



PHILIPPIANS

the unshakable life

GROUP GUIDELINES SPOTLIGHT

NO RESCUING: Resist the temptation to rescue people. When people are sharing something personal, there can be a tendency to try to make them feel better about themselves or the situation by providing immediate condolences. This will often cause them to stop sharing.

PHILIPPIANS 2:1-11

Based on verses 1–4, what are the core characteristics of true Christian unity and humility?

In the hymn of verses 5–11, what distinct stages of Christ’s journey—from pre-existence to exaltation—does Paul outline to demonstrate ultimate humility?

Verse 3 challenges us to “count others more significant than yourselves.” Where in your life do you struggle most with subtle pride or selfish ambition?

How does meditating on Christ lowering Himself to the point of death on a cross shift your attitude toward serving people who are difficult to love?

What is one specific preference, right, or desire you can surrender this week to put someone else’s interests ahead of your own?

Practice intentional, low-profile service this week: perform two practical acts of kindness for others without seeking recognition or credit.