/reading-plans/40118-how-to-see-life-in-321-  
a-guide-to-johns-gospel](https://www.bible.com/reading-plans/40118-how-to-see-life-in-321-a-guide-to-johns-gospel)

### **321 Podcast (also available wherever you get your podcasts):**

<https://321.speaklife.org.uk/course/321podcast>

### **Promotional materials and media:**

Promotional videos

[https://drive.google.com/drive/folders/1dzHYPm\\_vbD50bH8cQJ\\_\\_  
JQgdpdT3IVQJ?usp=sharing](https://drive.google.com/drive/folders/1dzHYPm_vbD50bH8cQJ__JQgdpdT3IVQJ?usp=sharing)



Social media stories and posts

<https://drive.google.com/drive/folders/1v8y9mynKCReiEJo7lgwc6-OPnRYcZ0Hj?usp=sharing>

Roll Banner

[https://drive.google.com/file/d/1G-gfBF2FpSldYn-IORwX7JZ8CW69\\_3fn/view?usp=drive\\_link](https://drive.google.com/file/d/1G-gfBF2FpSldYn-IORwX7JZ8CW69_3fn/view?usp=drive_link)

Slide deck

[https://docs.google.com/presentation/d/1mVmaPGsZIBVJg7mFjQU8A8vpg8nzHMYyjUDCYh377Ls/copy?usp=drive\\_link](https://docs.google.com/presentation/d/1mVmaPGsZIBVJg7mFjQU8A8vpg8nzHMYyjUDCYh377Ls/copy?usp=drive_link)

Generic slide deck

<https://drive.google.com/file/d/1jDZrKD4EFJqw5nvoCJwXheSxGbzsgPj0/view?usp=sharing>

Contact card

<https://drive.google.com/drive/folders/1Qjko43CJhIPJ-esgY3fZ9VrcOtQ94SDr?usp=sharing>

A5 flyer Colour (back)

[https://docs.google.com/drawings/d/1P3KPeS1lg5i8qB9L7mVDxp9B\\_hv9SNuzn-qnKka\\_VOI/copy?usp=sharing](https://docs.google.com/drawings/d/1P3KPeS1lg5i8qB9L7mVDxp9B_hv9SNuzn-qnKka_VOI/copy?usp=sharing)

A5 flyer Colour (front)

[https://drive.google.com/file/d/1hq6GFuq5jICB0mqIKBt6DMEAGA8g5aB6/view?usp=drive\\_link](https://drive.google.com/file/d/1hq6GFuq5jICB0mqIKBt6DMEAGA8g5aB6/view?usp=drive_link)

A5 flyer BW (back)

[https://docs.google.com/drawings/d/1xYTKH8iHEX9KAvPljCfifeSZ836wSxOEjhHhVHbMkc0/copy?usp=drive\\_link](https://docs.google.com/drawings/d/1xYTKH8iHEX9KAvPljCfifeSZ836wSxOEjhHhVHbMkc0/copy?usp=drive_link)

A5 flyer BW (front)

[https://drive.google.com/file/d/1BoTtBaJT3wTNRDw-q2-WdS\\_ImQgSpVJP/view?usp=drive\\_link](https://drive.google.com/file/d/1BoTtBaJT3wTNRDw-q2-WdS_ImQgSpVJP/view?usp=drive_link)

A5 flyer Colour (generic back)

[https://drive.google.com/file/d/13paR\\_QzF4xkR65Rnu-Na35I7JRtXG0IN/view?usp=drive\\_link](https://drive.google.com/file/d/13paR_QzF4xkR65Rnu-Na35I7JRtXG0IN/view?usp=drive_link)



A5 flyer BW (generic back)

[https://drive.google.com/file/d/1nII2E3t1Xb4aWKO-OITxKcg5XIT0VnKg/view?usp=drive\\_link](https://drive.google.com/file/d/1nII2E3t1Xb4aWKO-OITxKcg5XIT0VnKg/view?usp=drive_link)

A6 flyer (for promoting 321 online, without a course date)

<https://drive.google.com/drive/folders/1MZDGERiXOsM1t1jvzw1c-MwYKa0Z594->

Business Card

<https://drive.google.com/drive/folders/1b2M62ZQ8tQchUbgT5i1aIS-oe80XwAUH>

A2 poster

[https://docs.google.com/drawings/d/1yNv\\_IRgu1DEiyFg04MQwiGI\\_Gmr7nUQufizTT3b4vaA/copy?usp=drive\\_link](https://docs.google.com/drawings/d/1yNv_IRgu1DEiyFg04MQwiGI_Gmr7nUQufizTT3b4vaA/copy?usp=drive_link)

Generic A2 poster

[https://drive.google.com/file/d/103jWdi13wg2T3NeHsO3cLjtiFAckGmFA/view?usp=drive\\_link](https://drive.google.com/file/d/103jWdi13wg2T3NeHsO3cLjtiFAckGmFA/view?usp=drive_link)



## GET IN TOUCH

Do you have questions to ask or comments to make regarding hosting the 321 course at your church?

Do you have a story to share? Photos or videos to share of your course?

We'd love to hear from you. Here's how:

**Email:** [courses@speaklife.org.uk](mailto:courses@speaklife.org.uk)

**Phone:** 01323 725 231

**Address:** Speak Life, 13 Lismore Road, Eastbourne, BN21 3AY

**SPEAK 321**  
 **LIFE 321**