

Daily Bread
(Monday Week 6)

Read Together

Proverbs 19:11 (NLT) Sensible people control their temper; they earn respect by overlooking wrongs.

Devotional Thought

Imagine you are building a tall tower with blocks. Suddenly, your little brother bumps the table, and the whole tower crashes to the floor. Right away, your face gets hot, and you want to shout, “Why did you do that?”

Before you speak, you stop and think: *Was it really on purpose?* Probably not. Instead of letting anger take control, you take a deep breath and choose to forgive. Together, you build the tower again.

That is the kind of wisdom Proverbs 19:11 teaches. Wise people do not let anger be the boss of their hearts. They slow down, think carefully, and choose to respond with love and understanding.

Ephesians 4:26 reminds us not to let anger control us. We may feel angry sometimes, but God wants us to practice self-control rather than say or do something hurtful.

When someone hurts or disappoints you this week, pause and ask yourself: What would be the wise thing to do? How can I stay calm before I speak? How can I show kindness and forgiveness?

Pray for God’s help to stay calm, think before you speak, and respond with kindness. When you choose forgiveness over anger, you are acting like Jesus, who was patient and merciful even when people treated Him wrongly.

Discussion Questions

1. Why do you think God wants us to stop and think before we react in anger?

2. Who can help you when you feel your anger starting to grow?

Prayer

Father, help us to learn wisdom, and to think before we allow an anger to take control of our hearts. Help us to always remember your Holy Spirit will give us wisdom so that we may avoid allowing our anger to control us. Amen.

Daily Bread
(Tuesday Week 6)

Read Together

Proverbs 23:19-Listen, my son, and be wise, and keep your heart on the right path.

Devotional Thought

Let's pretend we are on a family hiking trip. There are hills and rocks, and there are many trails to choose from. As we start the way back, one trail is wide and looks adventurous, but it leads to a steep cliff. Another trail is narrow and doesn't seem as exciting, but Dad knows it leads safely home. Which path should you take? The wise choice is to listen to the one who knows the way.

This proverb teaches us that God wants us to listen so we can become wise and know the right path. Wisdom lies in trusting God's word, not just doing what feels right. Sometimes our hearts lead us to selfish actions, such as arguing with a sibling or disobeying our parents, but God knows these paths lead to trouble.

The Bible advises us to keep our hearts on the right path, as they guide our choices. Filling our hearts with God's truth leads to wise decisions. Listening to God's word and our parents helps us stay on the path that pleases Him.

Jesus always listened perfectly to his father and always walked the right path in life. Because of his obedience, he died for our sins and rose again so that everyone who trusts him can be forgiven and follow him.

Today, ask yourself: am I listening to God's word, or am I only following what I feel?

Discussion Questions

1. Can you think of a time when you did something that felt right but turned out to be a bad decision?
2. How can remembering what Jesus did for us help us choose the right path in life?

Prayer: Father, help me to become a good listener and to always choose the wise path found in your Word, giving me the right way to live in everything I do. Amen

Daily Bread
(Wednesday Week 6)

[This devotional is adapted from: Brittany Rust, “Generous is Big!” *5-Minute Family Devotional* (Naperville, Ill: Callisto Publishing, 2022). 57.]

Read Together

Proverbs 11:24 - One person gives freely, yet gains even more; another withholds unduly, but comes to poverty.

Devotional Thought

The Bible is full of amazing promises. One powerful principle it teaches is that the more we give, the more we receive, and the less we give or hold back—unless we have enough—that pattern defies our usual human logic. Yet, it is truly true!

God encourages us to be generous, offering our money, time, kind words, and help to others. He wants us to lend a hand and help make the world a better place!

Think about this: How can I show some kindness today? Even if you don’t have much money, everyone has something valuable, like your time to help someone out or a kind word to brighten someone’s day.

When you choose to be generous, God is pleased and honored! In fact, Jesus says in the Book of Matthew that what we do for others is like doing it for Him. So, when we’re generous to people, we’re really being generous to God, too, the One who has given us everything and more through Jesus.

Ask yourself: Can you do something good for others this week?

Discussion Questions

1. How can being generous help us and others?
2. Can you think of a time when you gave something to someone? How did it make you feel?

Prayer

Father, let's always keep in mind that everything we have is a gift from you. Let's also remember that when we give freely, we're blessed with even more, but if we hold back, we're hurting others and ourselves.

Daily Bread ***Thursday Week 6***

[This devotional is adapted from: Brittany Rust, "Power of Your Words" *5-Minute Family Devotional* (Naperville, Ill: Callisto Publishing, 2022). 58.]

Read Together

Proverbs 13:3 - Those who control their tongue will have a long life; opening your mouth can ruin everything.

Devotional Thought

Ever thought about how your words can really make a difference? They're like superpowers, and you get to decide whether to use them for good or not!

The Bible offers some interesting insights into how we use our words, even likening them to a sword and fire. The way we speak to and about others can have a significant impact on the world, for better or worse. And guess what? You get to decide which way it goes!

How do you intend to use the power of your words? Will you use them to uplift others or tear them down? Will you encourage or cause harm? Will you speak the truth or craft lies?

Regardless of your choice, it will have a profound impact on the world around you. Be cautious with your words, ensuring you use them for the greater good and help build a better world for all.

Discussion Questions

1. What might happen if we don't guard our words?
2. How did Jesus show us the right way to use our words?

Prayer

Father, teach us to be mindful of every word we speak. Knowing that our words have power, please help us to use them to build others up and make the world a better place.

Daily Bread
(Friday Week 6)

[This devotional is adapted from: Brittany Rust, “Choosing the Right Friends” *5-Minute Family Devotional* (Naperville, Ill: Callisto Publishing, 2022). 59.]

Read Together

Proverbs 13:20 – Walk with the wise and become wise, for a companion of fools suffers harm.

Devotional Thought

They say, “Show me your friends, and I’ll show you your future.” Ever wondered what that really means? It’s a reminder that the people we spend time with can really shape the life we lead and the person we grow into.

Having friends who are kind, thoughtful, generous, and devoted to God can really rub off on you, making you more likely to be the same way! If you spend time with folks who gossip, get into trouble, or tell lies, you might find yourself doing the same.

The apostle Paul wrote to the church at Corinth, “*Do not be deceived: “Bad company ruins good morals,”* (1 Corinthians 15:33).

The people we hang out with shape us, even if we don’t realize it. To build a fulfilling life and future, surround yourself with friends who make wise choices, respect adults, have a strong faith, and act with integrity. Combined with God’s guidance, these qualities will help you reach your full potential.

Discussion Questions

1. How can having wise friends help you grow in your faith?
2. Can you remember a time when a friend influenced a choice you made? What did you learn from that?

Prayer

Father, help us always choose our friends wisely, influence others for good, and never allow others' bad character to deceive us. Help us each day become more like Jesus. Amen.