

What Sponsors and Accountability Partners Do

Why you need a Sponsor and Accountability Partners

Sponsor

- Coaches you through the Principles, Steps and Participant's Guide
- Gives assignments
- Gives suggestions
- Makes recommendations
- Helps bring clarity to the Steps
- Requires meeting attendance
- Requires check-in calls
- Has at least one year of continuous sobriety and has worked through the Steps
- Same area of recovery and same gender
- Shares experiences and victories
- Confronts denial and laziness

Accountability Partners

- Attend Step Study Meetings together
- Attend Large Group Meeting together
- Go to fellowship events together
- Same gender
- One of the partners relates to the same area of struggle
- Call each other at least weekly
- Encourage each others' program
- Help motivate each other
- Pray for each other
- May or may not be at the same place in their recovery such as Step work and sobriety time
- Goal is to have at least three accountability partners