

# TREK: Don't Stop, Don't Give Up—God's With You.

DAY 1

## New Eyes on the Trail

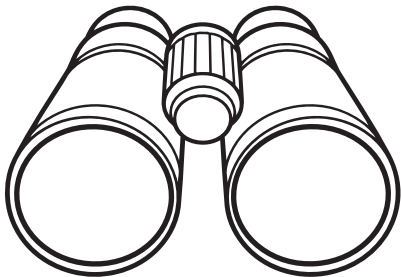
*Read Acts 9:18 (NIRV): "Right away something like scales fell from Saul's eyes. And he could see again."*

Saul thought he was doing the right thing by stopping people who followed Jesus. But Saul was wrong. On the road to Damascus, Saul met Jesus. Saul couldn't see for a while. Then God sent Ananias to help him. Saul's eyes were opened. And his heart was opened too.

Sometimes God can help us see things in a new way. Maybe a kid in your class frustrates you, then you learn they're going through something really hard at home. Maybe you think you can't do something, then God helps you try again. God can change what you see. He can change how you think. He can change how you treat others. When God shows you something new, don't stop. Don't give up. Keep going! Trust Him on your trek.



Activity: In the left lens, draw or write something you used to think. In the right lens, draw or write a new way God wants you to see it.



DAY 2

## God Can Flip the Picture

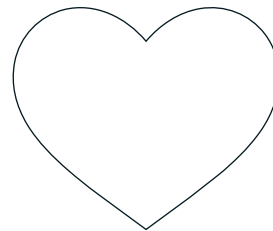
*Read: 2 Corinthians 5:17 (NIRV): "When anyone lives in Christ, the new creation has come. The old is gone! The new is here!"*

The Bible tells us that when we choose to follow Jesus, something amazing happens— we become new on the inside! That means Jesus forgives our sins and helps us start fresh. The old mistakes we made don't have to control us anymore. With Jesus' help, we can make better choices and love others the way He does.

Being a "new person" doesn't mean we're perfect. It means Jesus is always working in us and helping us grow more like Him every day.



Activity: Turn this heart into something brand new.



Fill in the blank: It's not a heart, it's a \_\_\_\_\_.

DAY 3

## A Bright Light

*Read Psalm 119:105 (NIRV): “Your word is like a lamp that shows me the way. It is like a light that guides me.”*

Has the power ever gone out in your house? When it happened, what was the first thing you looked for? Probably a flashlight or candle! Without some sort of light, you’d just be stumbling around in the darkness.

God’s Word is just like a light. God’s Word gives us the clearest picture of how we should live. When we read God’s Word, it’s like a light that guides us and shows us where to go and what to do. Without it, we’re lost.

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At-Home Activity: Grab a flashlight, head to your room, turn off all the lights, and jump in bed. Pull the covers over your head and read Psalm 119:105 again. Now, think about some situations this week where you weren’t sure what to do. How would reading God’s Word have helped light your path so you’d know where to go or what to do in that situation? Ask God to help you have perseverance to read the Bible and listen to what God has to say.

DAY 4

## Prayer for New Sight

*Read Psalm 119:18 (NIRV): “Open my eyes so I can see the wonderful things in your law.”*

Paul’s life changed because God helped him see things in a new way. God can help you see things in a new way too. God can help you see His love when you feel lonely. He can help you see hope when you feel worried. He can help you see courage when you feel scared. He can help you see a fresh start when you mess up.

When you ask God to open your eyes, He will help you learn. He can teach you through the Bible. He can teach you through your church. He can teach you through people who love Him and love you.

Keep trekking. Don’t stop. Don’t give up. God has more to show you. He will help you see what’s true.

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Pray this: “God, please open my eyes. Help me see You clearly. Help me see people the way You see them. Help me see my problems in a new way. When I feel stuck, remind me You can change my thinking. Thank You for helping me grow. I love You. In Jesus’ name. Amen.”

God can help you see things in a new way.

