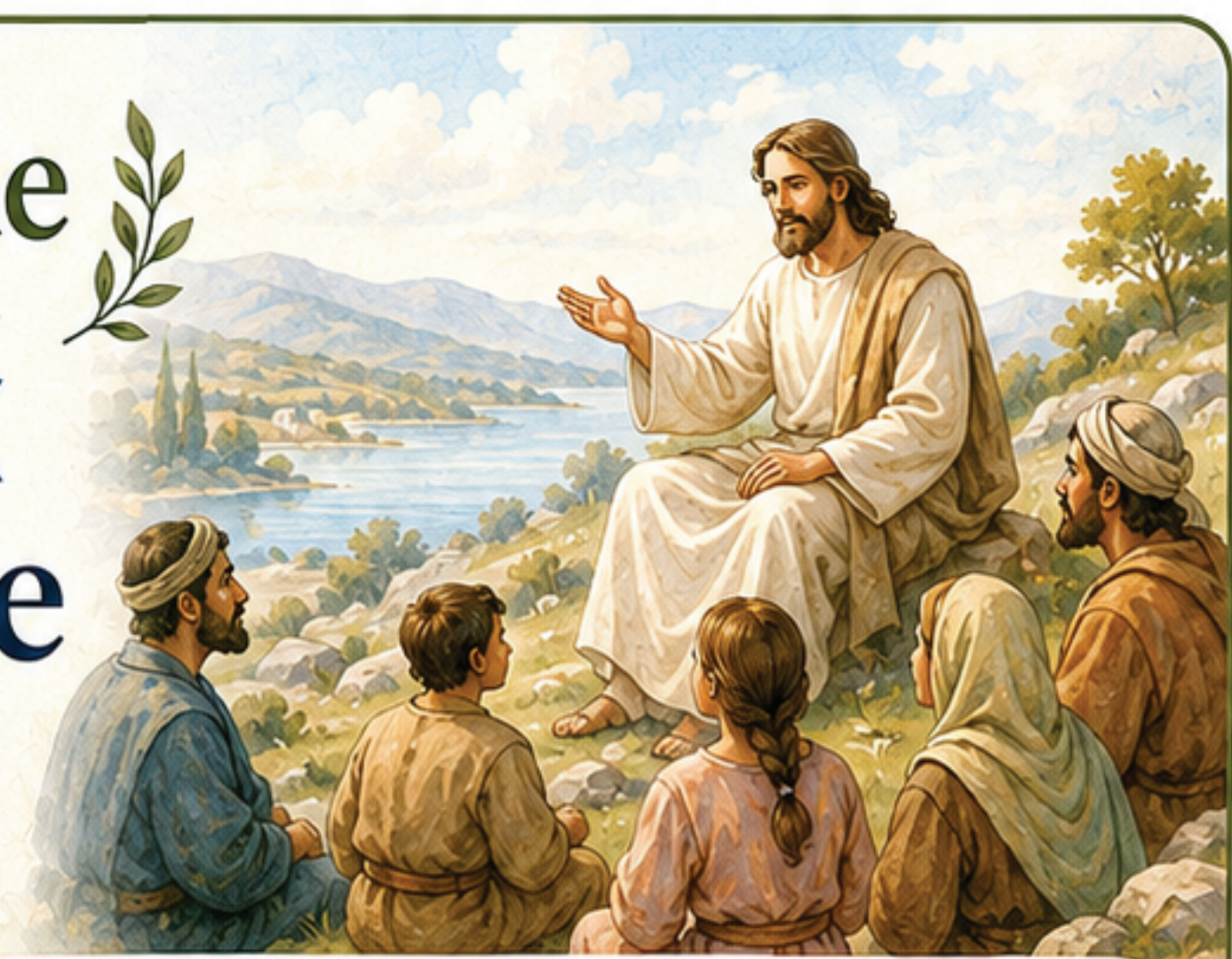


Family Faith Guide

The Beatitudes – Week 1

Blessed Are the Poor in Spirit

Matthew 5:3



*Blessed are the poor in spirit,
for theirs is the kingdom of heaven.*

— Matthew 5:3



Big Idea

God's blessing is not found in pride, self-sufficiency, or trying to impress Him. It is found in coming to God empty-handed, admitting our need, and receiving His mercy through Christ.



Kingdom Path

1. Poor in spirit — I admit that I need God.
2. Those who mourn — I grieve over my sin.
3. The meek — I surrender my life to God's rule.



What Does 'Poor in Spirit' Mean?

- It does not mean low self-esteem.
- It means knowing that before a holy God, I am spiritually bankrupt.
- I cannot earn God's approval by being good enough.
- I come to Jesus empty-handed and ask for mercy.
- The doorway into God's kingdom is surrender, not self-sufficiency.



Bible Examples

- **Tax Collector** — cried, "God, be merciful to me, a sinner" (Luke 18).
- **Paul** — stopped trusting his religious résumé and trusted Christ.
- **Rich Young Ruler** — wanted eternal life, but would not surrender control.



Talk About It

1. Why do people often try to impress God or others?
2. What is the difference between self-confidence and dependence on God?
3. When is it hard for you to admit that you need help?
4. How does Jesus make it possible for us to come to God with empty hands?



Family Challenge

This week, practice the "empty hands prayer." Open your hands and pray: "Lord, I need You. Thank You for Your mercy through Jesus." Then name one way you will depend on God that day.



Prayer

Lord Jesus, we come to You with empty hands. Forgive our sin and take away our pride. Teach our family to depend on You, trust Your mercy, and remember that Your approval comes by grace. Thank You that the kingdom of heaven belongs to those who come to You in faith. Amen.

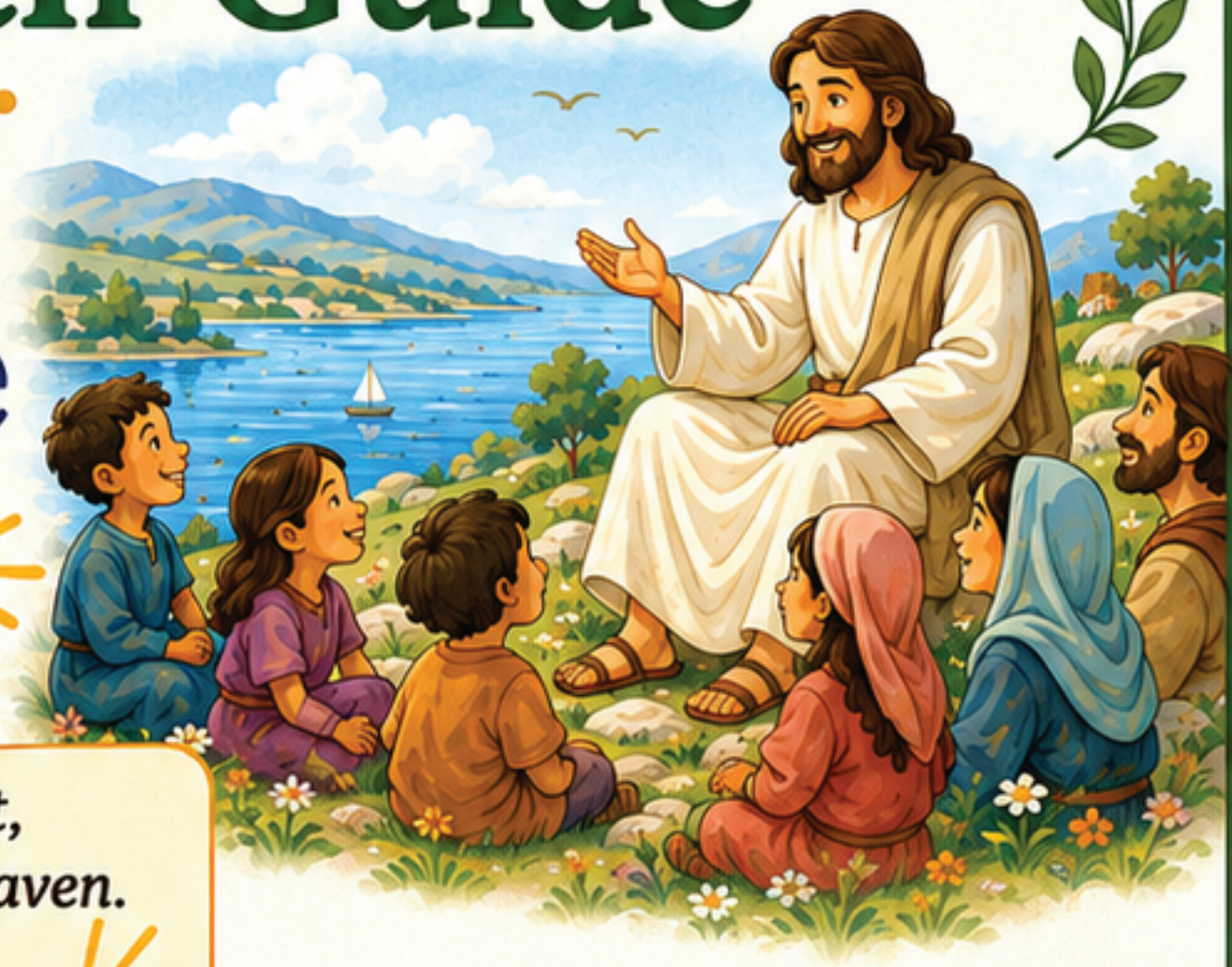


Family Faith Guide

The Beatitudes – Week 1

Blessed Are the Poor in Spirit

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*Blessed are the poor in spirit,
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Big Idea

God blesses people who know they need Him.
We do not have to pretend to be strong or perfect.
We can come to Jesus and trust His mercy.



Kingdom Path

1. Poor in spirit — I know I need God.
2. Those who mourn — I am sorry for my sin.
3. The meek — I let God lead my life.



What Does 'Poor in Spirit' Mean?

- It does not mean being sad about yourself.
- It means knowing you need God's help.
- I cannot save myself by being extra good.
- Jesus welcomes me when I come to Him.
- God's kingdom belongs to those who trust Him.



Bible Examples

- The tax collector prayed, "God, be merciful to me."
- Paul stopped trusting himself and followed Jesus.
- The rich young ruler did not want to give up control.



Talk About It

1. Why do we sometimes act like we do not need help?
2. What is the difference between trusting yourself and trusting God?
3. When do you need God's help most?
4. How can you come to Jesus with an open heart?



Family Challenge

This week, practice the "open hands prayer."
Hold out your hands and say: "Lord, I need You.
Thank You for loving me." Then tell one
way you want God to help you today.



Prayer

Lord Jesus, thank You for loving us. Help our family remember that we need You every day. Forgive our sin, teach us to trust You, and fill our hearts with Your mercy. Amen.

