



**Twenty One ————— Days  
Of Prayer & Fasting**



# day fourteen:

## *experience healing*

*“I have seen what they do, but I will heal them anyway! I will lead them. I will comfort those who mourn, bringing words of praise to their lips. May they have abundant peace, both near and far, says the Lord, who heals them.”*

*Isaiah 57:18-19*

God is not unaware of our physical pain or the limitations our bodies carry. He sees the weakness, the illness, the exhaustion, and the places where our strength has failed. Yet even with full awareness, His response is still compassion. “I will heal them anyway.” Physical healing is not earned by perfection, but received through trust in a God who restores.

Throughout Scripture, healing is often connected to God’s nearness. He leads us through seasons of sickness, comforts us in the waiting, and brings peace even before the body is fully restored. Sometimes healing is immediate, and in others, it’s a process, but in every moment, God remains our healer. He brings relief to weary bodies, strength to fragile frames, and hope where pain has lingered too long. As we seek Him during these 21 Days of Prayer and Fasting, we can bring our physical needs before the Lord with confidence. He is attentive to every ache and faithful in every step. Whether healing comes swiftly or gradually, we can rest in the promise that the God who sees us is the same God who heals us and leads us into abundant peace.