



# CG LEADER GUIDE (OCT 10-16)

## Focus: IN - Family Dinner/Meditation

### Before the Meeting

- Message the group the day of your meeting to remind of meeting times/location, what to bring (food?), etc.
- Make sure to watch the Meditation Spiritual Practice teaching.
- Invite Holy Spirit to lead the Family Dinner.

### Welcome

GOAL: Getting more comfortable as a group.

- Go around do introductions if you have a visitor.
- Allow some time for everyone to catch up and share how their day/week has been going.
- Consider sharing a verse, short devotion or just a brief testimony for the group to encourage everyone (this is great to delegate to another member and get more people leading).

### Dinner Discussion

GOAL: The group moves from the Forming to Storming or Norming stage by increased comfort and trust with one another, less dependency on leadership, and increased understanding that their input and contribution as a member of the group is desired. .

Here are some suggested topics to cover over dinner and some discussion topics:

- If there's a guest, remind group of CG Definition & Mission: A CG is a gospel-centered group that share life and a mission to bless our city. Our goal is to grow to live/love like Jesus, while leading others to do the same.
- Review [Upcoming Events](#)

Discussion Question ideas:

- What was your favorite verse from Ephesians and why
- How is Ephesians relevant to us today?
- What is one thing you believe God is saying to you personally through the Ephesians letter?
- This month's Spiritual Practice is Meditation (specifically Lectio Divina). Has anyone tried the Lectio practice before? What are the challenges and benefits of this practice? Scale of 1-10, how did you do last week in loving others? What was one example of how you loved like Jesus? What is one way you failed to love like Jesus?
- What is one thing you can do this week to love more like Jesus?

Decide on a time for the group to pray daily, and have everyone set a daily alarm at that time to remember to pray for one another.

### After The Meeting

- Do you see any potential leaders (3 I's - Identify, Invite and Invest)? Invite them to register for E&E!
- Who needs affirmation/building up this week?
- Reach out to anyone that missed the meeting.