

Frail Saints: Faithful God

1 Kings 19:1-18

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Big Idea:

Spiritual maturity does not eliminate weakness—it deepens our dependence on God's sustaining grace.

I. Godly People Still Grow Weary (vv. 1–4)

- Elijah's greatest victory is followed by his deepest discouragement.
- Weakness is part of being human, not necessarily a sign of spiritual failure.

II. God Compassionately Cares for the Weary

(vv. 5–9)

- God meets Elijah's physical needs before addressing his perspective.
 - The Lord ministers with patience, rest, and provision.
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III. God Restores Our Perspective (vv. 9–18)

- Weariness can distort reality and make us feel alone.
- God reminds Elijah that He is still working, even when he cannot see it.

IV. God's Grace Is Sufficient

- Our calling is sustained by God's strength, not our own.
- Faithfulness is our responsibility; the results belong to God.

Takeaway:

The Christian life is not a journey from weakness to self-sufficiency, but from self-sufficiency to joyful dependence upon Christ.
