



**Twenty One ————— Days
Of Prayer & Fasting**



day twenty-one:

sustaining spiritual disciplines

“So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless.”

1 Corinthians 15:58

As we come to the end of these 21 Days of Prayer and Fasting, the journey does not stop here. What God has formed in us during this season is meant to be carried forward.

Spiritual disciplines are not meant to be temporary moments of intensity, but steady rhythms that anchor us long after the fast ends.

Staying strong and immovable means choosing faithfulness even when the excitement fades, and life becomes busy again. It is continuing to seek God in prayer, remain rooted in His Word, and live with obedience and devotion.

These daily choices may feel small at times, but Scripture reminds us that nothing done for the Lord is ever wasted. As we move forward, let us guard what God has built in us. May we sustain the habits that draw us closer to Him and trust that every quiet moment of faithfulness is producing fruit beyond what we can see. What began in this season can become a lasting foundation for a life deeply rooted in Christ.